

— The 2010 Season Winds Down —

ARZANA

Arzana, Italy, September 7—
100(-0.5): 1. Rodgers (US) 10.15; 2. Gatlin (US) 10.15; 3. Chambers (GB) 10.26; 4. Collio (Ita) 10.37.

200(-0.1): 1. Gatlin 20.63; 2. Thompson (Jam) 20.99.

400: 1. Vistalli (Ita) 45.85; 2. Bain (Bah) 46.02.

800: 1. Kinyor (Ken) 1:48.87.
3000: 1. Kipkoech (Ken)

ATHENS SHOT

Athens, Georgia, September 7—
SP: 1. Nelson (US) 67-6 (20.57); 2. Chang (Tai) 63-6¾ (19.37)).

2010 Men's World Leaders

¶ = record performance; i = indoors;
new leaders since last report are in red

Track Events

100..... 9.78 Tyson Gay (US)
..... 9.78 Nesta Carter (Jamaica)
200..... 19.56 Usain Bolt (Jamaica)
400..... 44.13 Jeremy Wariner (US)
800..... 1:41.01 ¶ David Rudisha (Kenya)
1500..... 3:29.27 Silas Kiplagat (Kenya)
Mile..... 3:49.56 Asbel Kiprop (Kenya)
St 8:00.90 Brimin Kipruto (Kenya)
3000..... 7:28.70 Tariku Bekele (Ethiopia)
5000..... 12:51.21 Eliud Kipchoge (Kenya)
10,000..... 26:56.74 Josephat Menjo (Kenya)
110H..... 12.89 David Oliver (US)
400H..... 47.32 Bershawn Jackson (US)

Road Events

H-Mar 58:23 ¶ Zersenay Tadese (Eritrea)
Mar 2:04:48 Patrick Makau (Kenya)
20W 1:18:24 Alex Schwazer (Italy)
50W 3:40:37 Yohan Diniz (France)

Relay Events

4 x 100..... 37.45 United States
4 x 200..... 1:20.38 Florida (US)
4 x 400..... 2:58.83 US Under-23
4 x 800..... 7:15.38 Virginia (US)
4 x 1500... 15:26.43 Arkansas (US)
4 x Mile... 16:15.14 Oregon (US)
SpMed..... 3:16.01 LSU
DisMed... 9:21.77i Oregon TC (US)
4 x 110H.. 55.31 Star Athletics

Field Events

HJ 7-9¼ (2.38)i Ivan Ukhov (Russia)
PV 19-8½ (6.01)i Steve Hooker (Australia)
LJ 27-9½ (8.47) Christian Reif (Germany)
TJ 59-0 (17.98) Teddy Tamgho (France)
SP 73-6¼ (22.41) Christian Cantwell (US)
DT 234-5 (71.45) Gerd Kanter (Estonia)
HT 265-8 (80.99) Koji Murofushi (Japan)
JT 296-6 (90.37) Andreas Thorkildsen (Norway)
Dec 8483 Bryan Clay (US)

7:45.76; 2. Gari (Eth) 7:45.85; 3. Oleititip (Ken) 7:48.67; 4. Lonyangat (Ken) 7:53.38 PR; 5. Yehualashet (Eth) 7:55.00 PR.

LJ: 1. Rutherford (GB) 26-5¾ (8.07); 2. Tomlinson (GB) 25-6 (7.77).

SP: 1. Scott (Jam) 65-11¼ (20.11); 2. Dodoni (Ita) 60-10½ (18.55).

ARZANA WOMEN

100(0.2): 1. M. Barber (US) 11.40.

200(0.5): 1. Woods (US) 23.12; 2. Barber 23.22.

400: 1. Thiam (Sen) 51.56; 2. Hargrove (US) 52.00; 3. Nazarova (Rus) 52.88; 4. Barr (GB) 53.10.

800: 1. Jepkosgei (Ken) 2:00.77; 2. Kofanova (Rus) 2:01.08; 3. Sum (Ken) 2:01.72.

3000: 1. Cheron (Ken) 9:05.52; 2. Korikwiang (Ken) 9:05.78; 3. Kibet (Ken) 9:06.34; 4. Rionoripo (Ken) 9:06.98.

1 0 0 H (0 . 0) :
1. Caravelli (Ita) 13.40.

