

— Kebede PRs To Win Fukuoka Marathon —

From **K. Ken Nakamura**

Fukuoka, Japan, December 7—Breaking away from his pursuers after 30K and then covering the next 5000 in an astonishing

PR by a half-minute from the 2:06:40 he ran in April to win the Paris race.

“I’m very happy,” said the Beijing bronze medalist, who moved to No. 12 performer all-time. “The result is better than I expected.”

The pack passed the halfway point in 1:04:02 and by 25K (1:15:49) the lead group numbered 14. The real racing started shortly after as Kebede pushed the pace and strung out the pack.

At 30K, Kebede ratched up the tempo again and dropped the remaining pursuers.

He then nailed the coffin shut with his incredible 14:17 split, the fastest ever recorded in Fukuoka.

By 35K, Kebede couldn’t see anyone trailing him as he led Satoshi Irifune and Tomoyuki Sato by 1:11. Kebede passed 40K in 1:59:45, the first sub-2:00 40K split in race history.

His second half clocked 1:02:08, nearly a two-minute negative split.

Irifune (2:09:23) held 2nd from Arata Fujiwara (2:09:47), with Sato (2:09:59) 4th ahead of Felix Limo (2:10:59).

Kebede broke the year-old Fukuoka course record (2:06:39) set by Olympic winner Sammy Wanjiru and the Japan all-comers’ best (2:06:33) set in ’99 by South Africa’s Gert Thys.

FUKUOKA MARATHON

1. Kebede (Eth) 2:06:10 PR (12, x W) (course record—old cr 2:06:39 Wanjiru [Ken] ’07) (1:04:02/1:02:08);
2. Irifune (Jpn) 2:09:23; 3. Fujiwara (Jpn) 2:09:47; 4. Sato (Jpn) 2:09:59; 5. F. Limo (Ken) 2:10:59;
6. J. Martinez (Spa) 2:11:11; 7. Makori (Ken) 2:11:54; 8. Matsumiya (Jpn) 2:12:18; 9. Brown (Can) 2:12:27; 10. Aburaya (Jpn) 2:13:48.

— Foot Locker HS Cross Regionals —

MIDWEST

Kenosha, Wisconsin, November 29—

- 5K: 1. Zivec (GrandRapids, Mn) 15:09; 2. Manilafasha (Denver, Co) 15:13.

- Girls: 1. Goethals (Rochester, Mi) 17:31; 2. Sisson (Chesterfield, Mo) 17:32.

NORTHEAST

Bronx, New York, November 29—1. Haile (Silver Spring, Md) 15:21; 2. Udland (Short Hills, NJ) 15:36.

- Girls: 1. Jones (Harvard, Ma) 17:31; 2. Greany (Suffern, NY) 17:37; 3. Cuffe (Cornwall-Hudson, NY) 17:39.

SOUTH

Charlotte, North Carolina, November 29—1. Matthews (Birmingham, Al) 14:48; 2. Sonnenfeldt (Knoxville, Tn) 14:50.

- Girls: 1. Kroeger (Franklin, Tn) 17:13; 2. Marsico (Salem, Va) 17:15.

WEST

Walnut, California, December 6—1. Schwartz (Bakersfield, Ca) 15:38; 2. Shrader (Flagstaff, Az) 15:42.

- Girls: 1. Hasay (Arroyo Grande, Ca) 18:02 (4th straight); 2. Dunne (San Clemente, Ca) 18:12.



Kebede had more than a 3-minute margin on the field

14:17, Tsegaye Kebede won the 62nd annual Fukuoka International Marathon in 2:06:10, winning by more than 3:00.

The 21-year-old Ethiopian set new course and Japanese all-comers’ records, and cut his

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— Nike Cross Country Nationals —

Portland, Oregon, December 6 (first time the event has had an individual competition open to runners not on teams) (federation rules require that schools compete as "clubs")—

