

# track NEWSLETTER

Volume 2, No. 39  
November 19, 2003

## — NCAA District XC —

### — Men —

All races 10K (6.21M). Top 2 teams from each region automatically qualify. Additionally, 13 teams were selected at-large.

Top 4 individuals from each region not on qualifying teams advanced. Additionally, two individuals were selected at-large. \* = at-large selection

#### NORTHEAST

Boston, Massachusetts—

**Teams:** 1. Iona 58; 2. Providence 73; 3. Brown 94; 4. Yale 111; 5. Columbia 173; 6. Dartmouth 182; 7. New Hampshire 220; 8. Harvard 260; 9. Boston College 267; 10. Quinnipiac 286.

**Individuals:** 1. Kiplagat' (Iona) 29:50; 2. Sundell (Col) 29:56; 3. Wykes' (Prov) 30:00; 4. Gaudette (Brown) 30:10; 5. Smyth' (Iona) 30:19; 6. Meyer (Yale) 30:20; 7. Boissezo' (Colg) 30:24; 8. Moulton' (Prov) 30:26; 9. Dieckfoss\* (BU) 30:29; 10. Meinelt (NH) 30:35;...

12. Wray' (Iona) 30:38;... 19. Connolly' (Iona) 30:56;... 21. Chemlany' (Iona) 30:57.

#### MID-ATLANTIC

Lock Haven, Pennsylvania—

**Teams:** 1. Villanova 55; 2. Georgetown 57; 3. Princeton 91; 4. American 95; 5. Penn State 187; 6. Navy 210; 7. La Salle 222; 8. Bucknell 226; 9. St. Francis 253; 10. Penn 259.

**Individuals:** 1. Mazzocco (PennSt) 30:26; 2. Fasulo (Vill) 30:30; 3. Hayden' (Vill) 30:35; 4. Laboy (StJos) 30:35; 5. Sheehan (StF) 30:40; 6. Hower (Gtn) 30:50; 7. Lukezic (Gtn) 30:51; 8. Mitric' (Vill) 30:53; 9. Colangelo (Prin) 30:53; 10. Seymour (Amer) 30:53; 11. Koborsi (Gtn) 30:54;... 14. Curtis (Vill) 30:57;... 17. DeBole (Gtn) 31:08;... 29. Keino' (Vill) 31:22.

#### SOUTHEAST

Greenville, North Carolina—

**Teams:** 1. NC State 38; 2. Kentucky 85; 3. William & Mary\* 94; 4. Virginia\* 95; 5. Clemson 142; 6. James Madison 198; 7. Duke 219; 8. Wake Forest 221; 9. North Carolina 222; 10. Appalachian State 296.

**Individuals:** 1. Morgan (Ky) 29:57; 2. Shaw (Clem) 30:01; 3. Moran (WM) 30:09; 4. A. Smith (NCSt) 30:10; 5. Kipchiris' (CCar)

30:11; 6. Bailey (WnCar) 30:16; 7. Christian (Va) 30:20; 8. Pearson (NCSt) 30:27; 9. Mack (NCSt) 30:27; 10. Smith (NCSt) 30:27; 11. Bader (NCSt) 30:28;... 15. Freeman (Ky) 30:38.

#### SOUTH

Auburn, Alabama—

**Teams:** 1. Georgia 37; 2. Florida State 64; 3. Florida 86; 4. Tennessee 125; 5. Alabama 132; 6. UT-Chattanooga 156; 7. Georgia Tech 168; 8. Auburn 214; 9. Belmont 277; 10. Mississippi State 298.

**Individuals:** 1. Ngata' (Ga) 30:11; 2. Tigchelaar' (FlSt) 30:12; 3. Kocsis' (TnCh) 30:24; 4. Rabbitt (GaT) 30:26; 5. Bett' (Ga) 30:28; 6. Zieminski (Fl) 30:28; 7. Kelly (Tn) 30:30; 8. Dickinson (Ga) 30:32; 9. Swope (Ga) 30:39; 10. Waweru' (Al) 30:43;...

14. Burrell (Ga) 30:55.

#### GREAT LAKES

Terre Haute, Indiana—

**Teams:** 1. Wisconsin 72; 2. Michigan 76; 3. Ohio State\* 116; 4. Central Michigan\* 131; 5. Indiana\* 134; 6. Miami/Ohio\* 141; 7. Butler 143; 8. Notre Dame 145; 9. Eastern Michigan 181; 10. Kent State 268.

