

### — Track & Field News 2010 Honors List —

The fully-detailed 64<sup>th</sup> edition of the *T&FN* Rankings, even as we speak, are in the mail as the February '11 issue heads towards you. But as a reward to *eTN* subscribers, here's the barebones details in advance. This is NOT meant as fodder for discussion on the *T&FN* boards. We trust you.



#### WORLD MEN'S ATHLETE OF THE YEAR:

**DAVID RUDISHA** (see p. 446)



#### WORLD WOMEN'S ATHLETE OF THE YEAR:

**BLANKA VLAŠIĆ** (see p. 447)

#### U.S. MEN'S ATHLETE OF THE YEAR:

**DAVID OLIVER**



#### U.S. WOMEN'S ATHLETE OF THE YEAR:

**ALLYSON FELIX**



#### MEN'S PERFORMANCE OF THE YEAR:

**DAVID RUDISHA'S 1:41.01 WR IN THE 800**

#### WOMEN'S PERFORMANCE OF THE YEAR:

**ANITA WŁODARCZYK'S 256-11/78.30 WR IN THE HT**

#### WORLD RANKINGS TOP 10s:

(see p. 448)

#### U.S. RANKINGS TOP 10s:

(see p. 452)

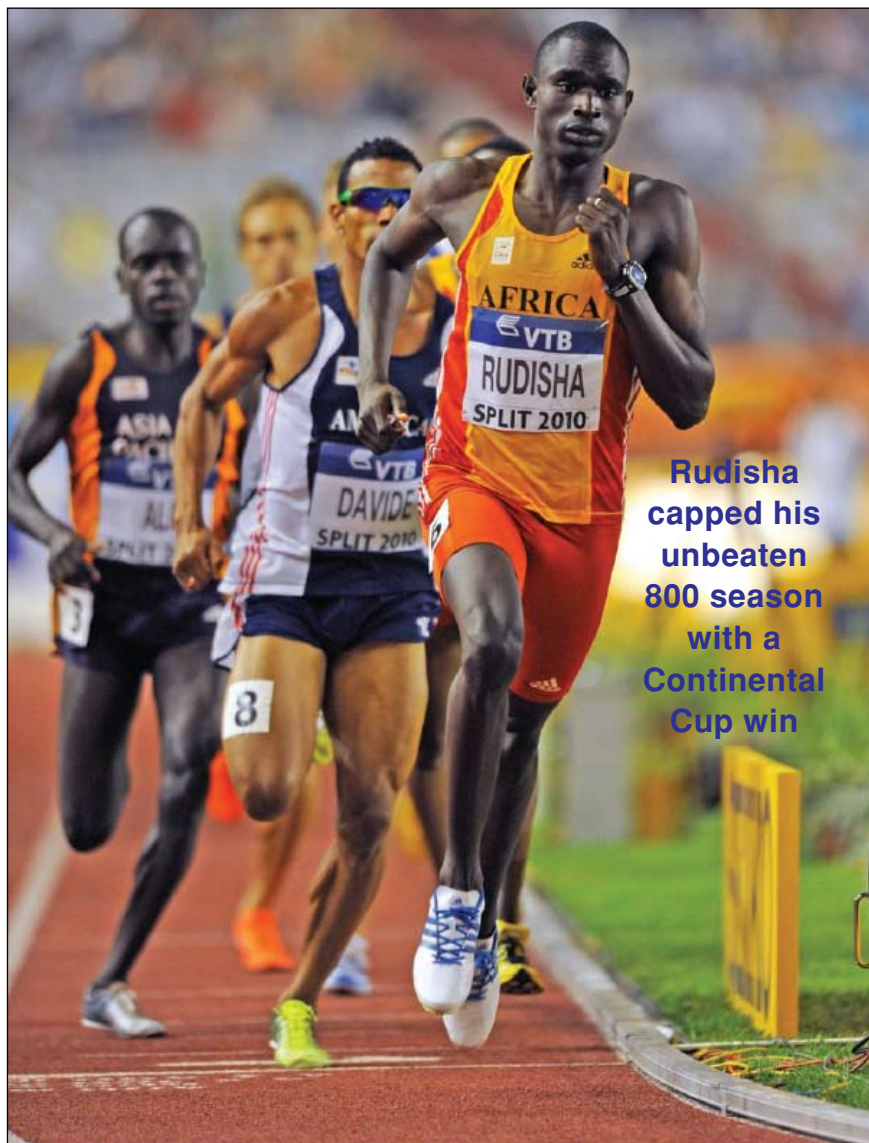
# — Rudisha Unanimous Men's AOY Choice —

Being a consensus AOY used to be rare. It happened only twice over the span of some 40 years; now it has happened three years in a row, as David Rudisha has followed Usain Bolt's two perfect years with one of his own. The first two aces were scored by legends Henry Rono in '78 and Michael Johnson in '96.

That kind of thing happens when you take down a venerable World Record and then actually better it again as part of an unbeaten season.