2010 Men's U.S. Leaders

Track Events

100..... 9.78 Tyson Gay (adidas)
200..... 19.72 Walter Dix (Nike)
..... Gay
400..... 44.13 Jeremy Wariner (adidas)
800..... 1:43.76 Nick Symmonds (Nike)
1500..... 3:30.90 Andrew Wheating (Oregon)
Mile..... 3:50.64 Leo Manzano (Nike)
St 8:13.29 Dan Huling (Reebok)
3000..... 7:29.00 ¶ Bernard Lagat (Nike)
5000..... 12:54.12 ¶ Lagat
10,000..... 26:59.60 ¶ Chris Solinsky (Oregon TC)
110H..... 12.89 ¶ David Oliver (Nike)
400H..... 47.32 Bershawn Jackson (Nike)

Road Events

H-Mar 60:39 Mohamed Trafeh (unattached)
Mar 2:08:41 Ryan Hall (Asics)
20W 1:29:22 John Nunn (US Army)
50W 4:23:02 Stephen Quirke (unattached)

Relay Events

4 x 100..... 37.45 Zürich All-Stars
4 x 200..... 1:20.38 Florida
4 x 400..... 2:58.83 National Under-23
4 x 800..... 7:15.38 Virginia
4 x 1500... 15:26.43 Arkansas
4 x Mile... 16:15.14 Oregon
SpMed..... 3:16.44 Baylor
DisMed... 9:21.77i Oregon TC
4 x 110H.. 56.60+ Clemson

Field Events

HJ 7-8(A) (2.34)i Jesse Williams (Nike)
(I-alt)..... 7-7¼ (2.33) Dusty Jonas (Nike)
PV 19-1 (5.82)i Jeremy Scott (Nike)
LJ 27-9¼ (8.46) Dwight Phillips (Nike)
TJ 56-4½ (17.18)i Christian Taylor (Florida)
SP 73-6¼ (22.41) Christian Cantwell (Nike)
DT 229-4 (69.90) Jason Young (unattached)
HT 253-9 (77.35) A.J. Kruger (Nike)
JT 262-7 (80.05) Mike Hazle (Nike)
Dec 8483 Bryan Clay (Nike)

MILAN

Milan, Italy, September 9—

100(-0.6): 1. Lemaître (Fra) 10.18; 2. Di Gregorio (Ita) 10.42; 3. Emelieze (Ngr) 10.42; 4. Collio (Ita) 10.48.

200(0.5): 1. Howe (Ita) 20.30; 2. Schneberger (Swi) 20.81; 3. Di Gregorio (Ita) 20.98.

400: 1. Brenes (CR) 45.52; 2. Vistalli (Ita) 46.21; 3. Offereins (Aus) 46.47; 4. Pistorius (SA) 46.48; 5. Levine (GB) 46.64.

800: 1. Kinyor (Ken) 1:46.27; 2. Reina (Spa) 1:46.39; 3. Osagie (GB) 1:46.41 PR; 4. Lancashire (GB) 1:46.71; 5. Renshaw (Aus) 1:47.26.

1500: 1. Willis (NZ) 3:35.17; 2. Ruíz (Spa) 3:35.47; 3. Kamel (Bhr) 3:35.70; 4. Daba (Eth) 3:36.14; 5. Webb (US) 3:36.21 (*fastest since July '08*);

6. Maiyo (Ken) 3:36.42 PR; 7. Birmingham (Aus) 3:36.53; 8. Borysyuk (Ukr) 3:37.31 PR; 9. Kealey (Aus) 3:37.96; 10. Nava (Ser) 3:38.04 PR.

3000: 1. Yenew (Eth) 7:28.82 PR (*old PR 7:46.11; first year with any known marks; age*

c20); 2. Kiplagat (Ken) 7:39.94 PR; 3. Lebid (Ukr) 7:40.91;

4. Soi (Ken) 7:42.22; 5. Oleitip (Ken) 7:42.67 PR; 6. Baddeley (GB) 7:42.75 PR;

7. St. Lawrence (Aus) 7:42.94 PR; 8. Meucci (Ita) 7:43.85 PR; 9. La Rosa (Ita) 7:45.78 PR.

PV: 1. tie, Gibilisco (Ita) & Mohr (Ger) 18-8¼ (5.70); 3. Balner (CzR) 18-2½ (5.55); 4. Schulze (Ger) 17-8½ (5.40); 5. tie, Holzdeppe (Ger) & Spiegelburg (Ger) 17-8½.