**Individuals:** 1. Thompson' (EnMi) 30:12; 2. Mitchell (Mia/Oh) 30:30; 3. S. Jefferson (In) 30:41; 4. Brannen' (Mi) 30:44; 5. Myers (OhSt) 30:45; 6. Willis' (Mi) 30:47; 7. Mobley (NDm) 30:48; 8. Perlberg (CMI) 30:49; 9. Lockhart (Wi) 30:50; 10. Greenless (In) 30:50;

11. Bairu' (Wi) 30:51; 12. Humphrey (CMI) 30:52; 13. Solinsky (Wi) 30:52; 14. Gerth (OhSt) 30:54; 15. Moore (NDm) 30:54; 16. Spiker (Wi) 30:55;... 23. Nelson (Wi) 31:09.

#### MIDWEST

Stillwater, Oklahoma—

**Teams:** 1. Oklahoma State 78; 2. Minnesota 89; 3. Iowa 129; 4. Kansas 136; 5. Loyola/Chicago 139; 6. Oklahoma 178; 7. Missouri 191; 8. Illinois 199; 9. Drake 212; 10. Northern Iowa 273.

**Individuals:** 1. Pukstas' (OkSt) 30:39; 2. Chesang' (Ks) 30:41; 3. Chesang' (KsSt) 31:02; 4. Woolhouse' (OkSt) 31:05; 5. Wilberts (Drake) 31:07; 6. Mullranin (Mn) 31:17; 7. Rae (Ia) 31:19; 8. Rantall' (OkSt) 31:22; 9. Vega (Mn) 31:24; 10. Esche (Ia) 31:26.

#### SOUTH CENTRAL

Waco, Texas—

**Teams:** 1. Arkansas 54; 2. Texas A&M 73; 3. Stephen F. Austin 77; 4. Texas 85; 5. Sam Houston 163; 6. Rice 180; 7. Baylor 213; 8. UT-Pan American 271; 9. Houston 271; 10. Texas A&M-Pan Corpus Christi 275.

**Individuals:** 1. Morrison' (Tx) 29:43; 2. Cragg' (Ar) 30:08; 3. Keating (UTPA) 30:13; 4. Thompson (SFA) 30:17; 5. Sandfort (Ar) 30:19; 6. Balgac' (SMU) 30:27; 7. Bonn (TxAM) 30:31; 8. Flores\* (SFA) 30:47; 9. McKinstry (TxAM) 30:48; 10. Cook (TxAM) 30:49;

11. Magness (Rice) 30:50;... 14. Gunn (Ar) 31:12; 15. Poe (Ar) 31:15;... 22. Harper (Ar) 31:44.

#### MOUNTAIN

Ogden, Utah (altitude c1300m)—

**Teams:** 1. Colorado 69; 2. Northern Arizona 83; 3. Air Force\* 93; 4. BYU\* 12; 5. Colorado State\* 104; 6. Utah State 177; 7. Weber State 209; 8. Montana State 220; 9. Montana 245; 10. Idaho State 257.

**Individuals:** 1. Ritzenhein (Co) 30:23; 2. Kangogo' (BYU) 30:48; 3. Nelson (Co) 30:56; 4. Bogdan' (UTEP) 31:07; 5. Dumm (AFA) 31:08; 6. Ahnström' (NnAz) 31:11; 7. Vigil (CoSt) 31:11; 8. Payne (AFA) 31:13; 9. Schoolmeister (Co) 31:16; 10. Nielson (UtSt) 31:18;

11. Ford' (Mt) 31:20; 12. Gibson (MtSt) 31:20; 13. Weilacher (NnAz) 31:23; 14. Laird (NnAz) 31:25;... 19. Watkins (NnAz) 31:44;... 27. Scott (Co) 31:56;... 29. Batliner (Co) 32:02; 30. Burchill (Co) 32:03.

#### WEST

Portland, Oregon—

**Teams:** 1. Stanford 18; 2. Cal Poly SLO 110; 3. Arizona\* 132; 4. Washington\* 162; 5. Oregon\* 164; 6. Portland\* 169; 7. UCLA 178; 8. Arizona State 189; 9. Washington State 252; 10. Cal 257.

**Individuals:** 1. Dobson (Stan) 29:32; 2. Hall (Stan) 29:33; 3. Cheseret' (Az) 29:35; 4. Sage (Stan) 29:42; 5. Tenforde (Stan) 29:44; 6. Emme (Stan) 29:45; 7. Craig (Port) 29:45; 8. Ricketts (SLO) 30:00; 9. Davis (Stan) 30:02; 10. Maiyo' (Az) 30:02;... 22. Hill (Stan) 30:20.

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## — Women's Districts —

All races 6K (3.73M). Top 2 teams from each region automatically qualify. Additionally, 13 teams were selected at-large.

Top 4 individuals from each region not on qualifying teams advanced. Additionally, two individuals were selected at-large. \* = at-large selection.

### NORTHEAST

Boston—

**Teams:** 1. Providence 49; 2. Columbia 62; 3. Dartmouth 103; 4. Yale 135; 5. Boston College 139; 6. Cornell 213; 7. Brown 297; 8. New Hampshire 319; 9. Stony Brook 373; 10. Iona 377.