## Rudisha's AOY Season

- 46.5.....1)Melbourne ..... 2/20
- 45.50.....3)Sydney..... 2/27
- 1:43.15.....1)Melbourne ..... 3/04
- 1:43.00.....1)Doha DL ..... 5/14
- 1:44.03.....1)Ostrava IWC .... 5/27
- 1:42.04.....1)Oslo DL..... 6/04
- 1:44.23(A).....1)Ken Ch..... 6/26
- (1:46.1h, 1:45.51sf)
- 1:43.25.....1)Lausanne DL.... 7/08
- 1:41.51.....1)Heusden ..... 7/10
- 1:42.84(A).....1)African Ch..... 7/30
- (1:50.51h, 1:46.58sf)
- 1:41.09 WR . 1)Berlin IWC .... 8/22**
- 1:43.50.....1)Brussels DL ..... 8/27
- 1:41.01 WR . 1)Rieti IWC..... 8/29**
- 1:43.37.....1)Cont Cup..... 9/05



Rudisha capped his unbeaten 800 season with a Continental Cup win

MARK SHEARMAN

## The 2010 voting:

	1	2	3	4	5	6	7	8	9	10	Total	
1. David Rudisha .....	30	—	—	—	—	—	—	—	—	—	300	100%
2. David Oliver .....	—	29	1	—	—	—	—	—	—	—	269	89.7%
3. Christian Cantwell ...	—	1	9	12	5	2	1	—	—	—	209	69.7%
4. Tyson Gay .....	—	—	11	6	12	—	—	1	—	—	205	68.3%
5. Andreas Thorkildsen..	—	—	6	10	5	5	4	—	—	—	189	63.0%
6. Teddy Tamgho .....	—	—	2	—	2	7	5	2	2	6	99	33.0%
7. Bershawn Jackson...	—	—	—	—	3	5	3	5	6	2	84	28.0%
8. Jeremy Wariner .....	—	—	—	—	—	5	6	5	4	3	75	25.0%
9. Dwight Phillips .....	—	—	—	—	—	4	3	6	5	7	67	22.3%
10. Patrick Makau .....	—	—	1	1	2	—	2	2	1	—	43	14.3%

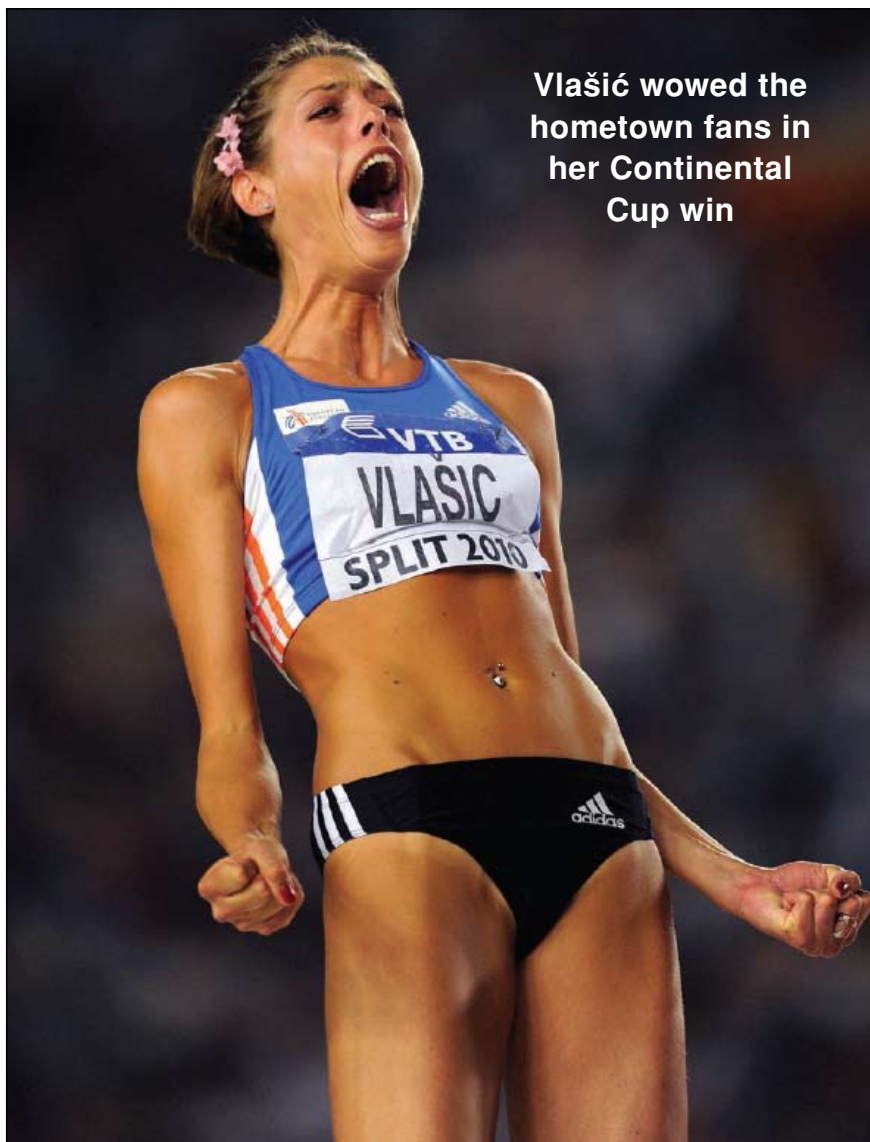
11. Renaud Lavillenie 41; 12. Ivan Ukhov 32; 13. Asbel Kiprop 12; 14. Robert Harting 10; 15. Usain Bolt 7; 16. Koji Murofushi 6; 17. Paul Koech 2.

# — Vlašić Soars To Women's AOY Title —

Losing only twice in a long 20-meet season, Blanka Vlašić was a clear choice for the year's top honor. The 26-year-old Croatian became the first high jump winner since Heike Henkel in '91.

