

### — Foot Locker Prep Cross Country —

San Diego, California, December 12—

#### **BOYS TEAMS**

1. West 31 (1:17:29.94); 2. South 42 (1:17:52.10); 3. Midwest 49 (1:17:40.00);

15:31.9;

7. Tyler Byrne (Georgetown, IN) 15:33.1; 8. Kirubel Erassa (Grayson, GA) 15:34.2; 9. Shane Moskowicz (Bremerton, WA) 15:34.5; 10. Matthew Mizereck (Tallahassee, FL)

19. Quinn Raseman (East Setauket, NY) 15:44.8; 20. \*Blake Williams (Durham, NC) 15:44.9; 21. Brad Miles (Hatfield, PA) 15:45.6;

22. Walter Schafer (Centennial, CO)

15:45.8; 23. Brian Atkinson (Melbourne Beach, FL) 15:46.3; 24. Rad Gunzenhauser (Pittsburgh, PA) 15:47.3;

25. \*Anderson Barclay (Fair Oaks Ranch, TX) 15:47.8; 26. Danny Nicolls (Parker, CO) 15:48.2; 27. Chris Bendtsen (Wolcott, CT) 15:49.5; 28. Ryan Poland (Westminster, CO) 15:50.9;

29. Conner Peloquin (Gig Harbor, WA) 15:51.9; 30. Cody Helbling (Coeur d'Alene, ID) 15:52.0; 31. \*Ryan Gil (Pittsburgh, PA) 15:52.5;

32. Kurt Ruegg (Yountville, CA) 15:58.2; 33. Pablo Rosales (San Pedro, CA) 16:06.0; 34. \*Billy Orman (Tuba City, AZ) 16:07.0; 35. John Raneri (New Fairfield, CT) 16:09.9;

36. \*John Murray (Shrewsbury, MA) 16:14.5; 37. Cory Puffett (Upper Marlboro, MD) 16:16.7;

38. Colby Alexander (Strongsville, OH) 16:19.0; 39. Nathan Karr (Ann Arbor, MI)

16:34.2; 40. Colin Barker (Atlantic Beach, FL) 16:57.4.

#### Soph sensation Verzbicas ran away with the Foot Locker race



VICTOR SALES/PHOTO RUN

4. Northeast 94 (1:18:41.50).

#### **BOYS INDIVIDUALS**

5K: 1. \*\*Lukas Verzbicas (Orland Hills, IL) 15:07.8; 2. Matthew McElroy (Huntington Beach, CA) 15:22.6; 3. Wade Meddles (Gardnerville, NV) 15:24.0;

4. \*Craig Lutz (Highland Village, TX) 15:29.6; 5. Brian Shrader (Flagstaff, AZ) 15:30.9; 6. Jake Hurysz (Mebane, NC)

15:36.8;

11. \*Chris Walden (Carmel, IN) 15:37.7; 11. Steve Magnuson (Oro Valley, AZ) 15:37.7; 13. Martin Grady (Burr Ridge, IL) 15:38.0; 14. Brandon Lord (Hixson, TN) 15:39.6;

15. Dave Oster (Verona, NJ) 15:41.5; 16. Tyler Udland (Short Hills, NJ) 15:42.3; 17. Scott Fauble (Golden, CO) 15:43.4; 18. Kevin Dowd (Fairfax, VA) 15:43.6;

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**Goethals (I) just held off Sveinsson at the line**

VISION SOURCE PHOTO BY

- 31. \*Alaina Alvarez (Dana Point, CA) 18:28.7;
- 32. \*\*Lauren Mullins (Binghamton, NY) 18:29.2; 32. Lauren Sara (Stratford, CT) 18:29.2; 34. \*Erika Fluehr (Naples, FL) 18:34.1;
- 35. Sara Kroll (Westland, MI) 18:35.2; 36. Meg Ryan (Fairfield, CT) 18:38.9; 37. \*\*Emily Durgin (Standish, ME) 18:40.6;
- 38. Paige Kwartunas (Springfield, VA) 18:57.6; 39. Shelby Hayes (Orlando, FL) 19:10.5; 40. Jacque Taylor (Petaluma, CA) 19:18.0.

