

### — Monaco DL: Mid-Distance Goodies —

by Phil Minshull

It has been quite a week for former Cal 800 star Alysia Johnson.

First, the '07 NCAA winner ran a below-the-radar PR of 1:57.85 at a small Italian meet in Lignano last Sunday (see p. 341), when she took almost a second off her previous best set when finishing 5<sup>th</sup> at Pre.

She had moved up to No. 9 on the all-time U.S. list with that run but then leapt up another four places with her world-leading 1:57.34 clocking on a Monaco track renowned for its helpful attributes for middle-distance runners.

"My game plan was just to go out and run hard, that's my game plan every single time now. I was feeling confident about winning here after Lignano, so I'm satisfied. I was really relaxed out here tonight, even though it's my first time to race in Monaco," said Johnson after winning her second Diamond League meet of the year.

She was the only one to follow pacemaker Katya Kostetskaya—who many will remember from her time at Texas State—when the women broke from their lanes and the Russian towed Johnson through the bell in a super-fast 56.09, almost exactly the same as the 56.1 split when Jarmila Kratochvílová set the WR of 1:53.28 in '83.

Kostetskaya kept on to 600 in 1:27.33 before stepping aside and letting Johnson fly home on her own over the final furlong in a race which saw 9 under 2:00.

There was also great depth in the men's 1500 won by Kenya's 20-year-old Silas Kiplagat, who slashed more than 5 seconds off

his best when he won in another world lead, 3:29.27.

It was the fastest time in the world for nearly four years and Kiplagat, whose previous best of 3:34.36 was set last month in

Behind him, Amine Laâlou (3:29.53) got his first sub-3:30, with Augustine Choge (3:30.22) next in the queue.

Back in 4<sup>th</sup>, Andrew Wheating is rapidly showing that he can hold his own as a pro and ran a PR of 3:30.90 after moving up through the pack on the backstraight of the final lap.

Wheating, who moved to No. 4 on the all-time U.S. list, said, "I didn't expect the transition to be as easy as this. I was a bit fearful because I didn't feel comfortable among the pros when I was running in Beijing two years ago.

"This race felt great apart from the first lap, I've got to admit I didn't feel good as the gun went."

Lopez Lomong also improved his PR to 3:32.20 in 6<sup>th</sup>, strengthening his hold as No. 9 American ever.

There was a big, big PR for Shannon Rowbury over 3000, the '09 WC 1500 bronze medallist running her first outdoor race over this distance since '06.

The Duke grad became the third-fastest American ever after finishing 3<sup>rd</sup> in 8:31.38, a PR by nearly 16 seconds, with Ethiopia's Sentayehu Ejigu the first across the line in an outdoor-world-leading 8:28.41.

In addition to Johnson, Kiplagat and Ejigu, four other best marks for the year were established in Monaco, including Dwight Phillips' 27-9 (8.46) long jump.

The three-time WC gold medalist was jumping eighth and last in the first round

but ended the competition as a contest with his opening effort, eventually winning by 11 inches.



Johnson began her Euro tour with a win in the Gateshead Diamond League race

VICTOR SALERPHOTO RUN

## 2010 Men's World Leaders

¶ = record performance; i = indoors;  
new leaders since last report are in red

### Track Events

100.....	9.82	Asafa Powell (Jamaica)
.....	9.82	Usain Bolt (Jamaica)
200.....	19.56	Bolt
400.....	44.40	Jermaine Gonzales (Jamaica)
800.....	1:41.51	David Rudisha (Kenya)
1500.....	3:29.27	Silas Kiplagat (Kenya)
Mile.....	3:49.56	Asbel Kiprop (Kenya)
3000.....	7:31.68	Yusuf Biwott (Kenya)
St.....	8:00.90	Brimin Kipruto (Kenya)
5000.....	12:51.21	Eliud Kipchoge (Kenya)
10,000.....	26:59.60	Chris Solinsky (US)
110H.....	12.89	David Oliver (US)
400H.....	47.32	Bershawn Jackson (US)

### Road Events

H-Mar.....	58:23 ¶	Zersenay Tadese (Eritrea)
Mar.....	2:04:48	Patrick Makau (Kenya)
20W.....	1:18:24	Alex Schwazer (Italy)
50W.....	3:46:56	Yuki Yamazaki (Japan)

### Relay Events

4 x 100.....	37.90	Racer's Lions TC (Jamaica)
4 x 200.....	1:20.38	Florida (US)
4 x 400.....	2:58.83	US Under-23
4 x 800.....	7:15.38	Virginia (US)
4 x 1500.....	15:26.43	Arkansas (US)
4 x Mile.....	16:15.14	Oregon (US)
SpMed.....	3:16.01	LSU
DisMed.....	9:21.77i	Oregon TC (US)
4 x 110H.....	55.31	Star Athletics

### Field Events

HJ.....	7-9¼ (2.38)	i Ivan Ukhov (Russia)
PV.....	19-8½ (6.01)	i Steve Hooker (Australia)
LJ.....	27-9¼ (8.46)	Dwight Phillips (US)
TJ.....	59-0 (17.98)	Teddy Tamgho (France)
SP.....	73-6¼ (22.41)	Christian Cantwell (US)
DT.....	234-5 (71.45)	Gerd Kanter (Estonia)
HT.....	264-5 (80.59)	Libor Charfreitag (Slovakia)
JT.....	296-6 (90.37)	Andreas Thorkildsen (Norway)
Dec.....	8483	Bryan Clay (US)

Tyson Gay added his name to an illustrious list of 200 winners in the Stade Louis II that includes the likes of Michael Johnson, Frankie Fredericks and Maurice Greene when the Monaco meeting poster boy ran faster than all of them in a meet record of 19.72, equaling the fastest U.S. time of the year.

