

# track NEWSLETTER

Volume 4, No. 45  
December 6, 2005

## — Nike HS Team Nationals —

Portland, Oregon, December 3 (loop) (high school cross country teams invited based on regional rankings. Due to federation rules, teams had to compete as clubs; in-season affiliations given in parentheses with team scores) (multi-loop 5K on a horse track with artificial "camelback" hills)—

**Boys' Teams:** 1. Saratoga (Saratoga Springs, NY) 111 (1:25:59); 2. Elmhurst (York, Elmhurst, IL) 134 (1:26:19); 3. Manlius (Fayetteville-Manlius, Manlius, NY) 134 (1:26:15); 4. Mead (Mead, Spokane, WA) 176 (1:26:49); 5. Mountain View (Mountain View, Orem, UT) 189 (1:27:06);

6. Simi West (Royal, Simi Valley, CA) 195 (1:27:08); 7. Carmichael (Jesuit, Carmichael, CA) 198 (1:27:16); 8. Brothers (Christian Brothers, Lincroft, NJ) 204 (1:27:17); 9. Fort Collins (Fort Collins, CO) 207 (1:26:55); 10. Spokane (Ferris, Spokane, WA) 217 (1:27:23);

11. Central Catholic (Central Catholic, Portland, OR) 304 (1:28:07); 12. Chapel Hill (Chapel Hill, NC) 317 (1:28:46); 13. Hills (Morris Hills, NJ) 323 (1:29:04); 14. Willmar (Willmar, MN) 337 (1:29:08); 15. Warren (Warren Central, Indianapolis, IN) 338 (1:28:56);

16. Corpus Christi (King, Corpus Christi, TX) 354 (1:29:36); 17. Louisville (St. Xavier, Louisville, KY) 366 (1:30:07); 18. Yankton 3-D (Yankton, SD) 394 (1:29:53); 19. Rock Springs (Rock Springs, Wyoming) 423 (1:30:31); 20. Flower Mound (Marcus, Flower Mound, TX) 445 (1:30:53).

**Individuals:** 1. Klotz (CCath) 16:26; 2. Bolas (ChHill) 16:30; 3. Shannon (FtCollins) 16:35; 4. Gruenewald (Manlius) 16:48; 5. Nepon (Mead) 16:54; 6. Turner (Warren) 16:54; 7. Cosby (Spokane) 16:55; 8. Dettman (Elmhurst) 16:57; 9. Kelsey (Saratoga) 16:58; 10. Rogers (Bros) 16:58;

11. Gregory (Saratoga) 17:02; 12. Dettman (Elmhurst) 17:02; 13. McDonald (MtnView) 17:02; 14. McCann (Manlius) 17:04; 15. Jon Williams (Yankton 3-D) 17:05; 16. Murdock (Saratoga) 17:08; 17. Palmer (Mead) 17:11; 18. Reichl (West) 17:11; 19. Michael Salvatierra (XCClub) 19; 20. Heron (Manlius) 17:13;

21. Abbey (FtCollins) 17:13; 22. Achtiem (Elmhurst) 17:14; 23. Bangert (Saratoga) 17:15; 24. Lombardi (Bros) 17:16; 25. Quakenbush (Spokane) 17:17; 26. Adeys (Willmar) 17:18; 27. Kimple (Manlius) 17:19; 28. Coulson (MtnView) 17:19; 29. McClain (Louisv) 17:20; 30. Martineau (MtnView) 17:21;

31. Haby (CChristi) 17:22; 32. Rodkewitz (XCClub) 17:22; 33. Horel (Bros) 17:23; 34. Workman (ChHill) 17:23; 35. Benouar (Carmichael) 17:24; 36. Hickerson (Spokane) 17:24; 37. Daratha (Mead) 17:24; 38. Watchempino (Carmichael) 17:25; 39. Sullivan (West) 17:25; 40. Pedersen (West) 17:26;

41. Cybulski (West) 17:27; 42. Kittell (FtCollins) 17:28; 43. Hatcher (Mead) 17:28; 44. Wheat (Bros) 17:32; 45. Fry (Elmhurst) 17:33; 46. Davis (Louisv) 17:34; 47. Kuczwarra (Elmhurst) 17:34; 48. Long (Louisv) 17:35; 49. Reiter (RSprings) 17:36; 50. Kelly-Strong (Carmichael) 17:36;...