**Individuals:** 1. Smith' (Prov) 20:23; 2. Cullen' (Prov) 20:31; 3. Hickin (Col) 20:55; 4. Kiernan (Yale) 21:09; 5. Chelanga' (Iona) 21:10; 6. Stublic (Col) 21:11; 7. Kramer (BC) 21:17; 8. Crombie' (Prov) 21:22; 9. Schorr (Dart) 21:25; 10. Donovan (BC) 21:27;... 15. Byrne' (Prov) 21:43;... 23. Cappello (Prov) 22:00.

### MID-ATLANTIC

Lock Haven—

**Teams:** 1. Georgetown 56; 2. Princeton 78; 3. Villanova\* 98; 4. Penn State\* 104; 5. West Virginia 118; 6. Penn 237; 7. American 259; 8. Maryland 273; 9. La Salle 289; 10. Pitt 293.

**Individuals:** 1. Clement (Gtn) 20:02; 2. Kroshus' (Prin) 20:06; 3. Carlstrom (Amer) 20:08; 4. Landreth (PennSt) 20:09; 5. Ferrell (Prin) 20:12; 6. Metcalfe' (WV) 20:19; 7. Parusheva' (Vill) 20:20; 8. Struyk' (WV) 20:30; 9. Lee (Gtn) 20:34; 10. Muncan' (Vill) 20:41.

### SOUTHEAST

Greenville—

**Teams:** 1. North Carolina 52; 2. NC State 64; 3. Wake Forest\* 79; 4. Duke\* 158; 5. William & Mary 165; 6. Virginia Tech 179; 7. Kentucky 199; 8. Virginia 229; 9. Richmond 276; 10. Coastal Carolina 285.

**Individuals:** 1. Flanagan (NC) 19:45; 2. Henry' (NC) 20:02; 3. Donohue (NC) 20:17; 4. Gunning (NCSt) 20:19; 5. Overbeeke' (VaT) 20:20; 6. Bersagel (WF) 20:23; 7. Henderson (WM) 20:24; 8. Lucas (NCSt) 20:29; 9. Lee (Camp) 20:37; 10. Mountsinga' (CCar) 20:38;... 19. Perry (NC) 20:53; 27. Owen (NC) 21:06;... 39. Kaltenbach (NC) 21:25.

### SOUTH

Auburn, Alabama—

**Teams:** 1. Tennessee 71; 2. Florida State 93; 3. Georgia 109; 4. Auburn 127; 5. Vanderbilt 132; 6. Mississippi State 186; 7. Florida 206; 8. South Florida 228; 9. Belmont 274; 10. Georgia Tech 302.

**Individuals:** 1. Gill' (FIS) 19:49; 2. McWilliams (MsSt) 20:43; 3. Homan (Aub) 20:51; 4. General' (SFI) 20:54; 5. Novak (Tn) 20:55; 6. Wanyoike' (Aub) 20:58; 7. Cauble

(Tn) 21:00; 8. Cordell\* (Ga) 21:02; 9. Hyatt (Tn) 21:03; 10. Csorna (Belm) 21:05.

### GREAT LAKES

Terre Haute—

**Teams:** 1. Notre Dame 43; 2. Michigan 58; 3. Michigan State\* 96; 4. Indiana\* 150; 5. Marquette\* 159; 6. Wisconsin\* 203; 7. Toledo 206; 8. Ball State 298; 9. Butler 313; 10. Purdue 328.

**Individuals:** 1. Huddle (NDm) 20:15; 2. Carson' (MiSt) 20:27; 3. Walter (Mi) 20:39; 4. Young (Mi) 20:43; 5. Krzyminski (MiSt) 20:46; 6. Kremer (Mia/Oh) 20:47; 7. King' (NDm) 20:49; 8. Meagher (NDm) 20:56; 9. Gallo (Mi) 20:59; 10. M. Guiney (Wi) 21:05.

### MIDWEST

Stillwater—

**Teams:** 1. Nebraska 60; 2. Missouri 63; 3. Illinois 105; 4. Southwest Missouri 157; 5. Kansas 171; 6. Minnesota 178; 7. Northwestern 186; 8. Oklahoma 202; 9. Iowa 283; 10. Illinois State 344.

**Individuals:** 1. Bales (Mo) 21:18; 2. Gaffigan (Nb) 21:23; 3. Eldridge (Ok) 21:27; 4. Ramsey (Mo) 21:28; 5. Hunt (Il) 21:29; 6. Owens (SWMo) 21:33; 7. Lauver (Mo) 21:33; 8. Handrup (Nb) 21:35; 9. Culbertson (KsSt) 21:36; 10. Lavoie (Ks) 21:39.