TEAM BOYS

1. North Spokane (North Central, Spokane, Wa) 134 (1:20:07.50);

2. Elmhurst (York, Elmhurst, Il) 151 (1:20:01.10);

3. Naperville (Naperville North, Naperville, Il) 195 (1:20:45.80);

4. The Woodlands (The Woodlands, Tx) 197 (1:20:34.90);

5. Plainsboro (West Windsor-Plainsboro North, Plainsboro, NJ) 216 (1:20:51.40);

6. Bergen (Don Bosco, Ramsey, NJ) 216 (1:21:13.40);

7. Clifton Park (Shenendehowa, Clifton Park, NY) 222 (1:21:12.10);

8. Cedar Park (Cedar Park, Tx) 223 (1:21:07.00);

9. Buchanan (Buchanan, Clovis, Ca) 269 (1:21:36.50);

10. Thousand Oaks (Thousand Oaks, Ca) 280 (1:22:01.80);

11. Albuquerque (Academy, Albuquerque, NM) 281 (1:22:03.40);

12. Wexford (North Allegheny, Wexford, Pa) 301 (1:22:18.00);

13. Portland (Jesuit, Portland, Or) 305 (1:22:17.50);

14. Bismarck (St Mary Central, Bismarck, ND) 307 (1:21:48.00);

15. Los Angeles (Loyola, Los Angeles, Ca) 309 (1:22:12.40);

16. Manlius (Fayetteville-Manlius, Manlius, NY) 314 (1:22:00.40);

17. Dana Point (Dana Hills, Dana Point, Ca) 317 (1:22:27.90);

18. Wayzata (Wayzata, Plymouth, Ma) 341 (1:22:42.40);

19. Williamsburg (Jamestown, Williamsburg, Md) 381 (1:23:20.20);

20. Alta (Alta, Sandy, Ut) 435 (1:23:44.30);

21. Danbury (Danbury, Ct) 466 (1:24:08.40);

22. Raleigh (Broughton, Raleigh, NC) 480 (1:24:22.40).

INDIVIDUAL BOYS

1. Reed Connor (Woodlands) 15:14;

2. Jakub Zivec (Grand Rapids, Mn) 15:19;

3. Joash Osoro (Bismarck) 15:19;

4. Joe Rosa (Plainsboro) 15:19;

5. Craig Lutz (Marcus, Flower Mound, Tx) 15:25;

6. Alex Hatz (Manlius) 15:27;

7. Drew Shields (Fishers, In) 15:29;

8. Jordan Hebert (Elmhurst) 15:29;

9. Zachary Ornelas (Vista Ridge, Cedar Park, Tx) 15:31;

10. Andrew Kimpel (NSpokane) 15:33;

11. Straneva (Chenango Valley, Binghamton, NY) 15:33; 12. Gedyon (LAngeles) 15:35;

13. Rowe (Mountain View, Ca) 15:35;

14. Sulkin (Elmhurst) 15:37; 15. Swearingen (Potosi, Mo) 15:37; 16. Pohorence (Morris Hills, Rockaway, NJ) 15:38; 17. Gibson (Naperville) 15:40;

18. Sanchez (Buchanan) 15:41; 19. Leuchanka (Clifton Park) 15:41; 20. Roys (Medina, Oh) 15:44; 21. Schmidt (Redondo Union, Redondo Beach, Ca) 15:45;

22. Brown (Carroll, Southlake, Tx) 15:45; 23. Schwaderer (Wheat Ridge, Co) 15:47;

24. Stinson (Cedar Park) 15:47; 25. Veilleux (Clarke County, Berryville, Va) 15:47;...

30. McWilliams (Naperville) 15:52;... **47. Dean (NSpokane) 16:02;... 48. Howard (NSpokane) 16:03;... 55. Johnston (NSpokane) 16:06;...**

62. Jermann (Naperville) 16:09;... **75. Smith (Elmhurst) 16:16;... 86. Cecil (Elmhurst) 16:20;... 89. Driggs (Elmhurst) 16:22;... 95. Avila (NSpokane) 16:26;...**

110. Herbert (Naperville) 16:32;... 114. Guthrie (Naperville) 16:35;... **131. Morgan (Elmhurst) 16:46;... 156. Adams (NSpokane) 17:02;...**

180. Woodward (Naperville) 17:32;... **181. Reid (NSpokane) 17:33;... 188. Jurkiewicz (Naperville) 17:39;... 194. Pollastrini (Elmhurst) 18:40.**

