

— USATF Championships/WC Trials Women —

by Jon Hendershott

Eugene, Oregon, June 25–28—The wind that blew down the backstretch of Hayward Field hindered athletes who had to circle the track at the USATF Championships.

But those performing with the breezes at their backs enjoyed the usual benefits and their results showed it.

Worlds 200 defender Allyson Felix didn't shun the chance to compete in both dashes,

despite having her automatic invitation to Berlin in August. The two-time global half-lap champ contested five rounds, reaching the 100 semis where she placed 5th in her race at 11.17w.

But in her specialty, Felix's silky-smooth stride carried her to a 22.02 triumph, pushed along by a 3.2mps wind.

Asked why she ran as much as she did, rather than following the example of Tyson Gay who contested a single 100 heat, Felix smiled and said, "Because I needed to sprint. I ran 400s earlier in the season to build strength, so I needed to work on my sprinting."

In the 100, Carmelita Jeter has been sprinting ahead of all challengers all season. She did it again in the final to win her first U.S. title—but by the barest margin possible.

Jeter just edged Trials century winner Muna Lee as both were given 10.78s—but Jeter prevailed by a mere 0.001 (10.776–10.777).

"I'm just happy to make the Worlds team," said Jeter, who missed making last year's Olympic squad after winning an unexpected bronze in the '07 Worlds. "It's a new year for me and I'm really doing well."

She fell to the track after the close finish and said later she felt a leg cramp up around 70 meters. She then withdrew from the next day's 200 heats.

On the same Hayward homestraight, Olympic 100 hurdles champ Dawn Harper collected her first national title, skipping to a 12.36 (+2.2mps wind) in her fastest time ever.

"I didn't hit any hurdles and was excited I could run a clean race and cross the finish

line in 1st," she said.

She outran the pursuing Ginnie Powell (12.47) by 0.11. Worlds defender Michelle Perry passed up running the final. Also missing from the title race was '08 top-ranker Lolo Jones, who locked arms with Perry over the fourth barrier in their semi, was thrown off balance and stopped.

"I know that Michelle goes to the left and I go toward the right," Jones said of their hurdling styles. "I tried to prepare for that by moving my blocks over some, but I guess I just veered, we locked arms and that threw me off balance."

Jones, out since Drake with a hamstring injury, added, "I can only pick myself up, go to Europe and try to salvage my season."

In the long hurdles, Lashinda Demus dominated with a world-leading 53.78 to easily handle Sheena Tosta (54.45). The Olympic silver winner ran well in all her races until fading in the homestretch. Demus, by contrast, finished powerfully.

Demus laughed in attributing her stronger finish: "It was baby power! I think I get more workouts caring for the twins [boys] than I get on the track."

Yet another to benefit from the aiding wind was long jump champion Brittany Reese. Last year's Olympic 5th-placer never gave anyone else a chance to win as she spanned 23-3¼w (7.09) on her opening leap.

High jump champion Chaunté Howard cleared seven heights on first try, including the winning 6-4¾ (1.95) to best veteran Amy Acuff and heptathlete Sharon Day, who both cleared the same setting.

In the javelin, Trials champ Kara Patterson threatened the AR when she armed the spear 209-10 (63.95) on her fifth effort. It was the No. 2 U.S. throw ever behind only Kim Kreiner's 210-7 (64.19) AR.

Kreiner at 190-3 (58.00) ended up 3rd behind the near-PR 194-7 (59.31) by Oregon senior and NCAA champ Rachel Yurkovich.



A nice wind helped Felix to the year's fastest 200

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— USATF Women —

Attendance: 8621, 9134, 10,053, 10,633 = 38,441. Weather sunny & warm with gusty winds.

100 METERS

FINAL

(June 26; wind +3.3)

1. Carmelita Jeter (Nike) 10.78w (10.776);
2. Muna Lee (Nike) 10.78w (10.777) (*defending champ*);
3. Lauryn Williams (Nike) 10.96w;
4. Alexandria Anderson (Tx) 11.00w;
5. Marshevet Hooker (adidas) 11.02w;
6. Shalonda Solomon (Reebok) 11.03w;
7. Jessica Young (TCU) 11.06w;
8. Bianca Knight (adidas) 11.23w.

HEATS

(June 25; qualify 4+4)

- I(3.2)—1. Anderson 10.92w; 2. Solomon 11.01w; 3. Gloria Asumnu (adidas) 11.08w; 4. Torri Edwards (Nike) 11.15w;

5. LaDedra Guy (unat) 11.40w; 6. Tangela Neal (unat) 11.46w.

- II(3.3)—1. Lee 11.01w; 2. Young 11.10w; 3. Mechelle Lewis (Nike) 11.25w; 4. Tianna Madison (Nike) 11.26w;

5. Charonda Williams (AzSt) 11.27w; 6. Jeneba Tarmoh (TxAM) 11.32w; 7. Donita Harmon (unat) 11.74w.

- III(3.1)—1. Jeter 10.88w; 2. Hooker 10.94w; 3. Tiffany Townsend (Bay) 11.32w;

4. Miki Barber (Nike) 11.40w; 5. Jessica Onyepunuka (VSA) 11.47w; 6. Judith Onyepunuka (USC) 11.77w.

- IV(3.3)—1. Williams 11.06w; 2. Allyson Felix (adidas) 11.10w; 3. Knight 11.18w; 4. Rachele Boone-Smith (unat) 11.25w; 5. LaKya Brookins (SC) 11.27w;

6. Dominique Maloy (AzSt) 11.58w.

SEMIS

(June 26; qualify 4)

- I(3.0)—1. Jeter 10.72w (a-c WL, AL) (a-c: 3, x W, A) (BGB says worth 10.88 with zero wind/altitude); 2. Hooker 10.94w; 3. L. Williams 10.98w; 4. Young 11.06w;

5. Asumnu 11.19w; 6. Edwards 11.20w; 7. Brookins 11.23w; 8. Townsend 11.57w.

- II(3.6)—1. Anderson 10.94w; 2. Lee 10.94w; 3. Solomon 11.00w; 4. Knight 11.13w;

5. Felix 11.17w; 6. Madison 11.20w; 7. Lewis 11.26w.

200 METERS

FINAL

(June 28; wind +3.2)

1. Allyson Felix (adidas) 22.02w (a-c WL, AL) (*defending champ*);

2. Muna Lee (Nike) 22.13w;
3. Marshevet Hooker (adidas) 22.36w;
4. Charonda Williams (AzSt) 22.39w;
5. Bianca Knight (adidas) 22.54w;
6. Lauryn Williams (Nike) 22.74w;
7. Ebonie Floyd-Broadnax (Nike) 22.77w;
8. LaShauntea Moore (unat) 22.77w.