Gay had a sluggish reaction to the gun but, after 10 meters, he was clearly travelling the quickest and had made up the stagger on the three men outside of him by halfway around the bend.

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However, he tied up badly over the final 40 to allow Jamaica's Yohan Blake to almost run him down.

The 20-year-old training partner of Usain Bolt ended the race with a massive PR of 19.78, an almost unparalleled improvement of almost a second. Running in lane 8, he couldn't see the competition, but had the benefit of the loosest curve.

Wallace Spearmon, in the lane on the outside of Gay, finished 3<sup>rd</sup> in his season's best of 19.93.

Walter Dix made a decision not to face Gay and Blake, pulling out less than 48 hours beforehand because of what the meet director Jean-Pierre Schoebel publicly referred to as "financial differences."

There were also good wins for Carmelita Jeter, who took the 100 in a US-leading 10.82, and Lolo Jones, who sped to a 100 hurdles win in 12.63.

Great things were also expected from American hurdlers David Oliver and Lashinda Demus but it didn't quite work out that way in either case.

However, at least, Oliver had a big grin on his face after his 110 MR of 13.01 despite all the hype surrounding the possibility

he might break Dayron Robles' WR of 12.87 after his 12.89 AR in Paris last week.

"The first two or three hurdles were my worse of the year," lamented Oliver, although he extended his unbeaten year to 10 straight meets.

By contrast, Demus made a mess of the final barrier in the 400 hurdles, while chasing a sub-53 time, and suffered her first defeat of the season in her specialist event, having to settle for 54.54 for 4<sup>th</sup> in a race won by Jamaica's Kaliese Spencer in 53.63.

Jermaine Gonzales ran a PR 44.40 to take the yearly world 400 lead.

## MONACO DIAMOND LEAGUE

Herculis Samsung Diamond League No. 10; Fontvieille, Monaco, July 22—

200(0.1): 1. **Gay (US) 19.72 (=AL) (x, =11 A)**; 2. Blake (Jam) 19.78 PR (12, x W) (old PR 20.60; only fifth time under 21) (lane 8);

3. Spearmon (US) 19.93; 4. Carter (US) 20.14 (fastest time since '07); 5. Crawford (US) 20.53; 6. Waugh (Jam) 20.70; 7. Armstrong (Tri) 20.94; 8. Bailey (US) 21.45.

400: 1. **Gonzales (Jam) 44.40 NR (WL)**; 2. Chambers (Jam) 44.54 PR; 3. Brown (Bah) 45.05;

4. Quow (Tri) 45.10; 5. Betters (US) 45.31; 6. J. Borlée (Bel) 45.46; 7. Neville (US) 45.65; 8. Nixon (US) 46.38.

800 (non-DL): 1. Kaki (Sud) 1:43.10; 2. Lalang (Ken) 1:43.29 PR; 3. Mulaudzi (SA) 1:43.29; 4. Kivuva (Ken) 1:43.72 PR; 5. Kiplagat (Ken) 1:43.77 PR;

6. **Symmonds (US) 1:44.06 (AL)**; 7. Tor-

## 2010 Men's U.S. Leaders

### Track Events

100.....	9.89	Tyson Gay (adidas)
200.....	19.72	Walter Dix (Nike)
.....		Gay
400.....	44.49	Jeremy Wariner (adidas)
800.....	1:44.06	Nick Symmonds (Nike)
1500.....	3:30.90	Wheating
Mile.....	3:51.74	Wheating
3000.....	7:32.49	Bernard Lagat (Nike)
St.....	8:13.29	Dan Huling (Reebok)
5000.....	12:54.12 ¶	Lagat
10,000.....	26:59.60 ¶	Chris Solinsky (Oregon TC)
110H.....	12.89 ¶	David Oliver (Nike)
400H.....	47.32	Bershawn Jackson (Nike)

### Road Events

H-Mar.....	60:39	Mohamed Trafeh (unattached)
Mar.....	2:08:41	Ryan Hall (Asics)
20W.....	1:29:22	John Nunn (US Army)
50W.....	4:23:02	Stephen Quirke (unattached)

### Relay Events

4 x 100.....	38.33	USA Blue Penn
4 x 200.....	1:20.38	Florida
4 x 400.....	2:58.83	National Under-23
4 x 800.....	7:15.38	Virginia
4 x 1500.....	15:26.43	Arkansas
4 x Mile.....	16:15.14	Oregon
SpMed.....	3:16.44	Baylor
DisMed.....	9:21.77i	Oregon TC
4 x 110H.....	56.60+	Clemson

### Field Events

HJ.....	7-8(A) (2.34)	i Jesse Williams (Nike)
(I-alt).....	7-7¼ (2.33)	Dusty Jonas (Nike)
PV.....	19-1 (5.82)	i Jeremy Scott (Nike)
LJ.....	27-9¼ (8.46)	Dwight Phillips (Nike)
TJ.....	56-4½ (17.18)	i Christian Taylor (Florida)
SP.....	73-6¼ (22.41)	Christian Cantwell (Nike)
DT.....	229-4 (69.90)	Jason Young (unattached)
HT.....	253-9 (77.35)	A.J. Kruger (Nike)
JT.....	262-0 (79.86)	Sean Furey (unattached)
Dec.....	8483	Bryan Clay (Nike)