## Blanka Vlašić's AOY Season

2.01i... 6-7..... 1)Třinec  
**2.06i . 6-9 WL** ..... 1)Arnstadt  
 2.01i... 6-7..... 1)Stockholm  
 2.03i... 6-8..... 1)Split  
 2.04i... 6-8¼..... 1)Banská Bystrica  
 2.00i... 6-6¾..... 1)World Indoor  
 (1.92/6-3½q)  
 1.98.... 6-6..... 1)Doha DL  
 1.92.... 6-3½..... 3)Ostrava IWC  
 2.01.... 6-7..... 1)Oslo DL  
 2.03.... 6-8..... 1)Rome DL  
 1.94.... 6-4¼..... 1)Belgrade  
 2.00.... 6-6¾..... 2)Barcelona  
 2.02.... 6-7½..... 1)Paris DL  
 2.03.... 6-8..... 1)Euro Champs  
 (1.92/6-3½q)  
 2.02.... 6-7½..... 1)Stockholm DL  
 2.01.... 6-7..... 1)London DL  
 2.00.... 6-6¾..... 1)Brussels DL  
 2.02.... 6-7½..... 1)Zagreb IWC  
 2.05.... 6-8¾..... 1)Cont Cup  
 1.97.... 6-5½..... 1)Kawasaki



Vlašić wowed the hometown fans in her Continental Cup win

### The 2010 voting:

	1	2	3	4	5	6	7	8	9	10	Total	
1. Blanka Vlašić .....	22	5	3	—	—	—	—	—	—	—	289	96.3%
2. Allyson Felix .....	2	7	11	5	—	4	1	—	—	—	230	76.7%
3. Nadzeya Ostapchuk .6	10	2	3	2	3	3	—	—	—	1	227	75.7%
4. Jessica Ennis .....	—	5	3	5	7	3	1	—	—	2	167	55.7%
5. Liliya Shobukhova..	—	1	2	6	5	1	3	5	—	1	130	43.3%
6. V. Campbell-Brown ...	—	—	4	2	5	1	4	1	1	2	104	34.7%
7. Olga Rypakova .....	—	1	1	2	1	3	4	5	4	—	91	30.3%
8. Tirunesh Dibaba .....	—	—	—	5	1	2	3	1	6	1	79	26.3%
9. Fabiana Murer.....	—	1	2	—	1	5	2	1	1	3	72	24.0%
10. P. Lopes-Schliep...	—	—	2	—	2	1	1	5	4	2	62	20.7%

11. Nancy Langat 57; 12. Carmelita Jeter 43; 13. tie, Milcah Chemos & Lashinda Demus 33; 15. Brittney Reese 26; 16. Yargelis Savigne 5; 17. tie, Betty Heidler & Chaunté Lowe 1.

# — 2010 T&FN Men's World Rankings —

## 100 METERS

1. Tyson Gay (US)
2. Usain Bolt (Jamaica)
3. Asafa Powell (Jamaica)
4. Nesta Carter (Jamaica)
5. Yohan Blake (Jamaica)
6. Richard Thompson (Trinidad)
7. Daniel Bailey (Antigua)
8. Michael Frater (Jamaica)
9. Mike Rodgers (US)
10. Christophe Lemaitre (France)

## 200 METERS

1. Walter Dix (US)
2. Wallace Spearmon (US)
3. Usain Bolt (Jamaica)
4. Tyson Gay (US)
5. Yohan Blake (Jamaica)
6. Ryan Bailey (US)
7. Steve Mullings (Jamaica)
8. Xavier Carter (US)
9. Angelo Taylor (US)
10. Churandy Martina  
(Netherlands Antilles)

## 400 METERS

1. Jeremy Wariner (US)
2. Jermaine Gonzales (Jamaica)
3. Ricardo Chambers (Jamaica)
4. Angelo Taylor (US)
5. LeJerald Betters (US)
6. Michael Bingham (Great Britain)
7. Chris Brown (Bahamas)
8. Nery Brenes (Costa Rica)
9. Jonathan Borlée (Belgium)
10. Kevin Borlée (Belgium)

## 800 METERS

1. David Rudisha (Kenya)
2. Abubaker Kaki (Sudan)
3. Boaz Lalang (Kenya)
4. Mbulaeni Mulaudzi (South Africa)
5. Marcin Lewandowski (Poland)
6. Nick Symmonds (US)
7. Michael Rimmer (Great Britain)
8. Jackson Kivuna (Kenya)
9. Alfred Kirwa Yego (Kenya)
10. Andrew Wheating (US)

## 1500 METERS

1. Asbel Kiprop (Kenya)
2. Amine Laâlou (Morocco)
3. Silas Kiplagat (Kenya)
4. Augustine Choge (Kenya)
5. Mekonnen Gebremedhin (Ethiopia)
6. Leonel Manzano (US)
7. Nicholas Kemboi (Kenya)
8. Daniel Komen (Kenya)
9. Andrew Wheating (US)
10. Ryan Gregson (Australia)

## STEEPLECHASE

1. Paul Koech II (Kenya)
2. Ezekiel Kemboi (Kenya)
3. Richard Matelong (Kenya)
4. Brimin Kipruto (Kenya)
5. Benjamin Kiplagat (Uganda)
6. Mahiedine  
Mekhissi-Benabbad (France)
7. Roba Gari (Ethiopia)
8. Bob Tahri (France)
9. Patrick Langat (Kenya)
10. Elijah Chelimo (Kenya)

## 5000 METERS

1. Imane Merga (Ethiopia)
2. Tariku Bekele (Ethiopia)
3. Vincent Chepkok (Kenya)
4. Moses Kipsiro (Uganda)
5. Eliud Kipchoge (Kenya)
6. Bernard Lagat (US)
7. Dejene Gebremeskel (Ethiopia)
8. Chris Solinsky (US)
9. Edwin Soi (Kenya)
10. Mark Kiptoo (Kenya)

## 10,000 METERS

1. Wilson Kiprop (Kenya)
2. Moses Kipsiro (Uganda)
3. Chris Solinsky (US)
4. Daniel Salel (Kenya)
5. Geoffrey Mutai (Kenya)
6. Josephat Menjo (Kenya)
7. Joseph Birech (Kenya)
8. Mathew Kisorio (Kenya)
9. Titus Mbishei (Kenya)
10. John Thuo (Kenya)