MILAN WOMEN

100(-0.4): 1. Turner (GB) 11.51; 2. Giovanetti (Ita) 11.69.

400: 1. Thiam (Sen) 51.32; 2. Grenot (Ita) 51.33; 3. Rosolová (CzR) 51.86; 4. McConnell (GB) 52.44; 5. Woods (US) 52.44.

800: 1. Semenya (SA) 1:58.16; 2. Dehiba (Fra) 1:58.67 PR; 3. Félix (Fra) 2:00.18 PR;

4. Måkestad Bovim (Nor) 2:00.68; 5. Santiusti (Cub) 2:02.72; 6. Edwards (Can) 2:03.04; ... dnf—Cusma Piccione (Ita).

Field Events

HJ: 1. Di Martino (Ita) 6-4 (1.93); 2. Styopina (Ukr) 6-3¼ (1.91); 3. Dusanova (Uzb) 6-2¼ (1.89); 4. Radzivil (Uzb) 6-1¼ (1.86); 5. Ryan (Ire) 6-0 (1.83).

TJ: 1. Gavrila (Rom) 46-6¾w (14.19); 2. La Mantia (Ita) 45-9¼ (13.95);

3. Kutyakova (Rus) 45-8 (13.92); 4. Martinez (Ita) 44-4¼ (13.52); 5. Viatkina (Blr) 44-2¾w (13.48).

SZOMBATHELY HT

Szombathely, Hungary, September 10—

HT: 1. Pars (Hun) 257-0 (78.34); 2. Nazarov (Tjk) 254-1 (77.45); 3. Charfreitag (Svk) 246-1 (75.00);

4. Sokolovs (Lat) 244-9 (74.60); 5. Ziółkowski (Pol) 242-8 (73.97); 6. Németh (Hun) 242-5 (73.90);

7. Haklits (Cro) 240-7 (73.34); 8. Hudi (Hun) 234-7 (71.51); ... nm—Al-Zankawi (Kuw).

2010 Women's U.S. Leaders

Track Events

100.....	10.82	Carmelita Jeter (Nike)
200.....	22.03	Allyson Felix (Nike)
400.....	49.64	Debbie Dunn (Nike)
800.....	1:57.34	Alysia Johnson (Nike)
1500.....	3:59.59	Christin Wurth-Thomas (Nike)
Mile.....	4:28.92i	Erin Donohue (Nike)
St.....	9:24.84	Lisa Aguilera (Nike)
3000.....	8:31.38	Shannon Rowbury (Nike)
5000.....	14:44.76 ¶	Molly Huddle (Saucony)
10,000.....	31:18.07	Lisa Koll (Iowa St)
100H.....	12.55	Lolo Jones (Asics)
400H.....	52.82	Lashinda Demus (Nike)

Road Events

H-Mar	69:41	Shalane Flanagan (Nike)
Mar	2:26:22..	Magdalena Lewy Boulet (Saucony)
20W	1:39:47	Maria Michta (Walk USA)

Relay Events

4 x 100.....	42.49	Texas A&M
4 x 200.....	1:29.42	Texas A&M
4 x 400.....	3:26.12	USA Blue Penn
4 x 800.....	8:18.22	Tennessee
4 x 1500..	17:14.91	Tennessee
SpMed.....	3:38.53	USA Blue Penn
DisMed.....	10:54.65	Tennessee
4 x 100H..	54.27	Virginia Tech

Field Events

HJ.....	6-8¼ (2.05) ¶	Chaunté Lowe (Nike)
PV.....	16-½ (4.89)	Jenn Suhr (adidas)
LJ.....	22-9¼ (6.94)	Brittney Reese (Nike)
TJ.....	47-¼ (14.33)	Erica McLain (Nike)
SP.....	63-11¼ (19.50)	Jill Camarena-Williams (NYAC)
DT.....	218-3 (66.52)	Becky Breisch (unattached)
HT.....	236-0 (71.94)	Amber Campbell (Nike)
JT.....	218-8 (66.67) ¶	Kara Patterson (Asics)
Hept.....	6735	Hyleas Fountain (Nike)

DÉCANATION

Anancy, France, September 11 (altitude 448m)—

Teams: 1. United States 133; Russia 94; Germany 91; France 88; Italy 70; Finland 51; China 46.