**— More Cross Country —**

**USATF CLUB CHAMPS**

Lexington, Kentucky, December 12—

Teams: 1. Zap Fitness 60; 2. Boulder Running Company/adidas 92; 3. International City RTC 96; 4. Asics Aggies 137;

5. Transports adidas 160; 6. Club Northwest 176; 7. Big River Running Company 250; 8. Playmakers Racing 271; 9. New York AC 274; 10. Boston Athletic Association 335.

Individuals (10K): 1. Jankowski (Zap) 29:18; 2. Simpson (NYAC) 29:27; 3. Nightingale (Zap) 29:40; 4. Grabow (IntCity) 29:57;

5. Serrano (IntCity) 30:01; 6. Armijo (DukesTC) 30:03; 7. Meyer (BAA) 30:04; 8. Michel (BouRC) 30:05; 9. Bak (BRiver) 30:05;

10. Kloos (adiTrans) 30:10; 11. Hefferon (KCSm) 30:12; 12. Morgan (Zap) 30:14; 13. Baker (IntCity) 30:15; 14. Lutz 30:16;

15. Freeman (AsicsA) 30:22; 16. Peck (Zap) 30:28; 17. Sayenko (CNW) 30:30;

18. Mandi (CNW) 30:31; 19. Reid (AsicsA) 30:33; 20. Mellea (BMawrRC) 30:33; 21. Reyes (AsicsA) 30:35; 40. Polk (Zap) 31:07.

**CLUB CROSS WOMEN**

Teams: 1. Boulder Running Company/adidas 79; 2. McMillan Elite 94; 3. Asics Aggies 109; 4. New York AC 133; 5. Run Ohio Racing Team 145;

6. New Balance Boston 182; 7. Boston Athletic Association 220; 8. Club Northwest 224; 9. Central Park TC 326; 10. Bowerman AC 345.

Individuals (6K): 1. Burla (Riadha) 20:23; 2. Conley (AsicsA) 20:36; 3. McKaig (Zap) 20:38; 4. Donovan (NBalB) 20:39; 5. Feest (BouRC) 20:40;

6. Somers Smith (AsicsA) 20:41; 7. Booth (PeninDC) 20:56; 8. Wetzel (CNW) 20:56; 9. Harrison (McME) 21:01; 10. Mullen (NYAC) 21:05; 11. Blaesser (CNW) 21:05;

**FOOT LOCKER GIRLS TEAMS**

1. Midwest 27 (1:27:24.11); 2. South 44 (1:28:14.00); 3. West 71 (1:29:49.00); 4. Northeast 72 (1:29:24.40).

**GIRLS INDIVIDUALS**

5K: 1. Megan Goethals (Rochester, MI) 17:06.9; 2. \*Chelsey Sveinsson (Dallas, TX) 17:07.1; 3. Emily Sisson (Chesterfield, MO) 17:18.8;

4. \*Aisling Cuffe (Cornwall-Hudson, NY) 17:21.4; 5. \*\*Megan Ferowich (Caryville, TN) 17:31.0; 6. \*Kelsey Lakowske (Boulder, CO) 17:32.6;

7. Chelsea Ley (Clarksboro, NJ) 17:37.2; 8. Katie Flood (Des Moines, IA) 17:42.0; 9. Ashlie Decker (Des Moines, IA) 17:43.8; 10. \*\*\*Wesley Frazier (Raleigh, NC) 17:44.2;

11. \*Rachel Johnson (Plano, TX) 17:51.0; 12. \*Molly Grabill (Poway, CA) 17:52.2; 13. Jessica Tonn (Paradise Valley, AZ) 17:57.1;

14. Liberty Miller (West Hills, CA) 17:58.1; 15. \*\*\*Karlie Garcia (Roseville, CA) 17:59.7; 16. Amanda Russell (Cedar Park, TX) 18:00.7; 17. Megan Morgan (Del Mar, CA) 18:01.9;

18. Marielle Hall (Mt. Laurel, NJ) 18:05.8; 19. Diane Robison (Chesterfield, MO) 18:07.5; 20. \*\*\*Grace Tinkey (Macon, GA) 18:08.0;

21. \*\*\*Sara Sargent (Yardley, PA) 18:09.4; 22. \*\*Abbey Leonardi (Kennebunkport, ME) 18:10.6; 23. \*\*Maddie Meyers (Seattle, WA) 18:11.6;

24. Avery Clifton (Topeka, KS) 18:12.0; 25. \*Julie Nacouzi (Santa Rosa, CA) 18:15.0; 26. Theresa Devine (San Rafael, CA) 18:17.2; 27. \*Colleen Schmidt (Point Lookout, NY) 18:17.9;