## 2010 Women's World Leaders

### Track Events

100.....	10.78..	Veronica Campbell-Brown (Jamaica)
200.....	21.98.....	Campbell-Brown
400.....	49.64.....	Debbie Dunn (US)
800.....	1:57.34.....	Alysia Johnson (US)
1500.....	3:57.65.....	Anna Alminova (Russia)
Mile.....	4:23.53i.....	Gelete Burka (Ethiopia)
St.....	9:11.71.....	Milcah Chemos (Kenya)
3000.....	8:24.46i.....	Meseret Defar (Ethiopia)
5000.....	14:24.79i.....	Defar
10,000.....	31:04.52.....	Meselech Melkamu (Ethiopia)
100H.....	12.55.....	Lolo Jones (US)
400H.....	52.82.....	Lashinda Demus (US)

### Road Events

H-Mar.....	67:07.....	Elvan Abeylegesse (Turkey)
Mar.....	2:22:00.....	Liliya Shobukhova (Russia)
20W.....	1:26:32.....	Alesya Kiryapkina (Russia)

### Relay Events

4 x 100.....	42.49.....	Texas A&M (US)
4 x 200.....	1:29.42.....	Texas A&M (US)
4 x 400.....	3:23.76.....	Russia
4 x 800.....	8:12.41i.....	Moscow (Russia)
4 x 1500.....	17:14.91.....	Tennessee (US)
SpMed.....	3:35.37.....	Jamaica
DisMed.....	10:54.65.....	Tennessee (US)
4 x 100H.....	52.50.....	Texas A&M

### Field Events

HJ.....	6-9 (2.06)i.....	Blanka Vlašić (Croatia)
PV.....	16-½ (4.89).....	Jenn Suhr (US)
LJ.....	23-¾ (7.13).....	Olga Kucherenko (Russia)
TJ.....	49-6¼ (15.09).....	Yargelis Savigne (Cuba)
SP.....	71-2½ (21.70)i.....	Nadezhda Ostapchuk (Blr)
DT.....	222-4 (67.78).....	Nadine Müller (Germany)
HT.....	256-11 (78.30) ¶.....	Anita Włodarczyk (Poland)
JT.....	226-0 (68.89).....	Mariya Abakumova (Russia)
Hept.....	6735.....	Hyleas Fountain (US)

rence (US) 1:45.14 PR; 8. Ali (Bhr) 1:45.46; 9. Etès (Mon) 1:47.61 NR; 10. Lastennet (Fra) 1:48.44;... rabbit—Robinson (US) (49.40, 1:16.11).

1500: **1. Kiplagat (Ken) 3:29.27 PR (WL) (10, c35 W)**; 2. Laâlou (Mor) 3:29.53 PR (16, x W); 3. Choge (Ken) 3:30.22;

**4. Wheating (US) 3:30.90 PR (AL) (4, 6 A)**; 5. Gregson (Aus) 3:31.06 NR (age 20); 6. Lomong (US) 3:32.20 PR; 7. Lagat (US) 3:32.51; 8. Makhloufi (Alg) 3:32.94 PR;

9. Kemboi (Ken) 3:33.76; 10. Komen (Ken) 3:34.84; 11. Iguider (Mor) 3:37.80; 12. Ndiwa (Ken) 3:38.30; 13. Manzano (US) 3:42.93; ... rabbits—Krummenacker (US) (53.81), Cheboi (Ken) (1:51.15, 2:47.18).

110H(1.0): 1. Oliver (US) 13.01; 2. Wilson (US) 13.13; 3. Thomas (Jam) 13.29; 4. Svoboda (CzR) 13.30; 5. Richardson (US) 13.34; 6. Darien (Fra) 13.41; 7. Brown (US) 13.54;... dnf—Bascou (Fra).

400H(non-DL): 1. Jackson (US) 47.78; 2. Taylor (US) 47.79; 3. Gaymon (US) 48.65; 4. Dutch (US) 48.73; 5. Sánchez (DR) 49.39; 6. LJ van Zyl (SA) 49.58; 7. Kechi (Fra) 49.73; 8. Phillips (Jam) 49.96.

### Field Events

HJ: 1. Ukhov (Rus) 7-8 (2.34) (7-½, 7-2¼, 7-3¼, 7-4½ [2], 7-5¾, 7-7, 7-8, 7-8¾[xxx]) (2.15, 2.19, 2.22, 2.25 [2], 2.28, 2.31, 2.34, 2.36 [xxx]);

2. Silnov (Rus) 7-5¾ (2.28); 3. Williams (US) 7-5¾; 4. Rybakov (Rus) 7-5¾; 5. Jonas (US) 7-4½ (2.25); 6. Spank (Ger) 7-4½;

7. Hanany (Fra) 7-4½; 8. Bednarek (Pol) 7-3¼ (2.22); 9. Thomas (Bah) 7-3¼; 10. Moffatt (US) 7-2¼ (2.19).

LJ: **1. Phillips (US) 27-9¼ (8.46) (WL, AL) (27-9¼, f, p, 27-3¼, f, f) (8.46, f, p, 8.31, f, f)**;

