

ALL-TIME PREFONTAINE CLASSIC SUB-4:00 MILE LIST 1975—2017

original compilation by Scott S. Davis

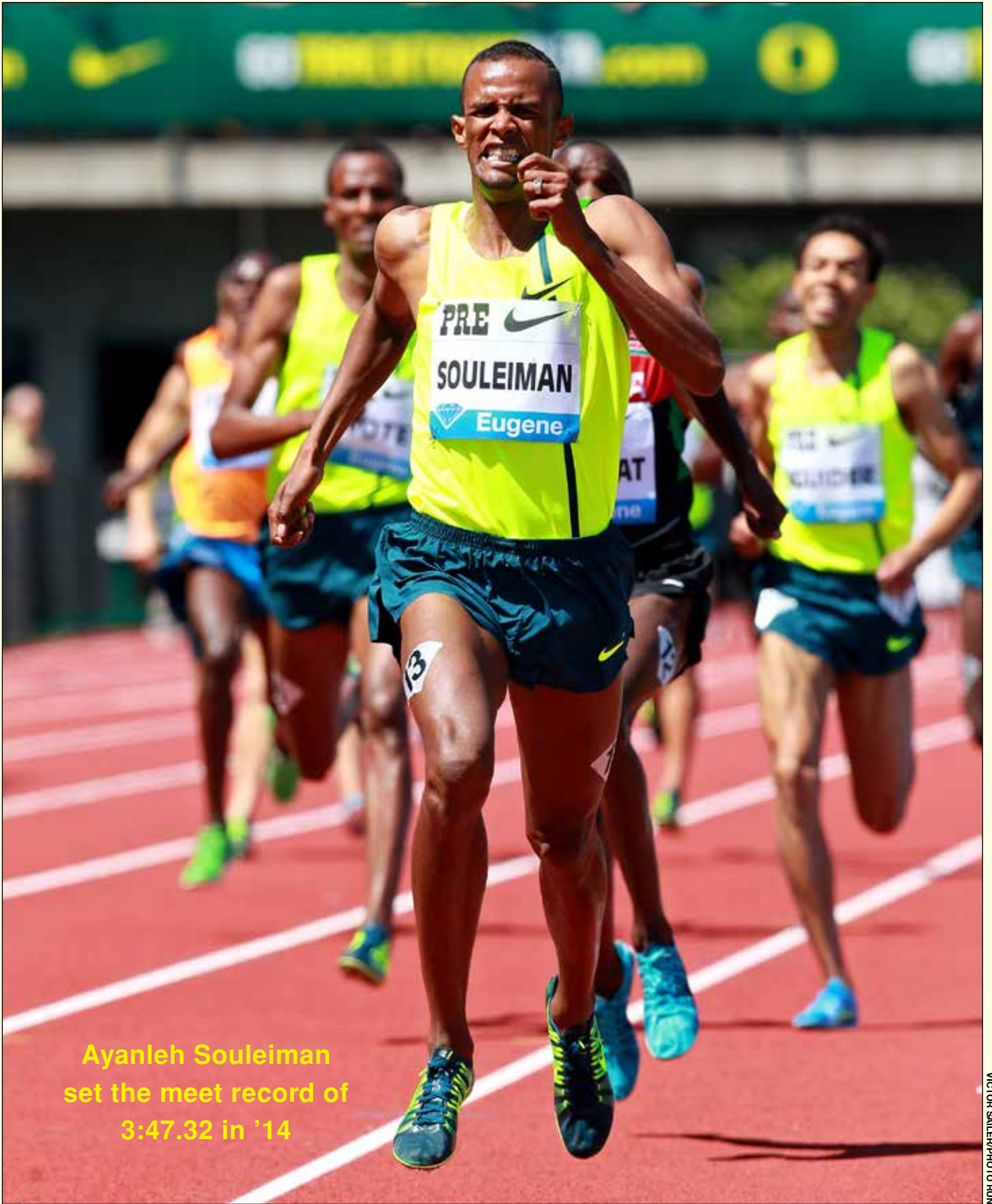
The Pre Classic's Bowerman Mile continues to be the greatest race in the United States. No other American meet has seen as many sub-4:00 performances. What follows is the All-Time Sub-4:00 list for the annual affair at historic Hayward Field. Other notes and statistics are presented at the end of the list.