52. Allen (Saratoga) 17:38;... 65. Montgomery (Elmhurst) 17:47;... 69. King (Manlius) 17:52;... 79. FitzGibbons (Manlius) 17:57;... 98.

Meyer (Saratoga) 18:16;... 104. Demetri Goutos (Saratoga) 18:24;... 119. Dan Marnell (Manlius) 18:48.

### NIKE TEAM GIRLS

**Teams:** 1. Hilton (Hilton, NY) 85 (1:43:40); 2. Saratoga Streaks (Saratoga Springs, NY) 112 (1:43:40); 3. Carroll (Carroll, Southlake, TX) 123 (1:43:12); 4. Naperville (Naperville North, Naperville, IL) 133 (1:44:49); 5. Yankton 3-D Running (Yankton, SD) 179 (1:45:10);

6. Newport (Corona del Mar, Newport Beach, CA) 203 (1:45:41); 7. Gig (Gig Harbor, WA) 205 (1:46:54); 8. Rocky Mountain (Rocky Mountain, Fort Collins, CO) 218 (1:46:53); 9. Succasunna (Roxbury, Succasunna, NJ) 225 (1:46:54); 10. Fremont (Fremont, Plain City, UT) 252 (1:47:35);

11. Greenbelt (Eleanor Roosevelt, Greenbelt, MD) 276 (1:48:33); 12. Oak Park Station (Oak Park, CA) 284 (1:48:35); 13. Westfield (Westfield, IN) 302 (1:48:55); 14. Jacksonville (Epicopal, Jacksonville, FL) 313 (1:49:09); 15. Fairbanks (West Valley, Fairbanks, AK) 316 (1:49:15);

16. Kingwood (Kingwood, Humble, TX) 381 (1:50:41); 17. Colorado Lady Knights (Fairview, Boulder, CO) 398 (1:51:16); 18. Portland Harriers (Jesuit, Portland, OR) 409 (1:51:18); 19. North Lakeville (Lakeville North, Lakeville, MN) 428 (1:52:01); 20. Boise Striders (Boise, ID) 468 (1:53:04).

**Individuals:** 1. Bies (Yankton) 19:24; 2. A. St. Geme (XCClub) 19:28; 3. Walker (Carroll) 19:39; 4. Upshaw (Carroll) 19:42; 5. Ferguson (Saratoga) 19:51; 6. Phelan (Naperv) 20:06; 7. Davidson (Saratoga) 20:11; 8. Sawyer (Hilton) 20:21; 9. Stevens (XCClub) 20:21; 10. Ricks (Fremont) 20:28;

11. Parry (RMtn) 20:31; 12. Griggs (Hilton) 20:35; 13. Schulz (Hilton) 20:38; 14. Bingham (Westf) 20:40; 15. Storm (Yankton) 20:42; 16. Rastall (RMtn) 20:43; 17. MacGregor (CoLady) 20:51; 18. Andrews (Gig) 20:52; 19. Herman (Hilton) 20:56; 20. Walker (Greenb) 20:56;

21. Metz (Naperv) 20:56; 22. Sipes (Gig) 20:57; 23. Upshaw (Carroll) 20:58; 24. Cummings (XCClub) 20:58; 25. DeBerge (Naperv) 20:59; 26. Rivers (Greenb) 21:02; 27. Penney (XCClub) 21:03; 28. Ferber (Carroll) 21:04; 29. Pitney (Fairb) 21:04; 30. Hill (Saratoga) 21:07;

31. Goutos (Saratoga) 21:10; 32. Ennis (XCClub) 21:11; 33. Jones (Hilton) 21:12; 34. K. Chugg (Fremont) 21:13; 35. Traylor (Jacksonv) 21:14; 36. J. Chugg (Fremont) 21:18; 37. Lightfoot (ParkStn) 21:18; 38. Stratton (Naperv) 21:21; 39. Campbell (Saratoga) 21:22; 40. Payne (Gig) 21:24;

41. Strenkowski (ParkStn) 21:26; 42. Shelby Buckley (XCClub) 42; 43. Speckmann (Naperv) 21:28; 44. Kalbrener (Gig) 21:30; 45. Leader (Yankton) 21:31; 46. Vatanian (Saratoga) 21:32; 47. Rorabaugh (Fairb) 21:33; 48. Ehrman (Westf) 21:33; 49. Kuchta (Yankton) 21:34; 50. Maher (RMtn) 21:36;...