2. Lapierre (Aus) 26-10 (8.18) (23-8¾, f, 24-11¾, 25-8¾, 26-2¼, 26-10) (7.23, f, 7.61, 7.84, 7.98, 8.18);

3. Shalin (Rus) 26-9 (8.15); 4. Gomis (Fra) 26-7¼ (8.11); 5. Saladino (Pan) 26-6½ (8.09); 6. Tornéus (Swe) 26-1½ (7.96);

7. Evilä (Fin) 26-¾ (7.94); 8. Sdiri (Fra) 21-½ (6.41).

DT: 1. Kanter (Est) 222-5 (67.81) (217-2, 222-5, f,

219-8, f, 217-2) (66.20, 67.81, f, 66.97, f, 66.20);

2. Kóvágó (Hun) 219-5 (66.89) (f, 208-10, 219-5, 213-2, 214-7, 217-8) (f, 63.67, 66.89, 64.97, 65.42, 66.35);

3. Malachowski (Pol) 218-0 (66.45) (217-1, 211-6, 216-3, 212-5, 214-10, 218-0) (66.17, 64.46, 65.92, 64.74, 65.49, 66.45);

4. Alekna (Lit) 214-1 (65.26); 5. Malone (US) 213-8 (65.13); 6. Israel (Est) 213-3 (65.01);

7. Pestano (Spa) 213-2 (64.98); 8. Hadadi (IRI) 208-3 (63.49); 9. Rome (US) 203-1 (61.91).

## MONACO DL WOMEN

100(0.4): **1. Jeter (US) 10.82 (AL)**; 2. Campbell-Brown (Jam) 10.98; 3. Baptiste (Tri) 11.03; 4. Simpson (Jam) 11.03;

5. Okagbare (Ngr) 11.10; 6. Solomon (US) 11.14; 7. Ferguson McKenzie (Bah) 11.22; 8. Russell (Jam) 11.22.

800: **1. Johnson (US) 1:57.34 PR (WL, AL) (5, 10 A)**; 2. Simpson (GB) 1:58.74 PR; 3. Pierce (US) 1:58.89; 4. Hachlaf (Mor) 1:59.04; 5. Cusma Piccione (Ita) 1:59.13;

6. Wright (US) 1:59.21; 7. Balciünaitė (Lit) 1:59.29 PR; 8. Sinclair (Jam) 1:59.76; 9. Déhiba (Fra) 1:59.99;

10. Bernard-Thomas (Grn) 2:00.95; 11. Vessey (US) 2:01.85;... rabbit—Kostetskaya (Rus) (56.09, 1:27.33).

3000: 1. Ejigu (Eth) 8:28.41 PR; 2. Jamal (Bhr) 8:29.20; **3. Rowbury (US) 8:31.38 PR (AL) (3, 5 A) (PR by 15.80)**; 4. Belete (Bhr) 8:32.18 PR; 5. Kibet (Ken) 8:37.48 PR;

6. Muriuki (Ken) 8:37.97 PR; 7. Oljira (Eth) 8:40.73 PR; 8. Kibiwot (Ken) 8:45.28; 9. Mrisho (Tan) 8:46.57; 10. Fleshman (US) 8:46.97 (fastest since '07);

## 2010 Women's U.S. Leaders

### Track Events

**100..... 10.82..... Carmelita Jeter (Nike)**

**200..... 22.03..... Allyson Felix (Nike)**

**400..... 49.64..... Debbie Dunn (Nike)**

**800..... 1:57.34..... Alysia Johnson (Nike)**

**1500..... 3:59.59..... Christin Wurth-Thomas (Nike)**

**Mile..... 4:28.92i..... Erin Donohue (Nike)**

**St..... 9:32.35..... Bridget Franek (Penn St)**

**3000..... 8:47.18i..... Shannon Rowbury (Nike)**

**5000..... 14:49.08..... Shalane Flanagan (Nike)**

**10,000..... 31:18.07..... Lisa Koll (Iowa St)**

**100H..... 12.55..... Lolo Jones (Asics)**

**400H..... 52.82..... Lashinda Demus (Nike)**

### Road Events

**H-Mar..... 69:41..... Shalane Flanagan (Nike)**

**Mar..... 2:26:22..... Magdalena Lewy Boulet (Saucony)**

**20W..... 1:39:47..... Maria Michta (Walk USA)**

### Relay Events

**4 x 100..... 42.49..... Texas A&M**

**4 x 200..... 1:29.42..... Texas A&M**

**4 x 400..... 3:26.12..... USA Blue Penn**

**4 x 800..... 8:18.22..... Tennessee**

**4 x 1500..... 17:14.91..... Tennessee**

**SpMed..... 3:38.53..... USA Blue Penn**

**DisMed..... 10:54.65..... Tennessee**

**4 x 100H..... 54.27..... Virginia Tech**

### Field Events

**HJ..... 6-8¾ (2.05) ¶..... Chaunté Lowe (Nike)**

**PV..... 16-½ (4.89)..... Jenn Suhr (adidas)**

**LJ..... 22-9¼ (6.94)..... Brittney Reese (Nike)**

**TJ..... 47-¼ (14.33)..... Erica McLain (Nike)**

**SP..... 63-5½ (19.34)i..... Jill Camarena-Williams (NYAC)**

**DT..... 211-8 (64.53)..... Becky Breisch (unattached)**

**HT..... 236-0 (71.94)..... Amber Campbell (Nike)**

**JT..... 218-8 (66.67) ¶..... Kara Patterson (Asics)**

**Hept..... 6735..... Hyleas Fountain (Nike)**



11. Papp (Hun) 8:48.25; 12. Popkova (Rus) 8:50.80; 13. Kalmer (SA) 8:52.28; 14. Chenonge (Ken) 8:54.70;... rabbits—Donohue (US) (2:51.43), Plis (Pol) (5:41.55).