## 110 HURDLES

1. David Oliver (US)
2. Dayron Robles (Cuba)
3. Dwight Thomas (Jamaica)
4. Ryan Wilson (US)
5. Ronnie Ash (US)
6. Joel Brown (US)
7. Andy Turner (Great Britain)
8. David Payne (US)
9. Petr Svoboda (Czech Republic)
10. Garfield Darien (France)

## 400 HURDLES

1. Bershawn Jackson (US)
2. Kerron Clement (US)
3. Javier Culson (Puerto Rico)
4. Dai Greene (Great Britain)
5. Angelo Taylor (US)
6. Johnny Dutch (US)
7. Justin Gaymon (US)
8. Félix Sánchez (Dominican Rep)
9. LJ van Zyl (South Africa)
10. Isa Phillips (Jamaica)

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## **MARATHON**

1. Patrick Makau (Kenya)
2. Geoffrey Mutai (Kenya)
3. Tsegaye Kebede (Ethiopia)
4. Sammy Wanjiru (Kenya)
5. Wilson Kiprotich (Kenya)
6. Tadesse Tola (Ethiopia)
7. Feyisa Lelisa (Ethiopia)
8. Robert Kiprono Cheruiyot (Kenya)
9. Vincent Kipruto (Kenya)
10. Gebre Gebremariam (Ethiopia)

## **20K WALK**

1. Stanislav Yemelyanov (Russia)
2. Hao Wang (China)
3. Alex Schwazer (Italy)
4. Yafei Chu (China)
5. Andrey Krivov (Russia)
6. Erik Tysse (Norway)  
(pending drug DQ)
7. Luis Fernando López (Colombia)
8. Robert Heffernan (Ireland)
9. Eder Sánchez (Mexico)
10. Ding Chen (China)
11. João Vieira (Portugal)

## **50K WALK**

1. Matej Tóth (Slovakia)
2. Yohann Diniz (France)
3. Horacio Nava (Mexico)
4. Grzegorz Sudol (Poland)
5. Jared Tallent (Australia)
6. Sergey Bakulin (Russia)
7. Robert Heffernan (Ireland)
8. Tianfeng Si (China)
9. Jesús Ángel García (Spain)
10. Yuki Yamazaki (Japan)

## **HIGH JUMP**

1. Ivan Ukhov (Russia)
2. Jesse Williams (US)
3. Aleksandr Shustov (Russia)
4. Yaroslav Rybakov (Russia)
5. Linus Thörnblad (Sweden)
6. Aleksey Dmitrik (Russia)
7. Kyriakos Ioannou (Cyprus)
8. Donald Thomas (Bahamas)
9. Dusty Jonas (US)
10. Kabelo Kgosiemang (Botswana)

## **POLE VAULT**

1. Renaud Lavillenie (France)
2. Steve Hooker (Australia)
3. Malte Mohr (Germany)
4. Derek Miles (US)
5. Maksym Mazuryk (Ukraine)
6. Łukasz Michalski (Poland)
7. Przemysław Czerwinski (Poland)
8. Giuseppe Gibilisco (Italy)
9. Romain Mesnil (France)
10. Fabian Schulze (Germany)

## **LONG JUMP**

1. Dwight Phillips (US)
2. Christian Reif (Germany)
3. Fabrice Lapierre (Australia)
4. Irving Saladino (Panama)
5. Godfrey Mokoena (South Africa)
6. Salim Sdiri (France)
7. Kafétien Gomis (France)
8. Ndiss Kaba Badji (Senegal)
9. Chris Tomlinson (Great Britain)
10. Pavel Shalin (Russia)

## **TRIPLE JUMP**

1. Teddy Tamgho (France)
2. Alexis Copello (Cuba)
3. Christian Olsson (Sweden)
4. David Girat (Cuba)
5. Phillips Idowu (Great Britain)
6. Marian Oprea (Romania)
7. Viktor Kuznyetsov (Ukraine)
8. Yoandri Betanzos (Cuba)
9. Leevan Sands (Bahamas)
10. Randy Lewis (Grenada)

## **SHOT**

1. Christian Cantwell (US)
2. Reese Hoffa (US)
3. Andrei Mikhnevich (Belarus)
4. Tomasz Majewski (Poland)
5. Dylan Armstrong (Canada)
6. Ralf Bartels (Germany)
7. Adam Nelson (US)
8. Ryan Whiting (US)
9. Cory Martin (US)
10. Pavel Lyzhin (Belarus)

## **DISCUS**

1. Robert Harting (Germany)
2. Piotr Małachowski (Poland)
3. Gerd Kanter (Estonia)
4. Zoltán Kővágó (Hungary)
5. Róbert Fazekas (Hungary)
6. Virgilijus Alekna (Lithuania)
7. Mario Pestano (Spain)
8. Casey Malone (US)
9. Benn Harradine (Australia)
10. Ehsan Hadadi (Iran)

## **HAMMER**

1. Koji Murofushi (Japan)
2. Libor Charfreitag (Slovakia)
3. Krisztián Pars (Hungary)
4. Dilshod Nazarov (Tajikistan)
5. Sergei Litvinov (Germany)
6. Nicola Vizzoni (Italy)
7. Pavel Krivitskiy (Belarus)
8. Yuriy Shayunov (Belarus)
9. Valeriy Svyatokho (Belarus)
10. Wojciech Kondratowicz (Poland)