HEATS

(June 27; qualify 3+4)

- I(3.4)—1. Moore 22.60w; 2. Floyd-Broadnax 22.87w; 3. L. Williams 22.95w; 4. Jeneba Tarmoh (TxAM) 23.21w;

5. Lynette Rives (Belm) 23.71w;... dnf—Shalonda Solomon (Reebok).

- II(3.1)—1. Porscha Lucas (TxAM) 22.77w; 2. Hooker 22.81w; 3. Rachele Boone-Smith (unat) 22.94w; 4. Natalie Knight (unat) 23.15w; 5. Leslie Cole (Ok) 23.19w;

6. Donita Harmon (unat) 23.91w.

- III(2.1)—1. C. Williams 22.65w; 2. Lee 22.97w; 3. Knight 23.12w;

4. LaDedra Guy (unat) 23.41w; 5. Scottesha Miller (Ok) 23.45w; 6. Cynetheia Rooks (unat) 23.56w.

- IV(2.5)—1. Felix 22.58w; 2. Gloria Asumnu (adidas) 22.90w; 3. Tiffany Townsend (Bay) 23.06w; 4. Dominique Maloy (AzSt) 23.28w;

5. Ashlee Kidd (unat) 23.71w.

SEMIS

(June 28; qualify 4)

- Semis: I(1.9)—1. L. Williams 22.54; 2. C. Williams 22.55 PR; 3. Moore 22.57; 4. Floyd-Broadnax 22.60;

5. Asumnu 22.85; 6. Cole 22.93; 7. Townsend 23.03; 8. Tarmoh 23.43.

- II(2.7)—1. Felix 22.31w; 2. Hooker 22.35w; 3. Lee 22.37w; 4. B. Knight 22.61w;

5. Lucas 22.71w; 6. Boone-Smith 23.05w; 7. Maloy 23.47w; 8. N. Knight 28.27w.

400 METERS

FINAL

(June 27)

1. Sanya Richards (Nike) 50.05 (*defending champ*);

2. Debbie Dunn (unat) 50.79 PR;
3. Jessica Beard (TxAM) 50.81;
4. Natasha Hastings (Nike) 50.89;
5. Shareese Woods (adidas) 51.05 PR;
6. Monica Hargrove (unat) 51.60;
7. Dominique Darden (unat) 52.19;
8. Keshia Baker (Or) 52.47.

HEATS

(June 25; qualify 4+4)

- I—1. Richards 51.38; 2. Dunn 51.56; 3. Woods 52.09; 4. Moushaumi Robinson (unat) 52.44; 5. Leslie Cole (Ok) 52.52; 6. Nina Gilbert (unat) 53.11; 7. Valerie Brown (unat) 53.34.

- II—1. Hargrove 52.71; 2. Baker 52.80; 3. Monique Hennagan (Nike) 52.86; 4. Joanna Atkins (Aub) 52.92;

5. Shelise Williams (Ar) 53.47; 6. Ashlee Kidd (unat) 54.03; 7. Alexandria Spruiel (NCAT) 54.03.

- III—1. Hastings 52.16; 2. Darden 52.33; 3. Beard 52.78; 4. Shana Cox (adidas) 52.90; 5. DeeDee Trotter (adidas) 53.22;

6. LaJada Baldwin (Ms) 54.64; 7. Cynetheia Rooks (unat) 55.31; 8. Licretia Sibley (unat) 55.44.

SEMIS

(June 26; qualify 4)

- I—1. Woods 51.46; 2. Hargrove 51.54; 3. Hastings 51.59; 4. Baker 52.10;

5. Robinson 52.35; 6. Cox 52.80; 7. Gilbert 52.99; 8. Trotter 53.84.

- II—1. Richards 50.96; 2. Dunn 51.39; 3. Beard 51.88; 4. Darden 52.27;

5. Cole 52.76; 6. Brown 53.02; 7. Atkins 53.12;... dnf—Hennagan.

800 METERS

FINAL

(June 28)

1. Hazel Clark (Nike) 2:00.79 (*defending champ*) (29.51, 29.91 [59.42], 30.06 [1:29.48], 31.31) (59.42/61.37);
2. Geena Gall (OTC) 2:01.01 (29.58, 29.96 [59.54], 30.11 [1:29.65], 31.36) (59.54/61.47);
3. Phoebe Wright (Tn) 2:01.12 PR (29.63, 30.10 [59.73], 30.21 [1:29.94], 31.18) (59.73/61.39);
4. Maggie Vessey (unat) 2:01.19 (30.85, 31.60 [62.45], 30.38 [1:32.83], 28.36) (62.45/58.74);
5. Laura Hermanson (NDSt) 2:01.28 PR (30.08, 30.18 [60.26], 30.12 [1:30.38], 30.90) (60.26/61.02);
6. Morgan Uceny (Reebok) 2:01.32 (29.86, 30.37 [60.23], 30.70 [1:30.93], 30.39) (60.23/61.09);
7. Alysia Johnson (Nike) 2:01.58 (29.75, 30.03 [59.78], 30.42 [1:30.20], 31.38) (59.78/61.80);
8. Katie Waits (Reebok) 2:01.69 (29.80, 30.27 [60.07], 30.04 [1:30.11], 31.58) (60.07/61.62);
9. Brenda Martinez (UCR) 2:09.44 (29.87, 30.91 [60.78], 32.73 [1:33.51], 35.93) (60.78/68.66).

HEATS

(June 25; qualify 4+4)

- I-1. Clark 2:04.39; 2. LaTavia Thomas (LSU) 2:04.58; 3. Waits 2:04.76; 4. Angee Henry (TNb) 2:05.02; 5. Dominique Jackson (NC) 2:05.41;
6. Katie Palmer (BYU) 2:06.25; 7. Colleen Newhart (FIF) 2:06.46; 8. Becky Horn (unat) 2:08.80; 9. Ty Davis (TIn) 2:11.55.
- II-1. Geena Gall (Mi) 2:04.92; 2. Vessey 2:05.44; 3. Molly Beckwith (In) 2:05.88; 4. Heather Dorniden (Mn) 2:05.97;
5. Chantee McBride (unat) 2:05.98;
6. Trisa Nickoley (unat) 2:06.22; 7. Nikeya Green (Reebok) 2:07.13; 8. Ashley Puga (NWNaz) 2:09.70.
- III-1. Johnson 2:04.39; 2. Sara Vaughn (adidas) 2:04.60 PR; 3. Wright 2:04.66; 4. Hermanson 2:04.68; 5. Martinez 2:04.78; 6. Uceny 2:05.24; 7. Aja Jackson (UNCC) 2:05.59;
8. Jesse Carlin (Nike) 2:06.90; 9. Nicole Cook (Reebok) 2:08.20.