100H(0.0; non-DL): 1. Jones (US) 12.63; 2. Carruthers (US) 12.68; 3. Pearson (Aus) 12.76; 4. Felicien (Can) 12.79; 5. Crawford (US) 12.88; 6. Wells (US) 12.90; 7. Vukicevic (Nor) 12.98; 8. Ennis-London (Jam) 13.08.

400H: 1. Spencer (Jam) 53.63; 2. Antyukh (Rus) 54.24; 3. Tosta (US) 54.52; 4. Demus (US) 54.54;

5. Odumosu (Ngr) 54.68 NR; 6. Isakova (Rus) 55.17; 7. Lucas (Tri) 55.92; 8. Darden (US) 56.79.

#### Field Events

PV: 1. Murer (Bra) 15-9 (4.80) (14-9, 15-1, 15-5, 15-7 [p], 15-9 [3], 15-11 [p], 16-¾ [xxx]) (4.50, 4.60, 4.70, 4.75 [p], 4.80 [3], 4.85 [p], 4.90 [xxx]);

2. Feofanova (Rus) 15-5 (4.70); 3. Janson (US) 15-1 (4.60); 4. Spiegelburg (Ger) 15-1; 5. Golubchikova (Rus) 15-1;

6. Ptácníková (CzR) 15-1; 7. Rogowska (Pol) 15-1; 8. Schwartz (Isr) 14-9 (4.50); 9. Kiryashova (Rus) 14-5¼ (4.40).

TJ: 1. **Savigne (Cub) 49-6¼ (15.09) (WL) (48-11¼, 49-6¼, f, f, 48-11, f) (14.93, 15.09, f, f, 14.91, f);**

2. Rypakova (Kaz) 48-6 (14.78) (f, 48-1¼, 48-6, f, 46-3½, p) (f, 14.67, 14.78, f, 14.11, p); 3. Pyatykh (Rus) 47-4¼ (14.43); 4. Veld'áková (Svk) 46-8¼ (14.23); 5. Dacheva (Bul) 46-6¼ (14.18); 6. Rodić (Slo) 46-5½ (14.16); 7. Kayukova (Rus) 45-5¼ (13.85); 8. McLain (US) 45-2½ (13.78).

SP: 1. Ostapchuk (Blr) 66-4½ (20.23) (64-7¾, f, 66-4½, f, 65-8¼, 65-7½) (19.70, f, 20.23, f, 20.02, 20.00);

2. Vili (NZ) 66-3¼ (20.20) (66-3¼, 64-6½, f, f, f, f) (20.20, 19.67, f, f, f, f);

3. Mikhnevich (Blr) 63-9 (19.43); 4. González (Cub) 62-6¾ (19.07); 5. Carter (US) 61-4¼ (18.70); 6. Camarena-Williams (US) 61-¼ (18.60); 7. Schwanitz (Ger) 59-¾ (18.00).

JT: 1. Špotáková (CzR) 215-9 (65.76) (208-9, 215-9, p, p, p, p) (63.64, 65.76, p, p, p, p);

2. **Patterson (US) 210-8 (64.21) (x, 3 A) (183-9, 186-1, 192-4, 204-8 [x, 9 A], 210-8, f) (56.00, 56.72, 58.62, 62.39, 64.21, f);**

3. Viljoen (SA) 196-7 (59.93); 4. Palameika (Lat) 195-8 (59.64); 5. Hjalmsdóttir (Ice) 195-4 (59.55); 6. Rittweg (Ger) 187-7 (57.18); 7. Yurkovich (US) 183-6 (55.95); 8. Pauer (Aut) 181-6 (55.33).

## — More Euro Circuit —

### MINSK

Minsk, Belarus, July 14—  
SP: 1. Mikhnevich (Blr) 72-5¾ (22.09) NR.

HT: 1. Sviatokha (Blr) 253-6 (77.26).

Women:

HT: 1. Tsander (Blr) 235-1 (71.66).

### KARLSTAD

Karlstad, Sweden, July 15—  
100(1.8): 1. Dzingai (Zim) 10.38.  
200(1.7): 1. Dzingai (Zim) 20.68; 2. Guliyev (Aze) 20.77; 3. Wissman (Swe) 20.97; 4. Smith (US) 21.17; 5. Edward (Pan) 26.84.  
400: 1. Bent (Jam) 46.79.

800: 1. Mohammed (GB) 1:46.92 PR.  
1500: 1. Torrence (US) 3:37.73; 2. Ndiwa (Ken) 3:38.39; 3. Setone (SA) 3:39.07; 4. Milne (Can) 3:39.23;

5. Brown (US) 3:39.25; 6. Bolas (US) 3:39.26; 7. Jesien (US) 3:39.68 PR; 8. Chesser (Ire) 3:40.08 PR; 9. Miller (US) 3:40.16.

St: 1. Yego (Ken) 8:25.83; 2. Bruce (US) 8:26.13.

110H(2.1): 1. Porter (US) 13.64w; 2. Nossmy (Swe) 13.67w; 3. Fourie (SA) 13.80w; 4. Jennings (Can) 13.81w; 5. Moses (Jpn) 13.89w; 6. Thomas (US) 14.12w;... dnf—Bogdanof (US).

#### Field Events

HJ: 1. Williams (US) 7-5¾ (2.28); 2. Thörnblad (Swe) 7-4½ (2.25); 3. Nieto (US) 7-2¼ (2.19); 4. Alkhatib (Swe) 7-½ (2.15); 4. Thomas (Bah) 7-½; 6. Talotti (Ita) 7-½;... nh—Moffatt (US).