100(-0.8): 1. Rodgers (US) 10.13; 2. Lemaître (Fra) 10.16; 3. Lao (Chn) 10.51; 4. Di Gregorio (Ita) 10.55; 5. Kosenkow (Ger) 10.56; 6. Åstrand (Fin) 10.60; 7. Kolesnichenko (Rus) 10.85.

400: 1. Nixon (US) 45.63; 2. Krasnov (Rus) 45.79; 3. Gaba (Ger) 46.75; 4. Galletti (Ita) 47.00; 5. Venel (Fra) 47.34; 6. Välimäki (Fin) 47.54; 7. Liu (Chn) 48.87.

800: 1. Symmonds (US) 1:49.12; 2. Oualich (Fra) 1:50.03; 3. Conrad (Ger) 1:50.27; 4. Tukhtachev (Rus) 1:50.28; 5. Scapini (Ita) 1:50.54; 5. Zhao (Chn) 2:04.73; 6. Hamm (Fin) 1:50.71; 7. Shen (Chn) 1:52.48.

1500: 1. Leer (US) 3:50.96; 2. Kowal (Fra) 3:51.52; 3. Perrone (Ita) 3:51.68; 4. Koldin (Rus) 3:51.71; 5. Sandells (Fin) 3:52.01; 6. Waldmann (Ger) 3:52.08; 7. He (Chn) 3:54.05.

2010 Women's World Leaders

Track Events

100.....	10.78	Veronica Campbell-Brown (Jamaica)
200.....	21.98	Campbell-Brown
400.....	49.64	Debbie Dunn (US)
800.....	1:57.34	Alysia Johnson (US)
1500.....	3:57.65	Anna Alminova (Russia)
Mile.....	4:23.53i	Gelete Burka (Ethiopia)
St.....	9:11.71	Milcah Chemos (Kenya)
3000.....	8:24.46i	Meseret Defar (Ethiopia)
5000.....	14:24.79i	Defar
10,000.....	31:04.52	Meselech Melkamu (Ethiopia)
100H.....	12.52	Priscilla Lopes-Schliep (Canada)
400H.....	52.82	Lashinda Demus (US)

Road Events

H-Mar	67:07	Elvan Abeylegesse (Turkey)
Mar	2:22:00	Liliya Shobukhova (Russia)
20W	1:26:32	Alesya Kiryapkina (Russia)

Relay Events

4 x 100.....	42.29	Ukraine
4 x 200.....	1:29.42	Texas A&M (US)
4 x 400.....	3:21.26	Russia
4 x 800.....	8:12.41i	Moscow (Russia)
4 x 1500..	17:14.91	Tennessee (US)
SpMed.....	3:35.37	Jamaica
DisMed....	10:54.65	Tennessee (US)
4 x 100H..	52.50	Texas A&M

Field Events

HJ.....	6-9 (2.06)i	Blanka Vlašić (Croatia)
PV.....	16-½ (4.89)	Jenn Suhr (US)
LJ.....	23-4¾ (7.13)	Olga Kucherenko (Russia)
TJ.....	50-½ (15.25)	Olga Rypakova (Kazakhstan)
SP.....	71-2½ (21.70)i	Nadezhda Ostapchuk (Blr)
DT.....	222-4 (67.78)	Nadine Müller (Germany)
HT.....	256-11 (78.30) ¶	Anita Włodarczyk (Poland)
JT.....	226-0 (68.89)	Mariya Abakumova (Russia)
Hept.....	6823	Jessica Ennis (Great Britain)

St: 1. Mekhissi-Benabbad (Fra) 8:27.27; 2. Huling (US) 8:33.23; 3. Uliczka (Ger) 8:44.48; 4. Ukonmaanaho (Fin) 8:45.35; 5. Minshin (Rus) 8:45.97; 6. Nasti (Ita) 8:45.98 PR.

110H(0.5): 1. Oliver (US) 13.11 (*finishes unbeaten season at 15/15*); 2. Darien (Fra) 13.65; 3. Tedesco (Ita) 13.68 PR; 4. Shabanov (Rus) 13.72; 5. John (Ger) 13.93; 6. Korkealaakso (Fin) 14.02.