SEMIS

(June 26; qualify 3+2)

- I-1. Gall 2:01.99; 2. Wright 2:02.11; 3. Clark 2:02.12; 4. Hermanson 2:02.44; 5. Johnson 2:02.86;
6. Beckwith 2:05.04; 7. Jackson 2:07.40; 8. Jackson 2:07.85.
- II-1. Vessey 2:03.49; 2. Uceny 2:04.62; 3. Waits 2:04.65; 4. Martinez 2:04.85 (*advanced by referee*);
5. Vaughn 2:04.87; 6. Thomas 2:05.45;
7. Dorniden 2:06.00;
8. Henry 2:06.52.

1500 METERS

FINAL

(June 28)

1. Shannon Rowbury (Nik) 4:05.07 (*defending champ*) (60.30, 2:04.72, 3:14.30);
2. Christin Wurth-Thomas (Nik) 4:06.00 (64.36, 2:06.60, 3:15.60);
3. Anna Willard (Nik) 4:07.70 (62.93, 2:07.75, 3:17.11);
4. Erin Donohue (Nik) 4:08.96 (64.31, 2:08.82, 3:18.44);
5. Treniere Clement (Nik) 4:09.10 (63.91, 2:08.51, 3:18.43);
6. Lauren Centrowitz (Stan) 4:11.21 (65.77, 2:10.56, 3:20.42);
7. Heidi Dahl (ETn) 4:11.58 PR (65.87, 2:11.17, 3:21.23);
8. Molly Lehman (Duke) 4:12.13 PR (65.76, 2:11.23, 3:21.13);
9. Amy Mortimer (Reeb) 4:12.94 (67.97, 2:13.01, 3:22.60);
10. Maggie Infeld (Gtn) 4:13.25 PR (67.09, 2:12.32, 3:22.24);
11. Sarah Bowman (Tn) 4:16.29 (71.05, 2:16.23, 3:25.44);
12. Lauren Hagans (unat) 4:17.05 (70.52, 2:16.69, 3:26.62).

HEATS

(June 25; qualify 3+6)

- I-1. Wurth 4:11.84; 2. Bowman 4:12.24; 3. Willard 4:13.31; 4. Dahl 4:14.00; 5. Clement 4:14.05; 6. Hagans 4:15.57;
7. Kellyn Johnson (Wich) 4:16.71 PR; 8. Katie Follett (Wa) 4:17.70; 9. Renee Metivier Baille (Nike) 4:18.39; 10. Lisa Senakiewich (MiSt) 4:19.34; 11. Jessica Pixler (SPac) 4:21.31; 12. Amanda LoPiccolo (SyrC) 4:24.08; 13. Natalie Picchetti (unat) 4:30.57.
- II-1. Rowbury 4:15.19; 2. Donohue 4:15.63; 3. Centrowitz 4:16.05; 4. Mortimer 4:16.18; 5. Infeld 4:16.37; 6. Lehman 4:16.54;
7. Frances Koons (Vill) 4:17.04; 8. Mary Jayne Reeves (unat) 4:17.37; 9. Alex Kosinski (Or) 4:18.87; 10. Jordan Hasay (CaHS) 4:19.61; ... dnf—Dacia Perkins (unat).

STEEPLECHASE

FINAL

(June 28)

1. Jenny Barringer (Co) 9:29.38;
2. Anna Willard (Nike) 9:35.01 (*defending champ*);
3. **Bridget Franek (PennSt) 9:36.74 PR (6, x A)**;
4. Lindsey Anderson (Nike) 9:44.42;
5. Marie Lawrence (Wa) 9:48.27;
6. Lisa Galaviz (Nike) 9:52.60;
7. Lindsay Allen (McME) 9:55.26;
8. Amanda Lorenzen (unat) 10:00.42;
9. Delilah DiCrescenzo (Pum) 10:02.14;
10. Erin Bedell (Bay) 10:08.80;
11. Kara June (AsicsA) 10:12.28;
12. Kristin Anderson (Riad) 10:13.85;
13. Shauneen Garrahan (Riad) 10:18.21;
- ... dnc—Nicole Bush (MiSt).

HEATS

(June 26; qualify 4+6)

- I-1. Barringer 9:47.94; 2. Franek 9:51.16; 3. Bush 9:57.06; 4. Galaviz 9:59.74; 5. June 10:02.57; 6. Anderson 10:02.94; 7. Garrahan 10:03.80 PR; 8. Bedell 10:06.87;
9. Sarah Pease (In) 10:14.25; 10. Patricia Loughlin (Duke) 10:21.77; 11. Lois Keller (unat) 10:30.54; 12. Jennifer Donovan (NBaB) 10:37.40; 13. Jane Rudkin (unat) 10:48.90.
- II-1. Willard 9:52.98; 2. Anderson 9:55.76; 3. Allen 9:56.24; 4. Lawrence 9:56.42; 5. DiCrescenzo 9:59.97; 6. Lorenzen 10:05.17;
7. Sarah Madebach (unat) 10:17.76;
8. Kristen Hemphill (CoSt) 10:19.88; 9. Stephanie Garcia (Va) 10:22.14; 10. Andrea Parker (unat) 10:23.53; 11. Mason Cathey (Inl) 10:30.13; 12. Danielle Bradley (Bay) 10:31.56.

5000 METERS

RESULTS

(June 26)

1. Kara Goucher (Nike) 15:20.94 (*defending champ*) (65.08, 2:14.92, 3:23.43, 4:36.93);
 2. Jen Rhines (adidas) 15:26.92 (70.62, 2:21.16, 3:29.65, 4:43.22);
 3. Angela Bizzarri (II) 15:33.02 PR (68.45, 2:21.48, 3:33.92, 4:48.60);
 4. Julie Culley (NYAC) 15:33.92 PR (70.64, 2:23.96, 3:35.80, 4:50.07);
 5. Rebecca Donaghue (New Balance Boston) 15:36.09 (72.08, 2:25.87, 3:38.04, 4:52.63);
 6. Racheal Marchand (unat) 15:37.08 PR (71.31, 2:25.05, 3:38.29, 4:52.91);
 7. Nicole Blood (Or) 15:38.61 PR (73.22, 2:26.73, 3:39.18, 4:54.14);
 8. Allison Grace (Zap) 15:47.31 PR;
 9. Renee Metivier Baille (Nike) 15:47.70;
 10. Amy Hastings (adidas) 15:52.37;
 11. Sara Slattery (Nike) 15:54.76;
 12. Elizabeth Maloy (unat) 15:56.91;
 13. Emily Brown (New Balance) 16:07.84;
 14. Amanda LoPiccolo (SyrC) 16:12.42;
 15. Lauren Weaver (unat) 16:28.11;
 16. Meghan Armstrong (TMn) 16:42.76;
 17. Jessica Minty (Zap) 16:52.96;
 18. Sara Hall (Asics) 16:54.94;
- ... dnf—Maureen McCandless (New Balance), Carrie Tollefson (adidas).