28. \*Kathryn Fluehr (Naples, FL) 18:18.6; 29. Marya Haegler (Cascade, WI) 18:24.4; 30. \*Shannon Osika (Waterford, MI) 18:28.3;

12. Nickless (AsicsA) 21:08; 13. Storage (RunOh) 21:09; 14. Conlon (CPkTC) 21:10; 15. Moody (BouRC) 21:12;

16. Canterbury (McME) 21:14; 17. Lerch (MWTC) 21:14; 18. Cordes (RunOh) 21:16; 19. Allen (McME) 21:17; 20. Salucci (adiRaleigh) 21:18.

### **EUROPEAN CHAMPS**

Dublin, Ireland, December 13—

Teams: 1. Spain 34; 2. Great Britain 54; 3. Italy 62; 4. France 67; 5. Portugal 73; 6. Ireland 115; 7. Belgium 146; 8. Germany 149; 9. Denmark 169; 10. Finland 197.

Individuals (10K): 1. Bezabeh (Spa) 30:45; 2. Farah (GB) 31:02; 3. Lebid (Ukr) 31:17; 4. Sánchez (Spa) 31:26; 5. Lamdassem (Spa) 31:30; 6. Rocha (Por) 31:34;

7. Mbengani (Por) 31:41; 8. Kenneally (Ire) 31:42; 9. Meucci (Ita) 31:42; 10. Joly (Swi) 31:46; 11. El Himer (Fra) 31:54; 12. Vernon (GB) 31:54; 13. Skinner (GB) 31:54; 14. Pimentel (Por) 31:54;

15. La Rosa (Ita) 31:57; 16. Zioini (Fra) 32:00; 17. Mayaud (Fra) 32:00; 18. Lalli (Ita) 32:02; 19. Uliczka (Ger) 32:02; 20. De Nard (Ita) 32:08;... 40. Cragg (Ire) 32:53; 41. Ledwith (Ire) 32:55.

U-23 (8K): 1. Smail (Fra) 25:11; 2. Chahdi (Fra) 25:17; 3. Bekele (Bel) 25:21.

Junior (6K): 1. D'Hoedt (Bel) 18:46; 2. Goolab (GB) 18:47; 3. Wilkinson (GB) 18:47.

### **EURO CROSS WOMEN**

Teams: 1. Portugal 25; 2. Great Britain 51; 3. Spain 58; 4. Ireland 82; 5. Italy 103; 6. France 130; 7. Sweden 141; 8. Germany 161.

Individuals (8K): 1. Yelling (GB) 27:49; 2. Morató (Spa) 27:56; 3. Herzog (Hol) 28:04; 4. Augusto (Por) 28:11; 5. Monteiro (Por) 28:14; 6. Félix (Por) 28:19;

7. Jevtic (Srb) 28:21; 8. Holovchenko (Ukr) 28:25; 9. Murray (GB) 28:25; 10. Moreira (Por) 28:32; 11. Britton (Ire) 28:39; 12. Cullen (Ire) 28:45;

13. Romagnolo (Ita) 28:52; 14. Rosa (Por) 28:54; 15. Schenkel (Bel) 28:55; 16. Fuentes-Pila (Spa) 28:57; 17. Aguilar (Spa) 28:59; 18. Andersson (Swe) 29:00;

19. Dal Ri (Ita) 29:01; 20. Wootton (GB) 29:02;... 23. Fernández (Spa) 29:13; 26. Dias (Por) 29:22.

U-23 (6K): 1. Haydar (Tur) 21:14; 2. Sergeyeva (Rus) 21:15; 3. Sparke (GB) 21:26.

Junior (4K): 1. Grøvdal (Nor) 14:10; 2. Fazlitdinova (Rus) 14:12; 3. Avery (GB) 14:27.

## **—Collegiate Indoor Track—**

### **CORNELL RELAYS**

Ithaca, New York, December 5—

PV: 1. Quiller (Asics) 17-4½ (5.30).  
LJ: 1. Halim (unat) 24-11¼ (7.61); 2. Teixeira (Corn) 24-8¼ (7.52).  
SP: 1. Basher (unat) 59-5½ (18.12).