## **JAVELIN**

1. Andreas Thorkildsen (Norway)
2. Tero Pitkämäki (Finland)
3. Matthias de Zordo (Germany)
4. Teemu Wirkkala (Finland)
5. Petr Frydrych (Czech Republic)
6. Ainārs Kovals (Latvia)
7. Guillermo Martínez (Cuba)
8. Jarrod Bannister (Australia)
9. Ari Mannio (Finland)
10. Antti Ruuskanen (Finland)

## **DECATHLON**

1. Romain Barras (France)
2. Ashton Eaton (US)
3. Bryan Clay (US)
4. Leonel Suárez (Cuba)
5. Eelco Sintnicolaas (Holland)
6. Yordanis García (Cuba)
7. Jake Arnold (US)
8. Andrey Kravchenko (Belarus)
9. Pascal Behrenbruch (Germany)
10. Mikk Pahapill (Estonia)

# — 2010 T&FN Women's World Rankings —

## 100 METERS

1. Carmelita Jeter (US)
2. Veronica Campbell-Brown (Jamaica)
3. Kelly-Ann Baptiste (Trinidad)
4. Marshvet Myers (US)
5. Sherone Simpson (Jamaica)
6. Blessing Okagbare (Nigeria)
7. LaShaunte'a Moore (US)
8. Shalonda Solomon (US)
9. Chandra Sturup (Bahamas)
10. Debbie Ferguson McKenzie (Bahamas)

## 200 METERS

1. Allyson Felix (US)
2. Veronica Campbell-Brown (Jamaica)
3. Shalonda Solomon (US)
4. Debbie Ferguson McKenzie (Bahamas)
5. Sherone Simpson (Jamaica)
6. Bianca Knight (US)
7. Aleksandra Fedoriva (Russia)
8. Cydonie Mothersill (Cayman Isl)
9. Kerron Stewart (Jamaica)
10. Yelizaveta Bryzhina (Ukraine)

## 400 METERS:

1. Allyson Felix (US)
2. Amantle Montsho (Botswana)
3. Debbie Dunn (US)
4. Tatyana Firova (Russia)
5. Shericka Williams (Jamaica)
6. Novlene Williams-Mills (Jamaica)
7. Kseniya Ustalova (Russia)
8. Francena McCorory (US)
9. Anastasiya Kapachinskaya (Russia)
10. Antonina Krivoshapka (Russia)

## 800 METERS

1. Mariya Savinova (Russia)
2. Janeth Jepkosgei (Kenya)
3. Alysia Johnson (US)
4. Jenny Meadows (Great Britain)
5. Kenia Sinclair (Jamaica)
6. Jemma Simpson (Great Britain)
7. Halima Hachlaf (Morocco)
8. Anna Pierce (US)
9. Morgan Uceny (US)
10. Nancy Langat (Kenya)

## 1500 METERS

1. Nancy Langat (Kenya)
2. Anna Alminova (Russia)
3. Gelete Burka (Ethiopia)
4. Hind Dehiba (France)
5. Lisa Dobriskey (Great Britain)
6. Mimi Belete (Bahrain)
7. Shannon Rowbury (US)
8. Christin Wurth-Thomas (US)
9. Nuria Fernández (Spain)
10. Stephanie Twell (Great Britain)

## STEEPLECHASE

1. Milcah Chemos (Kenya)
2. Yuliya Zarudneva (Russia)
3. Lydia Rotich (Kenya)
4. Sofia Assefa (Ethiopia)
5. Gladys Kipkemboi (Kenya)
6. Marta Domínguez (Spain)
7. Mercy Njoroge (Kenya)
8. Mekdes Bekele (Ethiopia)
9. Almaz Ayana (Ethiopia)
10. Jéssica Augusto (Portugal)

## 5000 METERS

1. Tirunesh Dibaba (Ethiopia)
2. Vivian Cheruiyot (Kenya)
3. Meseret Defar (Ethiopia)
4. Sentayehu Ejigu (Ethiopia)
5. Linet Masai (Kenya)
6. Alemitu Bekele (Turkey)
7. Sally Kipyego (Kenya)
8. Elvan Abeylegesse (Turkey)
9. Meselech Melkamu (Ethiopia)
10. Sylvia Kibet (Kenya)

## 10,000 METERS

1. Tirunesh Dibaba (Ethiopia)
2. Meselech Melkamu (Ethiopia)
3. Linet Masai (Kenya)
4. Elvan Abeylegesse (Turkey)
5. Grace Momanyi (Kenya)
6. Inês Monteiro (Portugal)
7. Pauline Korikwang (Kenya)
8. Doris Changeiywo (Kenya)
9. Inga Abitova (Russia)
10. Jéssica Augusto (Portugal)

## 100 HURDLES

1. Priscilla Lopes-Schliep (Canada)
2. Sally Pearson (Australia)
3. Lolo Jones (US)
4. Perdita Felicien (Canada)
5. Damu Cherry (US)
6. Carolin Nytra (Germany)
7. Queen Harrison (US)
8. Ginnie Crawford (US)
9. Danielle Carruthers (US)
10. Nevin Yanit (Turkey)

## 400 HURDLES

1. Lashinda Demus (US)
2. Kaliese Spencer (Jamaica)
3. Natalya Antyukh (Russia)
4. Zuzana Hejnová (Czech Republic)
5. Vania Stambolova (Bulgaria)
6. Perri Shakes-Drayton (Great Britain)
7. Angela Moroşanu (Romania)
8. Sheena Tosta (US)
9. Joke Odumosu (Nigeria)
10. Josanne Lucas (Trinidad)

## MARATHON

1. Liliya Shobukhova (Russia)
2. Atsede Bayisa (Ethiopia)
3. Aberu Kebede (Ethiopia)
4. Edna Kiplagat (Kenya)
5. Inga Abitova (Russia)
6. Teyiba Erkesso (Ethiopia)
7. Amane Gobena (Ethiopia)
8. Sharon Cherop (Kenya)
9. Mamitu Deska (Ethiopia)
10. Bezunesh Bekele (Ethiopia)