10,000 METERS

RESULTS

(June 25)

1. Amy Begley (Nike) 31:22.69 PR (AL) (9, x A) (Hayward Field Record) (74.42, 76.17 [2:30.59], 75.07 [3:45.66], 75.42 [5:01.08], 76.90 [6:17.98], 76.53 [7:34.51], 77.16 [8:51.67], 75.86 [10:07.53], 76.48 [11:24.01], 76.82 [12:40.83], 77.08 [13:57.91], 75.98 [15:13.89], 74.47 [16:28.36], 77.09 [17:45.45], 75.75 [19:01.20], 72.81 [20:14.01], 73.14 [21:27.15], 76.22 [22:43.37], 75.07 [23:58.44], 78.46 [25:16.90], 74.46 [26:31.36], 75.98 [27:47.34], 75.09 [29:02.43], 73.07 [30:15.50], 67.19) (3:08.18, 3:09.80 [6:17.98], 3:11.90 [9:29.88], 3:10.95 [12:40.83], 3:10.70 [15:51.53], 3:09.67 [19:01.20], 3:04.28 [22:05.48], 3:11.42 [25:16.90], 3:08.69 [28:25.59], 2:57.10) (67.19, 2:20.26, 3:35.35, 4:51.33);
 2. Shalane Flanagan (Nike) 31:23.43 (*defending champ*); (3:07.95, 3:10.29 [6:18.24], 3:11.41 [9:29.65], 3:11.40 [12:41.05], 3:10.26 [15:51.31], 3:10.10 [19:01.41], 3:03.87 [22:05.28], 3:11.39 [25:16.67], 3:09.14 [28:25.81], 2:57.62) (67.71, 2:20.78, 3:35.91, 4:51.89)
 3. Katie McGregor (Reebok) 32:08.04 (74.97, 2:33.33, 3:54.92, 5:16.81);
 4. Magdalena Lewy Boulet (unat) 32:20.45 PR (72.80, 2:29.15, 3:48.10, 5:08.24);
 5. Molly Huddle (unat) 32:43.11;
 6. Amy Hastings (adidas) 32:56.20;
 7. Serena Burla (Riad) 32:56.40;
 8. Melissa Cook (New Balance) 33:02.90;
 9. Sally Meyerhoff (unat) 33:03.19 PR;
 10. Allison Grace (Zap) 33:12.34 PR;
 11. Katherine Newberry (NYAC) 33:21.56;
 12. Jill Steffens (New Balance) 33:27.43;
 13. Kara Storage (ROh) 33:27.75;
 14. Melissa White (Hans) 33:34.64;
 15. Erin Nehus (unat) 33:37.76;
 16. Tara Storage (ROh) 33:39.57;
 17. Danielle Domenichelli (unat) 33:41.72 PR;
 18. Catherine White (Ar) 33:42.55;
 19. Mattie Bridgmon (Or) 34:10.51;
 20. Clara Grandt (WV) 34:13.76;
 21. Alissa McKaig (Zap) 35:41.80;
 22. Aileen Conlon (NikCP) 35:51.52;
- ... dnf—Wendi Robinson (In).

100 HURDLES

FINAL

(June 28; wind +2.2)

1. Dawn Harper (Nike) 12.36w (a-c WL, AL) (a-c: =8, x W; 3, 4 A);
 2. Ginnie Powell (Nike) 12.47w;
 3. Damu Cherry (Nike) 12.58w;
 4. Tiffany Ofili (adidas) 12.66w;
 5. Danielle Carruthers (unat) 12.77w;
 6. Loreal Smith (NCAT) 12.90w;
 7. Jenny Adams (unat) 13.02w;
- ... dnc—Michelle Perry (Nike).

HEATS

(June 27; qualify 4+4) (everyone advanced save for a single dnf!)

I(1.4)—1. Harper 12.68 (AL); 2. Yvette Lewis (Nike) 12.88; 3. Smith 12.97 PR; 4. Kristi Castlin (VaT) 12.99; 5. Candice Davis (unat) 13.02; 6. Celrice Law (Tn) 13.15.

II(2.4)—1. Ofili 12.57w (a-c AL); 2. Perry 12.64w; 3. Lolo Jones (Asics) 12.89w (*defending champ*); 4. Samaiyah Islam (NRD) 13.12w; 5. Pavi'Elle James (CFI) 13.18w.

III(2.6)—1. Cherry 12.49w (a-c WL, AL); 2. Powell 12.68w; 3. Carruthers 12.80w; 4. Adams 13.00w; 5. Lauren Smith (unat) 13.07w;

... dnf—Gabby Mayo (TxAM).

SEMIS

(June 28; qualify 4)

I(3.2)—1. Cherry 12.44w (a-c WL, AL) (a-c: =6, x A); 2. Perry 12.48w; 3. Powell 12.55w; 4. Lor. Smith 12.99w;

5. Islam 13.16w; 6. Davis 13.22w; 7. James 13.27w; ... dnf—Jones.

II(1.2)—1. Harper 12.53 PR (AL) (=9, x A); 2. Ofili 12.79; 3. Carruthers 12.95; 4. Adams 12.99;

5. Lewis 13.03; 6. Castlin 13.10; 7. Law 13.11 PR; ... dnf—Laur. Smith.

400 HURDLES

FINAL

(June 27)

1. Lashinda Demus (Nike) 53.78 (WL, AL);
2. Sheena Tosta (Nike) 54.45;
3. Tiffany Williams (Reebok) 55.18 (*defending champ*);
4. Ebony Collins (unat) 55.64 PR;
5. Nicole Leach (UCLA) 55.72;
6. Deserea Brown (II) 57.33;
7. Latosha Wallace (Asics) 57.47;
8. Jennifer Grossarth (unat) 57.61.

HEATS

(June 25; qualify 4+4)

- I-1. Williams 55.18; 2. Wallace 57.08; 3. Christine Spence (unat) 57.72; 4. Nicole Dumpson (LeMans) 57.72; 5. Asia Washington (VaT) 57.85; 6. Meka Thompson (unat) 58.45; 7. Fawn Dorr (PennSt) 58.88; 8. Chelsea Shapard (Ut) 58.89.