Field Events

PV: 1. Lavillenie (Fra) 19-1/4 (5.80); 2. Schulze (Ger) 18-6 1/2 (5.65); 3. Miles (US) 18-4 1/2 (5.60);

4. Yang (Chn) 17-8 1/2 (5.40); 5. Kovalchuk (Rus) 17-8 1/2; 6. Salomäki (Fin) 17-4 1/2 (5.30); 7. Piantella (Ita) 17-3/4 (5.20).

LJ: 1. Ollikainen (Fin) 26-3 (8.00) PR; 2. Gomis (Fra) 26-1 1/2 (7.96); 3. Quinley (US) 25-11 1/2 (7.91); 4. Shalin (Rus) 25-4 1/2 (7.73); 5. Formichetti (Ita) 24-9 1/4 (7.55); 6. Stolz (Ger) 24-3 1/2 (7.40).

SP: 1. Martin (US) 65-8 3/4 (20.03); 2. Bartels (Ger) 65-4 1/4 (19.92); 3. Zhang (Chn) 63-3 1/4 (19.28);

4. Sidorov (Rus) 62-10 (19.15); 5. Bucki (Fra) 60-4 (18.39); 6. Dodoni (Ita) 57-7 1/2 (17.56); 7. Viitamaa (Fin) 54-7 1/4 (16.64); 8. Barras (Fra) 47-1/4 (14.33).

HT: 1. Johnson (US) 246-5 (75.12); 2. Vizzoni (Ita) 240-4 (73.27); 3. Esser (Ger) 240-0 (73.17); 4. Karjalainen (Fin) 238-1 (72.56); 5. Vinichenko (Rus) 237-5 (72.38); 6. Figère (Fra) 223-3 (68.06).

DÉCANATION WOMEN

100(-1.3): 1. Sailer (Ger) 11.42; 1. Madison (US) 11.42; 3. Katsura (Rus) 11.75; 4. Tao (Chn) 11.76; 5. Salvagno (Ita) 11.99; 6. Jacques-Sébastien (Fra) 12.13; 7. Keskitalo (Fin) 12.30.

400: 1. Hargrove (US) 52.00; 2. Lindenberg (Ger) 52.36; 3. Milani (Ita) 53.07; 4. Vdovina (Rus) 53.25; 5. Chen (Chn) 54.57; 6. Guei (Fra) 54.70; 7. Halkoaho (Fin) 56.61.

800: 1. Kofanova (Rus) 2:00.50; 2. Cusma Piccione (Ita) 2:00.75; 3. Félix (Fra) 2:01.17; 4. Vessey (US) 2:02.00; 6. Selvenius (Fin) 2:04.83; 7. Sujew (Ger) 2:09.28.

1500: 1. Dehiba (Fra) 4:10.26; 2. Donohue (US) 4:11.25; 3. Alminova (Rus) 4:13.59; 4. Magnani (Ita) 4:18.17; 5. Sujew (Ger) 4:18.73; 6. Li (Chn) 4:24.64; 7. Eriksson (Fin) 4:30.05.

St: 1. Aguilera (US) 9:46.00; 2. Li (Chn) 9:46.05; 3. Kuzmina (Rus) 9:47.13; 4. Eriksson (Fin) 9:56.02; 5. Costanza (Ita) 10:22.46; 6. Lutz (Ger) 10:41.53;... dnf—Duarte (Fra).

100H(-0.5): 1. Dektyareva (Rus) 12.94; 2. Cherry (US) 13.31; 3. Roleder (Ger) 13.40; 4. Sun (Chn) 13.45; 5. Caravelli (Ita) 13.59; 6. Gomis (Fra) 13.70; 7. Aidanpää (Fin) 13.92.

Field Events

HJ: 1. Friedrich (Ger) 6-6 3/4 (2.00); 2. Gordeyeva (Rus) 6-3 1/4 (1.91); 3. Vallortigara (Ita) 6-3 1/4 NJR;

4. Zheng (Chn) 6-2 1/4 (1.89); 5. Delophont (Fra) 5-8 3/4 (1.75); 6. Mattila (Fin) 5-7 (1.70); 7. Patterson (US) 5-7.

LJ: 1. Fountain (US) 21-7 1/2 (6.59); 2. Lesueur (Fra) 20-11 3/4 (6.39); 3. Kappler (Ger) 20-10 (6.35);

4. Sokolova (Rus) 20-6 1/4 (6.25); 5. Lu (Chn) 20-5 3/4 (6.24); 6. Pesola (Fin) 20-3 3/4 (6.19); 7. Demaria (Ita) 20-1 3/4 (6.14).