## 20K WALK

1. Olga Kaniskina (Russia)
2. Maria Vasco (Spain)
3. Vera Sokolova (Russia)
4. Vera Santos (Portugal)
5. Anisya Kiryapkina (Russia)
6. Melanie Seeger (Germany)
7. Inês Henriques (Portugal)
8. Yanfei Li (China)
9. Mayumi Kawasaki (Japan)
10. Beatriz Pasqual (Spain)

## HIGH JUMP

1. Blanka Vlašić (Croatia)
2. Chaunté Lowe (US)
3. Ariane Friedrich (Germany)
4. Ruth Beitia (Spain)
5. Svetlana Shkolina (Russia)
6. Emma Green (Sweden)
7. Antonietta Di Martino (Italy)
8. Irina Gordeyeva (Russia)
9. Lavern Spencer (St. Lucia)
10. Tia Hellebaut (Belgium)

## POLE VAULT

1. Fabiana Murer (Brazil)
2. Svetlana Feofanova (Russia)
3. Silke Spiegelburg (Germany)
4. Anna Rogowska (Poland)
5. Lacy Janson (US)
6. Yuliya Golubchikova (Russia)
7. Jiřina Ptáčnicková (Czech Rep)
8. Lisa Ryzih (Germany)
9. Yelena Isinbaeva (Russia)
10. Jillian Schwartz (Israel)

## LONG JUMP

1. Brittney Reese (US)
2. Naide Gomes (Portugal)
3. Darya Klishina (Russia)
4. Lyudmila Kolchanova (Russia)
5. Ineta Radēviča (Latvia)
6. Olga Kucherenko (Russia)
7. Tatyana Kotova (Russia)
8. Yuliya Tarasova (Uzbekhistan)
9. Yargelis Savigne (Cuba)
10. Nastassia Mironchyk (Belarus)

## TRIPLE JUMP

1. Olga Rypakova (Kazakhstan)
2. Yargelis Savigne (Cuba)
3. Olha Saladuha (Ukraine)
4. Nadezhda Alekhina (Russia)
5. Anna Pyatykh (Russia)
6. Simona La Mantia (Italy)
7. Dana Veld'áková (Slovakia)
8. Svetlana Bolshakova (Belgium)
9. Snezana Rodič (Slovenia)
10. Anastasiya Taranova-Potapova (Russia)

## SHOT

1. Nadzeya Ostapchuk (Belarus)
2. Valerie Adams (New Zealand)
3. Natallia Mikhnevich (Belarus)
4. Anna Avdeyeva (Russia)
5. Nadine Kleinert (Germany)
6. Lijiao Gong (China)
7. Jill Camarena-Williams (US)
8. Misleydis González (Cuba)
9. Yanina Pravalinskay-Karolchyk (Belarus)
10. Petra Lammert (Germany)

## DISCUS

1. Yarelis Barrios (Cuba)
2. Sandra Perković (Croatia)
3. Yanfeng Li (China)
4. Dani Samuels (Australia)
5. Nicoleta Grasu (Romania)
6. Nadine Müller (Germany)
7. Becky Breisch (US)
8. Aretha Thurmond (US)
9. Joanna Wisniewska (Poland)
10. Żaneta Glanc (Poland)

## HAMMER

1. Betty Heidler (Germany)
2. Anita Włodarczyk (Poland)
3. Tatyana Lysenko (Russia)
4. Kathrin Klaas (Germany)
5. Wenxiu Zhang (China)
6. Yipsi Moreno (Cuba)
7. Sultana Frizell (Canada)
8. Zalina Marghieva (Moldova)
9. Bianca Perie (Romania)
10. Daryia Pchelnyk (Belarus)

## JAVELIN

1. Barbora Špotáková (Czech Rep)
2. Christina Oberghöll (Germany)
3. Mariya Abakumova (Russia)
4. Linda Stahl (Germany)
5. Sunette Viljoen (South Africa)
6. Kara Patterson (US)
7. Martina Ratej (Slovenia)
8. Katharina Molitor (Germany)
9. Madara Palameika (Latvia)
10. Mercedes Chilla (Spain)

## HEPTATHLON

1. Jessica Ennis (Great Britain)
2. Nataliya Dobrynska (Ukraine)
3. Jennifer Oeser (Germany)
4. Tatyana Chernova (Russia)
5. Hyleas Fountain (US)
6. Lyudmila Yosypenko (Ukraine)
7. Eliška Klučinová (Czech Rep)
8. Karolina Tymieńska (Poland)
9. Lilli Schwarzkopf (Germany)
10. Marina Goncharova (Russia)

# — 2010 T&FN Men's U.S. Rankings —

## 100 METERS

1. Tyson Gay
2. Mike Rodgers
3. Walter Dix
4. Trell Kimmons
5. Ryan Bailey
6. Ivory Williams
7. Jeff Demps
8. J-Mee Samuels
9. Wallace Spearmon
10. Leroy Dixon

## 200 METERS

1. Walter Dix
2. Wallace Spearmon
3. Tyson Gay
4. Ryan Bailey
5. Xavier Carter
6. Angelo Taylor
7. Curtis Mitchell
8. Brandon Byram
9. Evander Wells
10. Leroy Dixon

## 400 METERS

1. Jeremy Wariner
2. Angelo Taylor
3. LaJerald Betters
4. Greg Nixon
5. Tavaris Tate
6. Calvin Smith
7. Tyson Gay
8. David Neville
9. Jamaal Torrance
10. Josh Scott