- II-1. Leach 56.28; 2. Tosta 56.37; 3. Grossarth 57.91; 4. Ti'erra Brown (Mia) 57.97; 5. Brown 58.13;

6. Lorraine King (WaSt) 59.18.

- III-1. Demus 55.48; 2. Collins 56.86; 3. Miriam Barnes (Nike) 57.45; 4. Danielle Brown (WnMi) 58.84;

5. Angel Perkins (unat) 59.01; 6. Amber Hay (Mi) 59.52.

SEMIS

(June 26; qualify 4)

- I-1. Demus 54.80; 2. Leach 56.59; 3. Des. Brown 56.85; 4. Wallace 56.87;

5. Barnes 57.12; 6. Dumpson 57.58; 7. T. Brown 58.49; 8. Thompson 59.58.

- II-1. Tosta 55.96; 2. Williams 56.41; 3. Grossarth 58.01; 4. Collins 58.22;

5. Dorr 59.00; 6. Washington 59.35; 7. Dan. Brown 59.78; 8. Spence 62.50.

20K WALK

RESULTS

(June 28; road)

1. Teresa Vaill (WUSA) 1:37:13 (AL);
2. Joanne Dow (unat) 1:40:00 (*defending champ*);
3. Maria Michta (WUSA) 1:41:17;
4. Miranda Melville (WiP) 1:45:39;
5. Erin Taylor (STxW) 1:50:13;
6. Susan Randall (unat) 1:50:47;
7. Le'erin Voss (ParkAC) 1:51:22.

HIGH JUMP

RESULTS

(June 25)

1. Chaunte Howard (Nike) 6-4¾ (1.95) (*defending champ*);
2. Amy Acuff (Asics) 6-4¾;
3. Sharon Day (Asics) 6-4¾;
4. Destinee Hooker (Tx) 6-3¼ (1.91);
5. Deirdre Mullen (Nike) 6-2 (1.88);
6. Adriane Stone (unat) 6-0 (1.83);
- =7. Becky Christensen (Harv) 5-10 (1.78);
- =7. Raevan Harris (Aub) 5-10;
- =7. Liz Patterson (Az) 5-10;
10. Lauren Collins (UCI) 5-10 (1.78);
11. Carin Knight (Ct) 5-10 (1.78);
- ... nh—Heather Davis (LaM), Priscilla Frederick (StJ), Ashley Rhoades (In), Megan Seidl (Wi).

	5-10	6-0	6-2	6-3¼	6-4	6-4¾	6-5½
Knight	xxo	xxx	—	—	—	—	—
Acuff	p	o	xo	xo	o	xo	xxx
Davis.....	xxx	—	—	—	—	—	—
Day	o	o	o	o	xxo	xxo	xxx
Stone	o	o	xxx	—	—	—	—
Hooker.....	xxo	xxo	o	xo	xxx	—	—
Patterson	o	xxx	—	—	—	—	—
Collins.....	xo	xxx	—	—	—	—	—
Harris	o	xxx	—	—	—	—	—
Howard	o	o	o	o	o	o	xxx
Seidl.....	xxx	—	—	—	—	—	—
Rhoades	xxx	—	—	—	—	—	—
Mullen	o	o	xxo	xxx	—	—	—
Frederick.....	xxx	—	—	—	—	—	—
Christensen .	o	xxx	—	—	—	—	—
	1.78	1.83	1.88	1.91	1.93	1.95	1.97

POLE VAULT

FINAL

(June 28)

- Jenn Stuczynski (adidas) 15-3 (4.65) (*defending champ*);
- Chelsea Johnson (Nike) 15-1 (4.60);
- Stacy Dragila (Nike) 14-11 (4.55);
- Jillian Schwartz (Nike) 14-7¼ (4.45);
- April Steiner Bennett (unat) 14-7¼;
- Melinda Owen (unat) 14-3¼ (4.35);
- Alicia Rue (Mn) 14-3¼;
- Lacy Janson (Nike) 14-3¼;
- Jenny Soceka (Wi) 13-9¼ (4.20) PR;
- Katie Stripling (Ar) 13-9¼;
- Becky Holliday (unat) 13-9¼;
- Carrie Kayes (Akr) 13-9¼;
- Melissa Gergel (Or) 13-9¼;
- Katherine Morgan (Cal) 13-9¼;
- Kylie Hutson (InSt) 13-9¼;
- Katelin Rains (Mank) 13-9¼ out PR;
- nh—Vera Neuenswander (In), Brianna Neumann (Pur), Mary Saxer (NDm), Bryson Stately (USC), Katy Viuf (UCLA), Natalie Willer (Nb).

LONG JUMP

RESULTS

(June 28; winds ranged from +0.8 to +5.3)

- Brittney Reese (Nike) 23-3¼w (7.09) (a-c WL, AL) (a-c: 4, x A) (*defending champ*)**
(23-3¼w, f, f, 21-10¼w, 21-8¾w, 21-2¾w) (**7.09w, f, f, 6.66w, 6.62w, 6.47w**);
- Brianna Glenn (unat) 22-4½w (6.82) a-c PR
(21-2½, 21-3¼w, 17-½w, 21-2, 22-4½w, 16-1½w) (6.46, 6.48w, 5.19w, 6.45, 6.82w, 4.91w);
- Funmi Jimoh (Nike) 22-2½ (6.77) (20-7w, 22-2½, f, 14-8½w, f, 22-¾w) (6.27w, 6.77, f, 4.48w, f, 6.72w);
- Grace Upshaw (Nike) 22-2½w (6.77) (21-11w, 22-2½w, 21-11¾w, 16-1w, 21-11½w, 21-2¾w) (6.68w, 6.77w, 6.70w, 4.90w, 6.69w, 6.47w);
- Akiba McKinney (unat) 21-11w (6.68) (21-11w, 21-1¼w, 21-7½w, 21-6¼w, 20-11¾, f) (6.68w, 6.43w, 6.59w, 6.56w, 6.39, f);
- Ti'Anca Mock (Ok) 21-1½w (6.44) (f, 20-11¼w, 20-10w, f, 21-1½w, f) (f, 6.38w, 6.35w, f, 6.44w, f);
- Erica McLain (Nike) 21-¾w (6.42) (15-1¼/4.60);
- DeAna Carson (Bay) 21-½w (6.41) (20-1½/6.13);
- Jeomi Maduka (Corn) 20-5¾w (6.24);
- Mindy Neeley (BYU) 20-3w (6.17);
- Whitney Carlson (NDSt) 19-11w (6.07);
- Natasha Coleman (SWSpr) 19-4¾ (5.91);
- Pat Springs (UNCC) 19-4¼ (5.90);
- Tianna Madison (Nike) 19-2¾w (5.86).