LJ: 1. Beckford (Jam) 25-3¼ (7.70); 2. Hicks (US) 25-¾ (7.64).

SP: 1. Winger (US) 64-3¼ (19.59);... nm—Taylor (US).

JT: 1. Wallin (Swe) 256-11 (78.31).

### KARLSTAD WOMEN

100(1.8): 1. Russel (Jam) 11.35; 2. Osayomi (Ngr) 11.40; 3. Bailey (Jam) 11.50.

400: 1. McPherson (Jam) 52.26; 2. Hargrove (US) 52.65; 3. Robinson (US) 53.38.

800: 1. Schönbeck (Swe) 2:03.23 PR; 2. Januszewski (US) 2:03.65; 3. Bowman (US) 2:04.90.

St: 1. Bedada (Eth) 9:46.56.

100H(2.1): 1. Vukicevic (Nor) 12.99w; 2. Dixon (Jam) 13.02w; 3. Barber (Tri) 13.10w;... dnf—Denby (US).

400H: 1. Zunda (Lat) 56.75; 2. Dorr (US) 57.59; 3. Grossarth (US) 57.70; 4. Tomb (Nor) 57.87 PR; 5. Hill (US) 58.36.

#### Field Events

PV: 1. Holm (Den) 13-6¼ (4.12).

LJ: 1. Madison (US) 21-1½ (6.44); 2. Veld'áková (Svk) 21-0 (6.40); 3. Klüft (Swe) 20-9¾ (6.34).

DT: 1. Söderberg (Swe) 192-7 (58.71).

### LAPPEENRANTA

Lappeenranta, Finland, July 15—  
100(-1.3): 1. Mullings (Jam) 10.16.  
800: 1. Yokota (Jpn) 1:46.82.  
1500: 1. Menjo (Ken) 3:38.40 PR;... 5. See (US) 3:49.57.

3000: 1. Kipsang (Ken) 7:59.57.

110H(1.6): 1. Sonck (Fin) 13.77.

400H: 1. Fredericks (SA) 48.99 PR.

#### Field Events

PV: 1. Niedermeyer (US) 18-2½ (5.55);... nh—Wilson (US).

LJ: 1. Evilä (Fin) 26-10½w (8.19); 2. Jensen (Den) 26-9¼ (8.16).

DT: 1. Kyyrö (Fin) 204-10 (62.43); 2. Kruger (Fin) 203-6 (62.02).

JT: 1. Ruuskanen (Fin) 266-0 (81.08); 2. Haatainen (Fin) 253-9 (77.34).

### LAPPEENRANTA WOMEN

100(1.1): 1. Atkins (US) 11.33; 2. Ferguson McKenzie (Bah) 11.360.

200(-3.1): 1. Ferguson McKenzie 23.28; 2. Atkins (US) 23.32.

800: 1-1. Semanya (SA) 2:04.22. II-1. Picchetti (US) 2:07.04 PR.

St: 1. Hayakari (Jpn) 9:52.10.

400H: 1. Lucas (Tri) 56.42; 2. Wallace (US) 56.54; 3. Brown (US) 57.42.

HJ: 1. Spencer (StL) 6-4 (1.93); 2. Mullen (US) 6-¾ (1.85).

TJ: 1. Charles (Can) 45-1 (13.74); 2. Leibak (Est) 44-1¼w (13.44).

### VELLETRI

Velletri, Italy, July 17—  
100(0.2): 1. Samuels (US) 10.19; 2. Waugh (Jam) 10.28; 3. Christian (Ant) 10.43.

800: 1. Kinyor (Ken) 1:46.18.

3000: 1. Ali Thamer (Qat) 7:52.77; 2. Saïdi-Sief (Alg) 7:58.90.

110H(-0.8): 1. Thornton (US) 13.70; 2. Thomas (US) 13.96.

PV: 1. D'Orto (Ita) 17-4½ (5.30).

LJ: 1. Howe (Ita) 26-0 (7.92);... 3. Gregório (Bra) 24-11¼ (7.61).

### VELLETRI WOMEN

200(1.3): 1. Woods (US) 22.96; 2. McCorory (US) 22.98; 3. Williams-Mills (Jam) 23.25 PR; 4. Ch. Williams (US) 23.55; 5. C. Williams (Jam) 24.73.

800: 1. Wright (US) 2:01.70; 2. Leszczynska (Pol) 2:04.88; 3. Hagans (US) 2:06.25.

3000: 1. Ghizlane (Mor) 9:13.28 PR; 2. Bush (US) 9:15.71 PR; 3. Blood (US) 9:16.72 PR; 4. Follett (US) 9:19.58 PR;... 7. Houlihan (US) 9:28.95 PR.

100H(-1.1): 1. Bliss (Jam) 13.25.

TJ: 1. Semyonova (Rus) 45-1 (13.74); 2. Martinez (Ita) 44-½ (13.42).

## LAPINLAHTI

Lapinlahti, Finland, July 18—  
100(1.7): 1. Mullings (Jam) 10.14.  
200(2.8): 1. Mullings 20.21w; 2. Åstrand (Fin) 20.69w; 3. Nixon (US) 20.86w;... 5. McDaniel (US) 21.22w.  
800: 1. Mumba (Zam) 1:48.20.  
1500: 1. Leer (US) 3:42.42; 2. Brown (US) 3:42.85;... 5. See (US) 3:43.37.  
5000: 1. Menjo (Ken) 13:06.28.  
110H(3.1): 1. Sonck (Fin) 13.74w.  
4 x 100: 1. Finland 39.72.