## 800 METERS

1. Nick Symmonds
2. Andrew Wheating
3. Leonel Manzano
4. Duane Solomon
5. David Torrence
6. Tyler Mulder
7. Jacob Hernandez
8. Karjuan Williams
9. Robby Andrews
10. Richard Jones

## 1500 METERS

1. Leonel Manzano
2. Andrew Wheating
3. Lopez Lomong
4. Bernard Lagat
5. Will Leer
6. David Torrence
7. Russell Brown
8. Garrett Heath
9. A.J. Acosta
10. Jack Bolas

## STEEPLE

1. Dan Huling
2. Ben Bruce
3. Steve Slattery
4. Kyle Alcorn
5. Joshua McAdams
6. Anthony Famiglietti
7. Brian Olinger
8. Donn Cabral
9. Kyle Heath
10. Billy Nelson

## 5000 METERS

1. Bernard Lagat
2. Chris Solinsky
3. Galen Rupp
4. Bobby Curtis
5. Ed Moran
6. Tim Nelson
7. Dan Huling
8. Brent Vaughn
9. Aaron Braun
10. Matt Tegenkamp

## 10,000 METERS

1. Chris Solinsky
2. Galen Rupp
3. Tim Nelson
4. Bobby Curtis
5. Patrick Smyth
6. David Jankowski
7. Scott Bauhs
8. Brent Vaughn
9. Brett Gotcher
10. Ed Moran

## 110 HURDLES

1. David Oliver
2. Ryan Wilson
3. Ronnie Ash
4. Joel Brown
5. David Payne
6. Jason Richardson
7. Barrett Nugent
8. Ty Akins
9. Antwon Hicks
10. Ryan Fontenot

## 400 HURDLES

1. Bershawn Jackson
2. Kerron Clement
3. Angelo Taylor
4. Johnny Dutch
5. Justin Gaymon
6. Michael Tinsley
7. Jeshua Anderson
8. LaRon Bennett
9. Bryce Brown
10. David Aristil

## MARATHON

1. Ryan Hall
2. Meb Keflezighi
3. Dathan Ritzenhein
4. Jason Hartmann
5. Brett Gotcher
6. Nick Arciniaga
7. Jason Lehmkuhle
8. Antonio Vega
9. Jeff Eggleston
10. Sergio Reyes

## 20K WALK

1. Trevor Barron
2. John Nunn
3. Tim Seaman
4. Patrick Stroupe
5. Ben Shorey

## 50K WALK

1. Steve Quirke
2. Jonathan Matthews
3. Allen James
4. Ray Sharp
5. Dave McGovern

## HIGH JUMP

1. Jesse Williams
2. Dusty Jonas
3. Jamie Nieto
4. Tora Harris
5. Andra Manson
6. Paul Hamilton
7. Ricky Robertson
8. Keith Moffatt
9. Joe Kindred
10. Will Littleton

## POLE VAULT

1. Derek Miles
2. Mark Hollis
3. Jeremy Scott
4. Scott Roth
5. Jason Colwick
6. Tim Mack
7. Darren Niedermeyer
8. Brad Walker
9. Jeff Coover
10. Jordan Scott

## LONG JUMP

1. Dwight Phillips
2. Trevell Quinley
3. Brian Johnson
4. Marquise Goodwin
5. Jeremy Hicks
6. Christian Taylor
7. Chris Phipps
8. Randall Flimmons
9. Jarod Tobler
10. Reindell Cole

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## — 2010 Women's U.S. Rankings —

### TRIPLE JUMP

1. Christian Taylor
2. Lawrence Willis
3. Kenta Bell
4. Brandon Roulhac
5. Nkosinza Balumbu
6. Zuheir Sharif
7. Tyron Stewart
8. Alphonso Jordan
9. Omar Craddock
10. Josh Como

### SHOT

1. Christian Cantwell
2. Reese Hoffa
3. Adam Nelson
4. Ryan Whiting
5. Cory Martin
6. Russ Winger
7. Noah Bryant
8. Dan Taylor
9. Sheldon Battle
10. Mason Finley

### DISCUS

1. Casey Malone
2. Jason Young
3. Jarred Rome
4. Ian Waltz
5. Russ Winger
6. Adam Kuehl
7. Lance Brooks
8. Mason Finley
9. Will Conwell
10. Ryan Whiting

### HAMMER

1. Kibwe Johnson
2. A.G. Kruger
3. Jake Freeman
4. Drew Loftin
5. Garland Porter
6. Walter Henning
7. Cory Martin
8. Chris Rohr
9. Chris Cralle
10. Mike Mai

### JAVELIN

1. Sean Furey
2. Mike Hazle
3. Craig Kinsley
4. Chris Hill
5. Corey White
6. Sam Humphreys
7. Cyrus Hostetler
8. Alex Wolff
9. Joe Zimmerman
10. Brian Moore

### DECATHLON

1. Ashton Eaton
2. Bryan Clay
3. Jake Arnold
4. Joe Detmer
5. Tom Pappas
6. Michael Morrison
7. Trinity Otto
8. Nick Adcock
9. Chris Helwick
10. Miller Moss

### 100 METERS

1. Carmelita Jeter
2. Marshevet Myers
3. LaShaunte'a Moore
4. Shalonda Solomon
5. Miki Barber
6. Allyson Felix
7. Gloria Asumnu
8. Tianna Madison
9. Porscha Lucas
10. Jeneba Tarmoh

### 200 METERS

1. Allyson Felix
2. Shalonda Solomon
3. Bianca Knight
4. Connie Moore
5. Porscha Lucas
6. Carmelita Jeter
7. Jeneba Tarmoh
8. LaShaunte'a Moore
9. Debbie Dunn
10. Shareese Woods