TRIPLE JUMP

RESULTS

(June 26; winds ranged from +0.8 to +4.8)

- Shakeema Welsch (unat) 46-11w (14.30) (a-c AL) (a-c 5, x A) (45-7¼w, 46-11w, p, f, 46-¾w, 45-9w) (13.90w, 14.30w, p, f, 14.04w, 13.94w)**;
- Erica McLain (Nike) 45-7¾w (13.91) (44-11, 45-6½, 45-5¾, 45-7¾w, 44-10¾, f) (13.69, 13.88, 13.86, 13.91w, 13.68, f);
- Toni Smith (unat) 45-7¼w (13.90) (43-8½w, 44-9½w, 45-1½w, 45-5¾, 45-7¼w, 36-11¾w) (13.32w, 13.65w, 13.75w, 13.86, 13.90w, 11.27w);
- Yvette Lewis (Nike) 45-6½w (13.88) (45-6½w, 45-1½, 45-¼w, f, 43-8¾w, 45-3¾w) (13.88w, 13.75, 13.72w, f, 13.33w, 13.81w);
- Crystal Manning (unat) 45-½w (13.73) (45-½w, 44-0w, 42-6¼w, f, f, 44-2¾w) (13.73w, 13.41w, 12.96w, f, f, 13.48w);
- Amanda Thieschafer (unat) 44-9w (13.64) (f, 44-8w, 44-4¾w, 43-7¾, 44-9w, 43-7¾) (f, 13.61w, 13.53w, 13.30, 13.64w, 13.30);
- Blessing Ufodiama (unat) 44-7 (13.59) PR;
- Sherita Williams (GBTC) 43-8¾w (13.33);
- Tahari James (BU) 43-1¾w (13.15);
- TiAra Walpool (KsSt) 43-1¾w (13.15);
- Shani Marks (Nike) 43-1½w (13.14) (*defending champ*);
- Jasmine Simmons (Bart) 42-6¾w (12.97) (39-11¼/12.17);
- Lauren Martin (InSt) 42-6 (12.95);
- Lena Bettis (unat) 42-¾w (12.82);
- Tamara Highsmith (ClQ) 41-11¼w (12.78);
- Casey Taylor (Mi) 41-1¾w (12.54);
- Jennifer Gurrant (Alb) 40-9¾ (12.44).

	13-9¼	14-3¼	14-7¼	14-9	14-11	15-1	15-3	15-11¼
Dragila	o	o	o	o	xo	xxx	—	—
Janson	xo	xxo	xxx	—	—	—	—	—
Stately	xxx	—	—	—	—	—	—	—
Rue	o	xo	xxx	—	—	—	—	—
Morgan	xxo	xxx	—	—	—	—	—	—
Rains	xxo	xxx	—	—	—	—	—	—
Viuf	xxx	—	—	—	—	—	—	—
Kayes	xxo	xxx	—	—	—	—	—	—
Soceka	o	xxx	—	—	—	—	—	—
Stripling	o	xxx	—	—	—	—	—	—
Bennett	p	xo	o	xxx	—	—	—	—
Johnson	p	o	o	o	xxo	o	xxx	—
Saxer	xxx	—	—	—	—	—	—	—
Hutson	xxo	xxx	—	—	—	—	—	—
Stuczynski ..	p	p	p	p	xo	o	o	xxx
Gergel	xxo	xxx	—	—	—	—	—	—
Holliday	xo	xxx	—	—	—	—	—	—
Schwartz	o	xo	o	xxx	—	—	—	—
Willer	xxx	—	—	—	—	—	—	—
Owen	o	o	xxx	—	—	—	—	—
Neuensw	xxx	—	—	—	—	—	—	—
Neumann	xxx	—	—	—	—	—	—	—
	4.20	4.35	4.45	4.50	4.55	4.60	4.65	4.86

SHOT

RESULTS

(June 26)

- Michelle Carter (Nike) 59-2 (18.03) (*defending champ*) (55-2¾, 58-5¾, 58-6½, 59-2, 58-10¼, 58-6½) (16.83, 17.82, 17.84, 18.03, 17.94, 17.84);
- Jill Camarena (NYAC) 58-10¼ (17.94) (f, 58-10¼, f, 55-7½, 57-5¾, 57-0) (f, 17.94, f, 16.95, 17.52, 17.37);
- Kristin Heaston (Nike) 58-8 (17.88) (57-¼, 58-8, f, 57-1½, 56-7½, 57-¼) (17.38, 17.88, f, 17.41, 17.26, 17.38);
- Jessica Pressley (unat) 58-5¼ (17.81) (f, 58-5¼, 56-0, 56-2½, 53-2¾, f) (f, 17.81, 17.07, 17.13, 16.22, f);
- Sarah Stevens (AzSt) 58-½ (17.69) (55-8½, 58-½, 56-4¾, f, f, f) (16.98, 17.69, 17.19, f, f, f);
- Liz Wanless (NYAC) 57-7 (17.55) (55-9¼, 54-6, 53-4½, 54-6¾, 57-7, 56-6) (17.00, 16.61, 16.27, 16.63, 17.55, 17.22);
- Chandra Brewer (unat) 56-4½ (17.18);
- Tiffany Howard (In) 55-4¼ (16.87) PR;
- Adriane Blewitt (SSole) 54-10¼ (16.72);
- Karen Shump (unat) 54-9¼ (16.69);
- Jordyn Brown (Tx) 53-8¼ (16.36);
- Mykael Bothum (Id) 52-10 (16.10);
- Patience Knight (TxT) 51-5¾ (15.69);
- Aja Evans (Il) 50-6¼ (15.40);
- Krishna Lee (Mo) 49-10 (15.19);
- Julie Dufresne (SLO) 46-½ (14.03);
- ... 3f—Sara Neubauer (AF).