### Field Events

PV: 1. Rantanen (Fin) 17-10½ (5.45); 2. Salomäki (Fin) 17-6½ (5.35); 3. Kivioja (Fin) 17-6½; 4. Niedermeyer (US) 17-¾ (5.20);... nh—Poljanec (Slo), Wilson (US).  
LJ: 1. Tornéus (Swe) 26-11¼w (8.21).  
SP: 1. Prakash Singh (Ind) 62-8¾ (19.12).  
JT: 1. Järvenpää (Fin) 274-11 (83.81); 2. Haatainen (Fin) 266-7 (81.26); 3. Ruuskanen (Fin) 260-4 (79.37).

## LAPINLAHTI WOMEN

100(1.6): 1. Atkins (US) 11.32 PR; 2. Ferguson McKenzie (Bah) 11.36.  
800: 1. Semenya (SA) 2:02.41.  
1500: 1. M. Infeld (US) 4:10.57 PR; 2. Maloy (US) 4:11.20; 3. Gudkova (Rus) 4:14.98; 4. Yekymenko (Ukr) 4:15.05; 5. Yoshikawa (Jpn) 4:15.31; 6. Picchetti (US) 4:15.73.  
400H: 1. Lucas (Tri) 56.36; 2. Wallace (US) 57.31; 3. Ranta (Fin) 57.79; 4. Tomb (Nor) 58.07; 5. Brown (US) 58.32.  
HJ: 1. Spencer (StL) 6-4 (1.93); 2. Mullen (US) 6-2¼ (1.89).  
LJ: 1. Charles (Can) 21-3½w (6.49); 2. Voykina (Rus) 21-3¼ (6.48).

## LIGNANO

Lignano, Italy, July 18—  
100(-0.6): 1. Carter (Jam) 10.10; 2. Bailey (US) 10.15; 3. Spearmon (US) 10.23; 4. Roach (Jam) 10.37; 5. Burns (Tri) 10.43.  
400: I-1. Torrance (US) 45.85; 2. Hurtault (Dom) 46.02; 3. Sanford (US) 46.53; 4. Je. Davis (US) 46.90.  
II-1. Pistorius (SA) 46.03 PR; 2. Nyongani (Zim) 46.80; 3. Boase (US) 46.80.  
800: 1. Seck (Sen) 1:45.81 PR; 2. Torrence (US) 1:45.97 PR; 3. Hernandez (US) 1:46.51; 4. Chamney (Ire) 1:46.58; 5. McCarthy (Ire) 1:46.82 PR; 6. Heath (US) 1:47.26 PR.  
110H(1.2): 1. Yarbrough (US) 13.56; 2. Craddock (US) 13.71; 3. Thornton (US) 13.84.  
400H: 1. Gaymon (US) 49.22; 2. Tinsley (US) 49.33; 3. Bennett (US) 50.67.

### Field Events

HJ: 1. Nieto (US) 7-3 (2.21); 2. Talotti (Ita) 7-1¾ (2.18); 3. Jonas (US) 7-½ (2.15).  
LJ: 1. Quinley (US) 25-10¼ (7.88);... 5. Bell (US) 24-1¾ (7.36).  
DT: 1. Faloci (Ita) 193-11 (59.12).

## LIGNANO WOMEN

100(0.7): 1. Russel (Jam) 11.22; 2. Myers (US) 11.22; 3. Pierre (US) 11.40; 4. L. Williams (US) 11.62.  
200(-0.1): 1. Okagbare (Ngr) 22.71 PR; 2. McPherson (Jam) 23.21; 3. McLaughlin (Jam) 23.37; 4. Knight (US) 23.70; 5. Cox (US) 23.76; 6. Hargrove (US) 23.80.  
800: I-1. **Johnson (US) 1:57.85 PR (AL) (7, x A)**; 2. Vessey (US) 1:59.00; 3. Uceny (US) 1:59.29 PR;  
4. Beckwith (US) 1:59.83 PR; 5. Pierce (US) 2:00.79; 6. Dahl (US) 2:02.14; 7. Moser (US) 2:03.29.  
II-1. Donohue (US) 2:01.26; 2. Dorniden (US) 2:01.78; 3. Santiusti (Cub) 2:02.20; 4. Reina (Ita) 2:02.51; 5. Gall (US) 2:03.31.  
100H(0.7): 1. Ofili (US) 12.85; 2. Dixon (Jam) 12.92; 3. O'Rourke (Ire) 12.96; 4. Wilson (Jam) 13.17; 5. Denby (US) 13.19.

### Field Events

HJ: 1. Trost (Ita) 6-1¼ (1.86).  
PV: 1. Capotorto (Ita) 13-1½ (4.00).  
LJ: 1. Jimoh (US) 21-7¼ (6.58); 2. Okagbare (Ngr) 21-5¼ (6.53); 3. Kafourou (Gre) 20-4¼ (6.20).  
DT: 1. Begić (Cro) 189-10 (57.87).