### 400 METERS

1. Allyson Felix
2. Debbie Dunn
3. Francena McCorory
4. Natasha Hastings
5. Monica Hargrove
6. Jessica Beard
7. Lashinda Demus
8. Deedee Trotter
9. Keshia Baker
10. Shana Cox

### 800 METERS

1. Alysia Johnson
2. Anna Pierce
3. Morgan Uceny
4. Phoebe Wright
5. Maggie Vessey
6. Christin Wurth-Thomas
7. Erin Donohue
8. Treniere Moser
9. Molly Beckwith
10. LaTavia Thomas

### 1500 METERS

1. Shannon Rowbury
2. Christin Wurth-Thomas
3. Morgan Uceny
4. Jenny Barringer
5. Erin Donohue
6. Anna Pierce
7. Treniere Moser
8. Sarah Bowman
9. Shalane Flanagan
10. Amy Mortimer

### STEEPLE

1. Lisa Aguilera
2. Bridget Franek
3. Nicole Bush
4. Emma Coburn
5. Ashley Higginson
6. Sarah Pease
7. Shayla Houlihan
8. Lindsay Allen
9. Delilah DiCrescenzo
10. Shalaya Kipp

### 5000 METERS

1. Molly Huddle
2. Shalane Flanagan
3. Amy Begley
4. Shannon Rowbury
5. Lisa Koll
6. Lauren Fleshman
7. Jen Rhines
8. Jenny Barringer
9. Desiree Davila
10. Angela Bizzarri

### 10,000 METERS

1. Amy Begley
2. Lisa Koll
3. Molly Huddle
4. Desiree Davila
5. Amy Hastings
6. Blake Russell
7. Megan Hogan
8. Katie McGregor
9. Allison Grace
10. Rebecca Donaghue

## 100 HURDLES

1. Lolo Jones
2. Damu Cherry
3. Queen Harrison
4. Ginnie Crawford
5. Danielle Carruthers
6. Kellie Wells
7. Tiffany Ofili
8. Kristi Castlin
9. Ti'erra Brown
10. Gabby Mayo

## 400 HURDLES

1. Lashinda Demus
2. Sheena Tosta
3. Queen Harrison
4. Ti'erra Brown
5. Nicole Leach
6. Fawn Dorr
7. Jennifer Grossarth
8. Tameka Jameson
9. Dominique Darden
10. LaTosha Wallace

## MARATHON

1. Magdalena Lewy Boulet
2. Shalane Flanagan
3. Desiree Davila
4. Katie McGregor
5. Tera Moody
6. Colleen De Reuck
7. Zoila Gómez
8. Paige Higgins
9. Ilsa Paulson
10. Kathy Newberry

## 20K WALK

1. Maria Michta
2. Joanne Dow
3. Lauren Forgues
4. Teresa Vaill
5. Erin Gray
6. Solomiya Login
7. Stephanie Casey
8. Miranda Melville
9. Susan Armenta
10. Carolyn Kealty

## HIGH JUMP

1. Chaunté Lowe
2. Liz Patterson
3. Amber Kaufman
4. Brigetta Barrett
5. Deirdre Mullen
6. Epley Bullock
7. Hyleas Fountain
8. Jane Doolittle
9. Raevan Harris
10. Sharon Day

## POLE VAULT

1. Lacy Janson
2. Jenn Suhr
3. Chelsea Johnson
4. Becky Holliday
5. Melinda Owen
6. Kylie Hutson
7. April Steiner Bennett
8. Mary Saxer
9. Katie Stripling
10. Katy Viuf

## LONG JUMP

1. Brittney Reese
2. Hyleas Fountain
3. Brianna Glenn
4. Funmi Jimoh
5. Chaunté Lowe
6. Mindy McClurkin
7. Shameka Marshall
8. Akiba McKinney
9. Tianna Madison
10. Lauryn Newson

## TRIPLE JUMP

1. Erica McLain
2. Toni Smith
3. Shakeema Welsch
4. Amanda Smock
5. Crystal Manning
6. Neidra Covington
7. Ashika Charan
8. Blessing Ufodiama
9. Lauren Martin
10. Ryann Hendricks

## SHOT

1. Jill Camarena-Williams
2. Michelle Carter
3. Sarah Stevens
4. Jessica Pressley
5. Adriane Blewitt
6. Chandra Brewer
7. Karen Shump
8. Abby Ruston
9. Jeneva McCall
10. Tia Brooks

## DISCUS

1. Becky Breisch
2. Aretha Thurmond
3. Gia Lewis-Smallwood
4. Stephanie Brown
5. Anna Jelmini
6. Summer Pierson
7. Jeneva McCall
8. Brittany Borman
9. Emily Pendleton
10. Rachel Talbert

## HAMMER

1. Amber Campbell
2. Britney Henry
3. Jessica Cosby
4. Stevi Large
5. Jeneva McCall
6. Kelly Godsey
7. Loree Smith
8. Kristin Smith
9. Erin Gilreath
10. Amy Haapanen

## JAVELIN

1. Kara Patterson
2. Rachel Yurkovich
3. Marissa Tschida
4. Alicia DeShasier
5. Kimberly Hamilton
6. Kayla  
Wilkinson-Colgrove
7. Amy Backel
8. Brittany Borman
9. Karlee McQuillen
10. Katie Coronado

## HEPTATHLON

1. Hyleas Fountain
2. Sharon Day
3. Bettie Wade
4. Diana Pickler
5. Kasey Hill
6. Emily Pearson
7. Aisha Adams
8. Ryann Kraiss
9. Abbie Stechschulte
10. Kiani Profit

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still 2 eTNs to come  
this week/year:  
detailed U.S. men's  
lists, women's lists

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