DISCUS

RESULTS

(June 25)

- Stephanie Brown Trafton (Nike) 210-9 (64.25) (f, 199-2, 210-9, 197-5, f, 196-2) (f, 60.70, 64.25, 60.17, f, 59.79);
- Aretha Thurmond (Nike) 205-1 (62.51) (*defending champ*) (200-0, 192-3, 195-8, 200-1, 191-11, 205-1) (60.97, 58.60, 59.64, 61.00, 58.51, 62.51);
- Becky Breisch (unat) 203-8 (62.08) (f, 196-2, 198-11, 190-0, 203-8, 178-0) (f, 59.80, 60.63, 57.92, 62.08, 54.27);
- Summer Pierson (unat) 199-9 (60.88) (165-11, 199-9, 199-1, f, 195-2, 195-2) (50.58, 60.88, 60.69, f, 59.50, 59.50);
- Suzy Powell (Asics) 197-9 (60.29) (191-5, 191-9, 182-11, 193-0, 196-4, 197-9) (58.34, 58.45, 55.77, 58.84, 59.85, 60.29);
- Gia Lewis-Smallwood (unat) 192-8 (58.74) (192-8, f, 188-2, 191-2, 187-1, f) (58.74, f, 57.36, 58.26, 57.03, f);
- Anna Jelmini (CaHS) 187-9 (57.23) (x, 4 HS) (f, 143-3, 185-11 [x, 7 HS], 161-0, 187-9, 154-3) (f, 43.67, 56.66, 49.07, 57.23, 47.02);**
- Rachel Longfors (unat) 184-8 (56.30);
- Kim Gleeson (PBay) 177-7 (54.13);
- D'Andra Carter (TxT) 177-6 (54.10);
- Tai Battle (unat) 176-2 (53.70);
- Jeneva McCall (Snll) 175-0 (53.35);
- Rachel Talbert (unat) 173-11 (53.00);
- Ashley Muffet (Ky) 173-10 (52.99);
- Kelechi Anyanwu (unat) 168-7 (51.39);
- Emily Pendleton (Mi) 155-6 (47.41);
- ... 3f—Jere' Summers (Louis).

HAMMER

RESULTS

(June 28)

- Jessica Cosby (Nike) 236-4 (72.04) PR (AL) (3, 6 A) (defending champ) (228-10, 236-4, 234-1 [x, =11 A], f, 232-9, 233-9) (69.74, 72.04, 71.34, f, 70.94, 71.26);**
- Amber Campbell (Nike) 226-1 (68.92) (224-6, 226-1, 224-4, 225-2, 222-6, f) (68.43, 68.92, 68.39, 68.64, 67.82, f);
- Erin Gilreath (NYAC) 223-4 (68.08) (220-3, 210-1, 216-8, 223-4, f, f) (67.15, 64.05, 66.05, 68.08, f, f);
- Britney Henry (unat) 218-6 (66.60) (212-2, 212-6, 217-11, 218-6, f, 218-1) (64.68, 64.77, 66.42, 66.60, f, 66.49);
- Loree Smith (NYAC) 218-4 (66.55) (215-7, 212-4, 214-0, 213-5, f, 218-4) (65.71, 64.72, 65.24, 65.05, f, 66.55);
- Amy Haapanen (unat) 211-7 (64.50) (197-11, 209-11, 211-7, f, 209-10, 209-2) (60.33, 63.98, 64.50, f, 63.97, 63.75);
- Stevi Large (Akr) 210-3 (64.09);
- Kristal Yush (NYAC) 209-0 (63.71);
- Sarah Stevens (AzSt) 206-1 (62.83);
- Jasmine Jennings (RI) 205-8 (62.69);
- Kelly Godsey (unat) 203-1 (61.91);
- Kristin Smith (Ky) 202-10 (61.83);
- Krishna Lee (Mo) 196-10 (59.99);
- Shannon Popp (VSA) 193-10 (59.09);
- Sasha Leeth (Snll) 190-7 (58.09);
- Ozi Okolie (unat) 186-11 (56.98);
- Amy Thayer (Shore) 183-5 (55.92);
- ... 3f—Lauren Chambers (T1D).

JAVELIN

1. Kara Patterson (Pur) 209-9 (63.95) (AL) (2, 2 A) (extended-season CR—old 202-10/61.82 Kharun' [In] '03) (*defending champ*)

(f, 160-4, 170-8, f, 209-9, f) (f, 48.88, 52.02, f, 63.95, f);

2. Rachel Yurkovich (Or) 194-7 (59.31) (179-7, 193-9, 184-9, f, 194-7, 189-0) (54.74, 59.07, 56.32, f, 59.31, 57.60);

3. Kim Kreiner (Nike) 190-3 (58.00) (179-10, 190-3, 185-2, 172-2, f, 177-10) (54.82, 58.00, 56.45, 52.49, f, 54.20);

4. Alicia DeShasier (unat) 180-8 (55.08) (172-2, 171-3, 178-9, 180-8, 166-2, 170-10) (52.48, 52.20, 54.48, 55.08, 50.65, 52.08);

5. Dana Pounds-Lyon (USAF) 179-8 (54.76) (179-8, 168-11, f, 174-8, 166-5, 168-0) (54.76, 51.48, f, 53.24, 50.73, 51.21);

6. Kim Hamilton (Kent) 177-0 (53.96) (152-9, 161-9, 177-0, 147-4, f, 168-3) (46.56, 49.31, 53.96, 44.90, f, 51.29);

7. Kayla Wilkinson-Colgrove (unat) 171-10 (52.39);

8. Katie Coronado (NM) 166-3 (50.67);

9. Michelle Thompson (Ga) 162-11 (49.66);

10. Hannah Warfield (unat) 161-4 (49.19);

11. Leslie Bourgeois (Nich) 155-7 (47.42);

12. Anna Raynor (KK) 154-2 (46.99);

13. Meghan Briggs (Va) 152-9 (46.57);

14. Lisa Brown (GustA) 151-3 (46.11);

15. Michelle Coombs (EnWa) 150-5 (45.85);

16. Samantha Ford (unat) 149-2 (45.46);
... 3f—Brandi McNeil (Wheat/II).

HEPTATHLON

RESULGS

(June 27–28)

1. Diana Pickler (Asics) 6290w PR (AL) (14, x A) (13.43, 5-11¼/1.81, 44-3¼/13.49, 24.25w [3768—2], 20-9¼/6.33W, 137-5/41.90, 2:16.99 [2522]);

2. Sharon Day (Asics) 6177 PR (13.82, 6-2¾/1.90, 41-10/12.75, 24.66w [3739—3], 19-8/5.99w, 133-3/40.62, 2:13.54 [2438]);

3. Bettie Wade (Mi) 5908 PR (14.05, 5-7¾/1.72, 45-10½/13.98, 24.76w [3552—6], 21-½/6.41w, 110-4/33.64, 2:19.37 [2356]);

4. Lela Nelson (unat) 5897 (13.60, 5-7¾/1.72, 38-8¾/11.80, 24.34w [3511—8], 20-10½/6.36, 120-2/36.63, 2:20.15 [2386]);

5. Kalindra McFadden (Or) 5821 PR (14.04, 5-6½/1.69, 41-4½/12.61, 24.44w [3456—9], 19-4/5.89, 132-7/40.42, 2:16.33 [2365]);