### SOUTH CENTRAL

Waco—

**Teams:** 1. Texas 66; 2. Baylor 68; 3. Arkansas 70; 4. TCU 86; 5. Texas A&M 118; 6. Rice 148; 7. Stephen F. Austin 230; 8. Texas A&M-Corpus Christi 146; 9. UT-Arlington 264; 10. Lamar 280.

**Individuals:** 1. Kinyanjui' (TCU) 20:44; 2. van Rooyen' (SMU) 20:49; 3. Butler (TCU) 20:57; 4. Gorry (Rice) 20:59; 5. Whiting\* (Ar) 21:08; 6. Walter (Tx) 21:16; 7. Cornelius (Bay) 21:18; 8. Marvin (Bay) 21:23; 9. Apud-Martinez (Tx) 21:31; 10. Monteau (SFA) 21:31.

### MOUNTAIN

Ogden—

**Teams:** 1. BYU 34; 2. Colorado 67; 3. Colorado State\* 104; 4. Northern Arizona\* 111; 5. Texas Tech 144; 6. Nevada 169; 7. Weber State 222; 8. Utah State 247; 9. Southern Utah 255; 10. UTEP 272.

**Individuals:** 1. Mannová' (BYU) 20:34; 2. I. Nilsson' (NnAz) 20:48; 3. Turner (BYU) 20:54; 4. Metivier (Co) 21:06; 5. Andersen (BYU) 21:10; 6. J. Nilsson' (NnAz) 21:17; 7. Toedebusch (Co) 21:22; 8. Bolf (Co) 21:27; 9. Garcia' (UTEP) 21:30; 10. Sandberg (BYU) 21:32; 11. Florence (Co) 21:35;... 16. Antonelli (BYU) 21:44.

### WEST

Portland—

**Teams:** 1. Stanford 45; 2. UCLA 69; 3. Washington\* 94; 4. Arizona State\* 112; 5. UC Santa Barbara\* 175; 6. Idaho 193; 7. Cal Poly SLO 274; 8. Arizona 290; 9. Oregon 290; 10. Cal 308.

**Individuals:** 1. Craig (Stan) 20:06; 2.

Hastings (AzSt) 20:22; 3. Bei (Stan) 20:27; 4. Flores (UCLA) 20:30; 5. Makestad' (Wa) 20:37; 6. Vashchuk' (USC) 20:38; 7. Masinelli (AzSt) 20:42; 8. Duffy (Cal) 20:46; 9. Sandoval (Or) 20:48; 10. K. Trotter (Stan) 20:49;... 16. A. Trotter (Stan) 20:54;... 19. Goff (Stan) 20:58;... 35. Siraki (Stan) 21:41.

## — Road Races —

### BIG SUR HALF-MARATHON

Monterey, California, November 16—

Men: 1. Bizuneh (TCa) 66:02; 2. Hesch (Ca) 66:23; 3. Bak (TCa) 66:28.

Women: 1. Chisum (NBal) 75:38; 2. Somers Smith (ReebA) 76:26; 3. Flowers Skeels (Tx) 78:28.

### RICHMOND MARATHON

Richmond, Virginia, November 15—

Men: 1. E. Rono' (Ken) 2:15:36.

Women: 1. Gruca' (Pol) 2:44:22; 2. Anderson (SC) 2:47:50.

### WHITE ROCK HALF-MARATHON

Dallas, Texas, November 1—

Women: 1. Hawkins (Tx) 77:22.

### ZEVENHEUVELENLOOP 15K

Nijmegen, Holland, November 16—

Men: 1. R. Yatich (Ken) 42:43 (WL); 2. Joseph (Tan) 43:31; 3. Tergat (Ken) 43:51; 4. Mezgebu (Eth) 44:11.

Women: 1. Tufa (Eth) 49:06.

### TOKYO LADIES MARATHON

Tokyo, Japan, November 16—

Women: 1. Alemu (Eth) 2:24:47 (70:03/74:44); 2. Takahashi (Jpn) 2:27:21 (16:14, 16:26 [32:34], 16:59 [49:14], 16:37 [66:13], 16:37 [1:22:50], 16:48 [1:39:39], 17:44 [1:57:22], 20:17 [2:17:39], 9:42) (70:03/77:18);

3. Shimahara (Jpn) 2:31:10; 4. Genovese (Ita) 2:34:32; 5. Roba (Eth) 2:37:03; 6. Yoshimatsu (Jpn) 2:38:31; 7. Timofeyeva (Rus) 2:39:01.

## — Track Results —

### JAPAN

SHIZUOKA, October 29—400: 1. Y. Yamaguchi (Jpn) 45.18 NJR.

### NIGERIA

ALL-AFRICA Games, October 13—DT: All marks invalid for list consideration because a light discus was used.