SP: 1. Camarena-Williams (US) 59-5 (18.11); 2. Kleinert (Ger) 58-7 1/2 (17.87).

HT: 1. Lysenko (Rus) 239-4 (72.95); 2. Klaas (Ger) 235-7 (71.80); 3. Campbell (US) 229-3 (69.88);

4. Korpela (Fin) 212-10 (64.87); 5. Palmieri (Ita) 209-1 (63.73); 6. Falzon (Fra) 205-2 (62.55).

OPOLE

Opole, Poland, September 11—

HJ: 1. **Ukhov (Rus) 7-8 3/4 (2.36) out PR (out WL)**; 2. Owczarek (Pol) 7-5 (2.26); 3. Wolski (Pol) 7-5.

TJ: 1. Lewandowski (Pol) 52-1 1/2 (15.86).

DT: 1. Czajkowski (Pol) 203-4 (61.99).

Women:

HJ: 1. Straková (CzR) 6-2 (1.88); 2. Stepaniuk (Pol) 6-2.

CONTINENTAL CUP SPLITS

4x4 splits from last week's Continental Cup courtesy Mark Butler & Omega—

Men: 1. Americas 2:59.00 (Brenes 45.30, Jackson 44.88, Nixon 44.56, Chambers 44.26);

2. Europe 2:59.84 (Bingham 45.40, Borlée 44.66, Krasnov 45.07, Rooney 44.71);

3. Africa 3:02.62 (Kikaya 46.03, Mutai 45.00, Khawajah 45.30, Yousif 46.29);

4. Asia/Oceania (Australia) 3:03.66 (Milburn 46.39, Offerreins 45.47, Cole 46.03, Moore 45.77).

Women: 1. Americas 3:26.37 (Williams 51.67, Dunn 50.70, Wilson 52.52, Amertil 51.48);

2. Europe 3:26.58 (Ustalova 52.21, Krivoschapka 51.96, Grenot 52.09, Firova 50.32);

3. Africa 3:27.99 (Abugan 52.41, Thiam 51.03, Soumah 53.74, Montsho 50.81);

4. Asia/Oceania 3:33.32 (Boden 53.77, Henry 52.20, Tauro 52.23, Crook 55.12).

— MEET/RACE SCHEDULE —

always check with the hosts before traveling to a meet

Pro-Circuit Meets

September

16..... Discus Challenge; Tallinn, Estonia
18-19..... Décastar Multis; Talence, France
19..... Super Meet; Kawasaki, Japan

International Championships

October

6-12..... Commonwealth Games; New Delhi, India

November

12-27..... Asian Games; Guangzhou, China

Road Racing

† = USATF Championship race

§ = IAAF Gold Label race; ‡ = IAAF Silver; ¶ = IAAF bronze

September

19..... Great North Half; S Shields, England §
..... CVS Downtown 5K; Providence, Rhode Island †
..... Philly Half; Philadelphia, Pennsylvania
26..... Half-Marathon; Lisbon, Portugal §
..... World Marathon Major; Berlin, Germany §
..... Marathon; Toronto, Ontario ‡

October

3..... USATF 10M Champs; Minneapolis, Minnesota †
..... Rock & Roll Half-Marathon; San José, California
..... Marathon; Cologne, Germany
..... USATF mMarathon Champs; Minneapolis, Minnesota †
10..... World Marathon Major; Chicago, Illinois §
..... Eindhoven, Holland
11..... Tufts Women's 10K, Boston, Massachusetts †
16..... World Half-Marathon Champs; Nanning, China
31..... Classique, Cassis, France ‡
24..... Great South Run, Portsmouth, England §

November

7..... USATF Women's Marathon, New York City †
21..... Airtel Half-Marathon, Delhi, India §
31..... 15K, Nijmegen, Holland ‡

December

31..... 10K; Madrid, Spain ‡

OK, we lied and didn't wait 2 weeks for this eTrack Newsletter.

Next week: Talence Multis, Kawasaki Super Meet