TEAM GIRLS

1. Manlius (Fayetteville-Manlius, NY) 66 (1:31:29.60) (third straight win);

2. Santa Clarita (Saugus, Ca) 135 (1:33:24.20);

3. Wilmington (Tatnall, Wilmington, De) 182 (1:34:22.90);

4. Kinetic (Saratoga Springs, NY) 193 (1:34:28.40);

5. Adirondack (Queensbury, NY) 204 (1:34:12.80);

6. Newton (Newton South, Newton, Ma) 205 (1:34:43.90);

7. Fort Collins (Ft Collins, Co) 218 (1:35:04.00);

8. Burnt Hills (Burnt Hills-Ballston Lake, Burnt Hills, NY) 251 (1:35:03.70);

9. Suwanee (Collins Hill, Suwanee, Ga) 260 (1:35:29.00);

10. Dana Point (Dana Hills, Dana Point, Ca) 262 (1:35:34.90);

11. Eden Prairie (Eden Prairie, Mn) 262 (1:35:44.70);

12. Sudbury (Lincoln-Sudbury, Lincoln, Ma) 274 (1:35:54.10);

13. Colorado Springs (Classical, Colorado Springs, Co) 295 (1:36:15.10);

14. The Woodlands (The Woodlands, Tx) 303 (1:35:45.40);

15. Portland (Jesuit, Portland, Or) 317 (1:36:44.30);

16. Rocky River (Magnificat, Rocky River, Oh) 362 (1:37:17.00);

17. Geneva (Geneva, Il) 380 (1:37:40.11);

18. Vista Ridge (Vista Ridge, Cedar Park, Tx) 424 (1:38:28.00);

19. Sioux Falls (Roosevelt, Sioux Falls, SD) 440 (1:38:41.70);

20. Cinco Ranch (Cinco Ranch, Katy, Tx) 457 (1:39:02.70);

21. Sammamish (Eastlake, Sammamish, Wa) 489 (1:39:32.70);

22. Kingwood (Kingwood Park, Kingwood, Tx) 498 (1:39:39.50).

INDIVIDUAL GIRLS

1. Chelsey Sveinsson (Greenhill, Addison, Tx) 17:27;

2. Sarah Andrews (Woodlands) 17:36;

3. Eleanor Fulton (Highlands Ranch, Co) 17:46;

4. Danielle Winslow (Adirondack) 17:49;

5. Lindsay Flanagan (Lake Park, Roselle, Il) 17:51;

6. Elizabeth Predmore (Clifton Park) 17:53;

7. Courtney Chapman (Manlius) 17:53;

8. Ashlee Decker (Dowling, West Des Moines, Ia) 17:56;

9. Sam Roecker (Burnt Hills) 17:59;

10. Alyssa Nielson (Heritage, Colleyville, Tx) 18:01;

11. Mahoney (SClarita) 18:05; 12. Tindell (Belton, Tx) 18:06; 13. Winslow (Suwanee) 18:08; 14. Martinez (Davis, Yakima, Wa) 18:09;

15. Billmeyer (Torrey Pines, San Diego, Ca) 18:10; 16. Morgan (Barnesville, Oh) 18:10; 17. Hanenberg (CoSprings) 18:11; 18. Chambers (RockyRiver) 18:12;

19. Anklin (Manlius) 18:14; 20. Adams (Esperanza, Anaheim, Ca) 18:15; **21. Luber (Manlius) 18:15;** 22. Milne (Academy, Albuquerque, NM) 18:17;

23. Neczypor (N Royalton, Oh) 18:18; **24. Carter (Manlius) 18:18;** 25. Morgan (Mountain Brook, Al) 18:22;... 29. Bottorff (Wilmington) 18:29;... 38. Buenaga (Wilmington) 18:37;...

53. Pierce (Wilmington) 18:47;... **56. Murakami (SClarita) 18:48;... 61. Bulder (SClarita) 18:50;... 63. Malone (Manlius) 18:51;... 65. Jauregui (SClarita) 18:52;...**

66. Randall (SClarita) 18:52;... 83. Fehr (Wilmington) 19:03;... 97. Frankian (SClarita) 19:12;... 112. Molt (SClarita) 19:24;... 115. Buchan (Manlius) 19:27;...

117. Parsons (Wilmington) 19:29;... **122. Chapman (Manlius) 19:35;... 138. Calvarese (Wilmington) 19:55;... 157. Blackwell (Wilmington) 20:07.**

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