6. Liz Roehrig (Mn) 5802 (13.98, 5-10/1.78, 39-9¾/12.13, 24.41w [3546—7], 19-10¼/6.06, 122-1/37.22, 2:23.73

[2256]);

7. Danielle McNaney (unat) 5688 PR

(14.01, 5-7¾/1.72, 39-1/11.91, 25.56w [3347—13], 19-¾/5.81, 131-0/39.94, 2:15.71 [2341]);

8. Kasey Hill (unat) 5636 (14.30, 5-5¼/1.66, 42-1¼/12.83, 24.15w [3424—10], 18-8½/5.70w, 120-3/36.66, 2:18.05 [2212]);

9. Aisha Adams (Ang) 5636 PR

(13.81, 5-4¼/1.63, 38-5½/11.72, 24.68w [3335—14], 19-11¼/6.09w, 120-0/36.59, 2:20.13 [2301]);

10. Abbie Stechschulte (unat) 5590w

(13.98, 5-5¼/1.66, 42-4¼/12.91, 25.49w [3350—12], 19-4/5.89W, 120-8/36.78, 2:20.37 [2240]);

11. Emily Pearson (unat) 5486

(14.19, 5-6½/1.69, 38-4¾/11.70, 24.86w [3335—15], 17-4/5.28w, 143-3/43.66, 2:23.53 [2151]);

12. Etienne Chaplin (Ar) 5426

(14.18, 5-4¼/1.63, 36-2¼/11.03, 24.49w [3255—16], 19-8¾/6.01w, 115-9/35.29, 2:26.22 [2171]);

13. Ashley Andres (Nik) 5289

(15.33, 5-6½/1.69, 38-6¼/11.74, 25.29w [3145—17], 19-5¼/5.92, 123-8/37.71, 2:29.79 [2144]);

14. Ashley Trimble (Ky) 5217

(14.17, 5-1¾/1.57, 35-10½/10.93, 25.21w [3114—18], 18-4½/5.60w, 99-10/30.43, 2:15.28 [2103]);

... dnfs—

Hyleas Fountain (Nike) 5193 (5) (*defending champ*)

(12.90, 6-1½/1.87, 45-3¾/13.81, 23.29w [4038—1], 22-9¾/6.95w [1155]);

Nia Ali (USC) 4999 (6)

(13.33, 5-7¾/1.72, 41-4½/12.61, 24.16w [3621—4], 19-7/5.97w, 109-0/33.23 [1378]);

Gi-Gi Johnson (Nike) 4416 (5)

(13.14, 5-3/1.60, 43-3/13.18, 23.88w [3570—5], 19-8/5.99w [846]);

Gayle Hunter (PennSt) 4236 (5)

(13.79, 5-3/1.60, 36-6¼/11.13, 23.63w [3365—11], 19-11/6.07w [871]);

Shana Woods (USC) 942 (1) (14.26).

2009 Women's World Leaders

(¶ = record performance; i = indoors)

100..... 10.88 Shelly Ann Fraser (Jamaica)
200..... 22.34 Lauryn Williams (US)
400..... 49.57 Sanya Richards (US)
800..... 1:58.10i Mariya Savinova (Russia)
1500..... 3:58.79 Gelete Burka (Ethiopia)
Mile..... 4:25.91i Jenny Barringer (US)
St..... 9:13.70 Gulnara Galkina (Russia)
3000..... 8:25.80i+ Meseret Defar (Ethiopia)
5000..... 14:24.37i Meseret Defar (Ethiopia)
10,000..... 29:53.0 Meselech Melkamu (Ethiopia)
100H..... 12.52 Priscilla Lopes-Schliep (Canada)
400H..... 53.78 Lashinda Demus (US)

HMar..... 67:18 Dire Tune (Ethiopia)
Mar 2:22:11 Irina Mikitenko (Germany)
20W 1:24:56 Olga Kaniskina (Russia)
4 x 100..... 42.36 Texas A&M (US)
4 x 400..... 3:23.08 USA
HJ 6-9 (2.06) Ariane Friedrich (Germany)
PV 16-4¾ (5.00)i Yelena Isinbayeva (Russia)
LJ 23-2 (7.06) Brittney Reese (US)
TJ 48-4 (14.73) ... Yargelis Savigne (Cuba) twice
SP 67-10¾ (20.69) Valeri Vili (New Zealand)
DT 217-2 (66.21) . Stephanie Brown Trafton (US)
HT 252-3 (76.90) ... Martina Hrašnová (Slovakia)
JT 225-0 (68.59) Christina Oberghöll (Germany)
Hept 6587 Jessica Ennis (Great Britain)

2009 Women's U.S. Leaders

100..... 10.96 Carmelita Jeter (Nike)
200..... 22.34 Lauryn Williams (Nike)
400..... 49.57 Sanya Richards (Nike)
800..... 1:59.29 Anna Willard (Nike)
1500..... 3:59.90 Jenny Barringer (Colorado)
Mile..... 4:25.91i Jenny Barringer (Colorado)
St..... 9:25.54 Jenny Barringer (Colorado)
3000..... 8:42.03i Jenny Barringer (Colorado)
5000..... 14:47.62i Shalane Flanagan (Nike)
10,000..... 31:22.69 Amy Begley (Nike)
100H..... 12.53 Dawn Harper (Nike)
400H..... 53.78 Lashinda Demus (Nike)

HMar..... 68:30 Kara Goucher (Nike)
Mar 2:32:25 Kara Goucher (Nike)
20W 1:37:13 Teresa Vaill (Walk USA)
4 x 100..... 42.36 Texas A&M
4 x 400..... 3:23.08 USA Red Penn
HJ 6-6 (1.98)i Destinee Hooker (Texas)
..... 6-6 (1.98) Chaunté Howard (Nike)
PV 15-10 (4.83)i Jenn Stuczynski (adidas)
LJ 23-2 (7.06) Brittney Reese (Nike)
TJ 45-8 (13.92) Shakeema Welsch (unat)
SP 61-2 (18.64) Liz Wanless (New York AC)
DT 217-2 (66.21) . Stephanie Brown Trafton (Nike)
HT 236-4 (72.04) Jessica Cosby (Nike)
JT 209-9 (63.95) Kara Patterson (Purdue)
Hept 6290w Diana Pickler (Asics)

in tomorrow's eNewsletter:
USATF Juniors