### **EIU EARLY BIRD**

Charleston, Illinois, December 11—

HJ: 1. Clay (InSt) 7-2¼ (2.19).  
Wt: 1. Miller (DeP) 64-8½ (19.72).  
Women:  
PV: 1. Hutson (InSt) 13-7¼ (4.15).  
Wt: 1. Gilreath (NYAC) 71-1¼ (21.67); 2. Hanley (InSt) 63-6¼ (19.37).

### **HOLIDAY CLASSIC**

Ames, Iowa, December 11 (300m unbanked—oversized track)—

PV: 1. Scott (unat) 16-6¾ (5.05).  
Women:  
60: 1. Martell' (Linc) 7.43.  
400: 1. Prendergast' (Jam) 53.31; 2. Henry (unat) 53.57.  
SP: 1. Jansen (unat) 54-2 (16.51).

### **NEW YEARS INVITATIONAL**

Princeton, New Jersey, December 11—

SP: 1. Plummer (Prin) 60-1 (18.31).

### **COACH O INVITATIONAL**

Princess Anne, Maryland, December 11—

LJ: 1. Powell (unat) 24-10½ (7.58).

### **HARVARD OPEN**

Cambridge, Massachusetts, December 12—

Wt: 1. Bryce (unat) 69-9½ (21.27).

### **KANSAS STATE ALL-COMERS**

Manhattan, Kansas, December 12—  
60H: 1. Julmis (unat) 7.81; 2. Faulk (Nik) 7.84.

HJ: 1. Kynard (KsSt) 7-2¼ (2.19).  
TJ: 1. Honeycutt (Emp) 51-9¼ (15.78).  
Wt: 1. Thomas (KsSt) 64-1¼ (19.54).

### **GOLDEN FLASH GALA**

Kent, Ohio, December 12 (300m unbanked—oversized track)—

60: 1. Isles (unat) 6.73.  
SP: 1. Roberts (Ash) 62-6¾ (19.07).  
Wt: 1. Kruger (Nik) 74-11¼ (22.85); 2. Klenk (unat) 68-11¼ (21.02); 3. Jeffery (Ash) 64-5¼ (19.64).  
Hept: 1. Woods (unat) 5432; 2. Nickles (OhSt) 5253; 3. Onto (MdBC) 5238.

Women:

HJ: 1. Kascandi (Ash) 5-10 (1.78).  
Pent: 1. Cotten (Cinc) 4056.

### **REVELLE INVITATIONAL**

College Station, Texas, December 12 (200m banked synthetic)—

60: 1. Silmon (TCU) 6.67.  
800: 1. Gowell' (Bay) 1:48.87.  
60H: 1. Davis (TxAM) 7.99.  
4 x 400: 1. Unattached 3:10.22; 2. TCU 3:10.47.  
DisMed: 1. Tec de Monterrey 9:42.66.

### **REVELLE WOMEN**

60: 1. Lucas (TxAM) 7.33; 2. Mayo (TxAM) 7.34; 3. Tarmoh (TxAM) 7.39.  
60H: 1. Ruddock' (TxAM) 8.42.  
4 x 400: 1. Texas A&M 3:42.83.

### **JASPER INVITATIONAL**

New York, New York, December 13—  
Wt: 1. Freeman (NYAC) 72-10¾ (22.22).

### **CHRISTMAS INVITATIONAL**

Murfreesboro, Tennessee, December 13—

LJ: 1. Gbagbeke' (MTn) 25-2¾ (7.69).  
Women:  
LJ: 1. Nambawa' (MTn) 20-10½ (6.36).  
TJ: 1. Nambawa' (MTn) 44-2¾ (13.48).

## **— Major Marathons —**

### **HONOLULU MARATHON**

Honolulu, December 13—

1. Ivuti (Ken) 2:12:14; 2. Kipkorir (Ken) 2:13:10; 3. Chebon (Ken) 2:14:59; 4. J. Muindi (Ken) 2:17:17; 5. Chepkwony (Ken) 2:18:48; 6. Laan (US) 2:25:41.

Women:

1. Zakharova (Rus) 2:28:34; 2. Shimahara (Jpn) 2:29:53; 3. Chepchumba (Ken) 2:32:41; 4. Yoshida (Jpn) 2:35:46; 5. Hayakawa (Jpn) 2:44:33.

**still 3 eTNs to come this year:  
detailed U.S. men's lists,  
women's lists,  
World Rankings leaders**