## TANGIER

Tangier, Morocco, July 18—  
100(-1.8): 1. Forsythe (Jam) 10.18; 2. Dixon (US) 10.24; 3. Padgett (US) 10.41; 4. Ouhadi (Mor) 10.44; 5. Edwards (US) 10.53; 6. Smith (US) 10.78.  
200(-5.6): 1. Forsythe 20.94; 2. Carter (US) 21.16; 3. Smith 21.55; 4. Quow (Tri) 21.69.  
800: 1. Lalang (Ken) 1:44.92; 2. Manzano (US) 1:45.17 PR; 3. Laálou (Mor) 1:45.19; 4. A. Kiplagat (Ken) 1:45.70 PR; 5. El Amine (Mor) 1:45.91 PR; 6. Mulder (US) 1:46.32 PR; 7. Kombich (Ken) 1:46.33.  
1500: 1. Lagat (US) 3:36.89; 2. van Deventer (SA) 3:37.04; 3. Benschir (Mor) 3:37.33; 4. Baba (Mor) 3:37.96; 5. Acosta (US) 3:38.35;  
6. Moustauoui (Mor) 3:39.21; 7. Birgen (Ken) 3:40.07; 8. Emanuel (GB) 3:40.79; 9. Boulahfane (Alg) 3:41.16; 10. Y. Biwott (Ken) 3:42.69.  
3000: 1. Selmouni (Mor) 7:39.01 PR; 2. Limo (Ken) 7:39.23; 3. Abshero (Eth) 7:40.08 PR; 4. Chesari (Ken) 7:42.47; 5. Kogo (Ken) 7:43.28; 6. Bellani (Mor) 7:45.80;... 11. Pifer (US) 8:06.87.  
110H(-0.5): 1. Wilson (US) 13.48; 2. Richardson (US) 13.49; 3. Brown (US) 13.58; 4. Akins (US) 13.69; 5. Fontenot (US) 13.80; 6. Porter (US) 13.82.

### Field Events

LJ: 1. Al-Sabee (Sau) 26-5½w (8.06); 2. Douiri (Mor) 25-½ (7.63); 3. Hicks (US) 25-0w (7.62).  
SP: 1. Cantwell (US) 70-3¾ (21.43); 2. Hoffa (US) 68-4¼ (20.83); 3. Taylor (US) 67-3½ (20.51); 4. Borodkin (Ukr) 64-5¾

(19.65); 5. Winger (US) 63-11½ (19.49).

## TANGIER WOMEN

100(-2.1): 1. Jeter (US) 11.04; 2. Simpson (Jam) 11.23; 3. Madison (US) 11.33; 4. L. Barber (US) 11.45; 5. Calvert (Jam) 11.59; 6. Asumnu (US) 11.64.  
200(-5.7): 1. Whyte (Jam) 22.97; 2. Mothersill (Cay) 23.09; 3. Calvert 23.59; 4. Glenn (US) 24.67.  
800: 1. Sinclair (Jam) 2:01.57; 2. Hachlaf (Mor) 2:01.64; 3. Maracheva (Rus) 2:02.34; 4. Marguet (Fra) 2:02.70; 5. Akkaoui (Mor) 2:03.06; 6. Thomas (US) 2:03.74.  
1500: 1. Mishchenko (Ukr) 4:11.10; 2. Lakhoud (Mor) 4:11.42; 3. Tabssart (Mor) 4:12.03;... 6. Mortimer (US) 4:15.00.  
400H: 1. Yaroshchuk (Ukr) 56.70; 2. El Habz (Mor) 56.92; 3. Lambarki (Mor) 57.06; 4. Petersen (Den) 57.67; 5. Grossarth (US) 57.94; 6. Dorr (US) 59.08.

### Field Events

PV: 1. Janson (US) 14-9 (4.50); 2. Kiria-kopoulou (Gre) 14-3¼ (4.35).  
LJ: 1. Glenn 21-2½ (6.46); 2. Sokolova (Rus) 21-0 (6.40); 3. Stadnyuk (Ukr) 20-9 (6.32);... 6. Madison (US) 19-9½ (6.03).  
DT: 1. Barrios (Cub) 206-6 (62.95); 2. Thurmond (US) 194-5 (59.26).

## DUBLIN

Dublin, Ireland, July 21—  
800: 1. McIlroy (GB) 1:48.83.  
Mile: 1. Leer (US) 3:56.81; 2. Bolas (US) 3:58.41 PR; 3. Brown (US) 3:58.48; 4. Miller (US) 3:59.19 PR; 5. Bumbalough (US) 3:59.46;  
6. McCarthy (Ire) 3:59.79 PR; 7. Boylan-Pett (US) 3:59.86 PR; 8. Benninger (Can) 4:00.71; 9. Alcorn (US) 4:00.80 PR;... 14. Brosnan (US) 4:04.83.  
Women:  
800: 1. Corrigan (Aus) 2:06.29.  
3000: 1. McCambridge (Ire) 9:36.69.

## JOCKGRIM VAULTS

Jockgrim, Germany, July 21—  
PV: 1. Miles (US) 19-¾ (5.81); 2. Scott (US) 18-8¾ (5.71); 3. Michalski (Pol) 18-8¾; 4. Lanaro (Mex) 18-1 (5.51);  
5. Lobinger (Ger) 17-9 (5.41); 6. Lewis (GB) 17-9; 7. Ryan (US) 17-9; 8. Dilla (Ger) 17-5 (5.31); 9. Straub (Ger) 17-5;... nh—Colwick (US).

## JOCKGRIM WOMEN

PV: 1. tie, Schwartz (Isr) & Holliday (US) 14-11; 3. Dennison (GB) 14-11; 4. Hütter (Ger) 14-5¼ (4.40);... nh—L. Parnov (Aus), V. Parnov (Aus).

in next week's *eTrack Newsletter*  
World Junior Championships