65. Brown (Carroll) 21:52;... 84. Kuykendall (Carroll) 22:17;... 93. Denny (Carroll) 22:29;... 101. Brienne Bellon (Saratoga) 22:43;... 127. Calleen Childs (Hilton) 23:47;... 140. Erin Pratt (Hilton) 27:00.

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# — Foot Locker High School Regionals —

Top 8 from each region qualify for final, December 10 in San Diego.

To aid West region runners on top teams facing a choice between their regional and the Nike Team Nationals on the same date, the top two individuals from the NTN representing the West Region were also invited to the Foot Locker Final.

## **FOOT LOCKER NORTHEAST**

Bronx, New York, November 26—

5K: 1. A. Tye (Ashburnham, Ma) 15:21; 2. S. Tye (Ashburnham, Ma) 15:29; 3. Bateman (Rochester, NY) 15:32; 4. Kelsey (Saratoga Springs, NY) 15:34; 5. Ward (Griswold, Ct) 15:35; 6. Rhodes Devey (Slingerlands, NY) 15:36; 7. Perrella (Westfield, NJ) 15:37; 8. Koloseus (Guilford, Ct) 15:38; 9. Capecci (New Hope, Pa) 15:39; 10. Hibbs (Hatboro, Pa) 15:44;

11. Croff (Lisbon, Ct) 15:47; 12. Busby (New Paltz, NY) 15:49; 13. Walker (Ellwood City, Pa) 15:54; 14. Heenan (Liverpool, NY) 15:57; 15. Grey (Stewartstown, Pa) 15:57.

## **NORTHEAST WOMEN**

5K: 1. Blood (Gansevoort, NY) 17:42; 2. Ryan (Bellvale, NY) 17:50; 3. Lane (Gansevoort, NY) 17:52; 4. Ferguson (Greenfield Center, NY) 17:55; 5. Tauro (Manahawkin, NJ) 17:55; 6. Costello (Wayne, Pa) 18:00; 7. Jackucewicz (Farmingdale, NJ) 18:01; 8. Deir (Lima, NY) 18:01; 9. Davidson (Saratoga Springs, NY) 18:08; 10. Greany (Suffern, NY) 18:09;

11. McKenna, (Sloatsburg, NY) 18:10; 12. Longman (Sayville, NY) 18:17; 13. Sawyer (Rochester, NY) 18:19; 14. Schultz (Rochester, NY) 18:19; 15. Marino (Jackson, NJ) 18:26.

## **FOOT LOCKER SOUTH**

Charlotte, North Carolina, November 23—

5K: 1. Eaton (Bowling Green, Ky) 14:46; 2. Gerber (Spring, Tx) 14:51; 3. Bolas (Chapel Hill, NC) 14:54; 4. Hubers (Marietta, Ga) 14:55; 5. Phillips (College Station, Tx) 14:59; 6. Siragusa (Herndon, Va) 15:00; 7. Harbor (Palm Coast, Fl) 15:01; 8. Roberts (Raleigh, NC) 15:02; 9. Lowe (Southlake, Tx) 15:07; 10. Sorrell (Memphis, Tn) 15:08;

11. Hannah (Lebanon, Tn) 15:14; 12. Divinnie (Brentwood, Tn) 15:19; 13. Heller (Marietta, Ga) 15:19; 14. Workman (Chapel Hill, NC) 15:23; 15. Hill (Hickory, NC) 15:24.

## **SOUTH WOMEN**

5K: 1. Jones (Houston, Tx) 17:10; 2. Niehaus (Columbia, SC) 17:15; 3. Scott (Chesapeake, Va) 17:15; 4. Kroeger (Franklin, Tn) 17:16; 5. Jones (Fort Myers, Fl) 17:17; 6. White (Roanoke, Va) 17:19; 7. Parrish (Ocala, Fl) 17:19; 8. Reese (Atlanta, Ga) 17:22; 9. Walker (Southlake, Tx) 17:23; 10. Upshaw (Southlake, Tx) 17:26;

11. Drouin (Lawrenceville, Ga) 17:37; 12. Spring (Spring, Tx) 17:38; 13. Hodges (Paradise, Tx) 17:42; 14. Means (McKinney, Tx) 17:43; 15. Mankin (Brentwood, Tn) 17:43.

## **FOOT LOCKER MIDWEST**

Parkside, Wisconsin, November 26—

5K: 1. Ige (South, Denver, Co) 14:58; 2. Peacock (Morley, Mi) 15:01; 3. Hagerman (Markleville, In) 15:05; 4. Craven (Mount Prospect, Il) 15:06; 5. Stevens (Winnebago, Il) 15:08; 6. Roberts (Crested Butte, Co) 15:09; 7. Finley (Palatine, Il) 15:10; 8. Shannon (Fort Collins, Co) 15:12; 9. Jager (Algonquin, Il) 15:16; 10. Turner (Indianapolis, In) 15:18;

11. Torchia (Rochester, Mn) 15:21; 12. Hatch (Nashville, Il) 15:26; 13. Balyo (Springboro, Oh) 15:27; 14. Havel (Arlington Heights, Il) 15:30; 15. Heineking (Chardon, Oh) 15:33.

## **MIDWEST WOMEN**

5K: 1. Sammons (Centennial, Co) 17:26; 2. Bies (Yankton, SD) 17:29; 3. Grinaker (Detroit Lakes, MN) 17:30; 4. Wetsch (Chaska, Mn) 17:33; 5. Franek (Hiram, Oh) 17:37; 6. Eckert (Sioux Falls, SD) 17:42; 7. Anderson (Leeds, ND) 17:44; 8. Banfich (Plymouth, In) 17:47; 9. Yetzer (Lakeville, Mn) 17:51; 10. Snow (Wildwood, Mo) 17:52;

11. Burke (Waunakee, Wi) 17:55; 12. Schenck (Mantua, Oh) 18:06; 13. Beckman (Newoygo, Mi) 18:07; 14. Infeld (University Heights, Oh) 18:10; 15. McGlynn (Bailey, Co) 18:11.

## **FOOT LOCKER WEST**

Walnut, California, December 3—

5K: 1. Acosta (El Camino, Oceanside, Ca) 15:38; 2. Sittler (St. Francis, Ca) 15:39; 3. Tebo (El Dorado, Albuquerque, NM) 15:42; 4. Coe (Cabrillo, Lompoy, Ca) 15:42; 5. Stoutenbough (Crater, Central Pt, Or) 15:43; 6. Da. Mercado (West Covina, Ca) 15:43; 7. Di. Mercado (West Covina, Ca) 15:44; 8. Helmer (Jackson, Snohomish, Wa) 15:47; 9. Matthews (Folsom, Ca) 15:53; 10. Sellers (Crescenta Vly, Ca) 16:02;

11. Booker (Universal City, San Diego, Ca) 16:05; 12. Avila (Bonita Vista, Bonita, Ca) 16:05; 13. Zazueta (Desert View, Tucson, Az) 16:06; 14. Kelly (Desert Vista, Phoeix, Az) 16:07; 15. Harris (Los Osos, Rancho Cucamonga, Ca) 16:08.

(NTN Qualifiers: Klotz [Central Catholic, Portland, Or], Nepon [Mead, Spokane]).

## **WEST WOMEN**

5K: 1. Hasay (Mission College, San Luis Obispo, Ca) 17:14; 2. Lawrence (Reno, Nv) 17:38; 3. O'Reilly (Mt. Spokane, Wa) 17:52; 4. Tarver (Serrano, Wrightwood, Ca) 17:59; 5. Reed (Fountain Valley, Ca) 18:02; 6. Hardt (Queen Creek, Az) 18:05; 7. Adamyk (Glendora, Ca) 18:16; 8. Kosinski (Oak Ridge, Eldorado Hills, Ca) 18:20; 9. Murphy (Mira Costa, Manhattan Beach, Ca) 18:24; 10. Blue (Newport Harbor, Costa Mosa, Ca) 18:35;

11. Michel (Clackamas, Or) 18:39; 12. Murakami (Saugus, Ca) 18:40; 13. Andrews (LaCosta Canyon, Encinitas, Ca) 18:42; 14. Sperry (Simi Valley, Ca) 18:44; 15. Ossola (St. Michael's, Santa Fe, NM) 18:49.

(NTN Qualifiers: A. St. Geme [Corona del Mar, Newport Beach, Ca], Ricks [Fremont, Plain City, Ut])

We admit we lied. We promised this eTN for next week, but in the end couldn't hold back the past weekend's high school harrier action for another seven days.

Expect another eTN, including the Foot Locker Nationals, next week.