*Note that from '10 on the results of the International Mile have also been included. This race is not the Pre Classic or Bowerman Mile race but rather a second competition that is now staged annually as part of the meet. Marks from this race have been denoted with * on the placing.*

— THE ALL-TIME LIST —

(399 performances by 187 different performers from 22 nations)

1. Ayanleh	Souleiman	(Djibouti)	3:47.32	1.....	31 May 14
2. Silas	Kiplagat.....	(Kenya).....	3:47.88	2.....	31 May 14
3. Daniel K.	Komen.....	(Kenya).....	3:48.28	1.....	10 June 07
4. Asbel	Kiprop	(Kenya).....	3:48.50	1.....	07 June 09
5. Aman	Wote	(Ethiopia)	3:48.60	3.....	31 May 14
6. Haron	Keitany	(Kenya).....	3:48.78	2.....	07 June 09
7. Ronald	Kwemoi	(Kenya).....	3:49.04	1.....	27 May 17
8. Elijah	Manangoi	(Kenya).....	3:49.08	2.....	27 May 17
	Keitany		3:49.09	1.....	04 June 11
9. Abdelaati	Iguyer	(Morocco)	3:49.09	4.....	31 May 14
		<i>(10 performances)</i>			
	Kiplagat.....		3:49.39	2.....	04 June 11
	Kiprop		3:49.40	1.....	02 June 12
10. James	Magut	(Kenya).....	3:49.43	5.....	31 May 14
	Kiplagat.....		3:49.48	1.....	01 June 13
	Kiprop		3:49.53	2.....	01 June 13
	Kiprop		3:49.55	3.....	04 June 11



**Ayanleh Souleiman
set the meet record of
3:47.32 in '14**

VICTOR SALLER/PHOTO RUN

11. Collins	Cheboi..... (Kenya).....	3:49.56	6.....	31 May 14
12. Timothy	Cheruiyot	(Kenya).....	3:49.64	3.....27 May 17
13. Mekonnen	Gebremedhin	(Ethiopia)	3:49.70	4.....04 June 11
	Kiprop	3:49.75	1.....03 July 10
14. Caleb	Ndiku..... (Kenya).....	3:49.77	5.....	04 June 11

	Wote	3:49.88	3.....	01 June 13
15. Hicham	El Guerrouj..... (Morocco)	3:49.92	1.....	27 May 01
	Gebremedhin	3:50.17	2.....	02 June 12
16. Bernard	Lagat	3:50.21	1.....	24 May 03
	<i>(25 performances)</i>			
	Souleiman	3:50.21	3.....	02 June 12
17. Amine	Laâlou	3:50.22	2.....	03 July 10
	Kiprop	3:50.26	7.....	31 May 14
	D.K. Komen.....	3:50.29	6.....	04 June 11
	Souleiman	3:50.40	4.....	01 June 13
18. Bethwel	Birgen..... (Kenya).....	3:50.42	5.....	01 June 13
19. Yenew	Alamirew	3:50.43	7.....	04 June 11
	Birgen.....	3:50.43	4.....	02 June 12
	Ndiku.....	3:50.46	6.....	01 June 13
20. Shadrack	Korir	3:50.49	1.....	08 June 08
21. Matthew	Centrowitz	3:50.53	8.....	31 May 14
	Lagat	3:50.56	2.....	10 June 07
22. Nick	Willis..... (New Zealand)	3:50.66	2.....	08 June 08
23. Mohamed	Moustaoui	3:50.67	8.....	04 June 11
	Gebremedhin	3:50.68	3.....	03 July 10
	D.K. Komen.....	3:50.70	4.....	03 July 10
24. Johan	Cronje..... (South Africa)	3:50.70	9.....	31 May 14
	Ndiku.....	3:50.79	5.....	02 June 12
25. Alan	Webb	3:50.85	1.....	19 June 04
	El Guerrouj.....	3:50.89	1.....	26 May 02
26. Alex	Kipchirchir	3:50.91	1.....	04 June 05
27. Daniel	Komen..... (Kenya).....	3:50.95	1.....	31 May 98
	D.K. Komen.....	3:50.95	3.....	08 June 08
28. William	Chirchir	3:51.03	2.....	26 May 02
	Souleiman	3:51.10	1.....	30 May 15
	<i>(50 performances)</i>			
	Birgen.....	3:51.12	10.....	31 May 14
29. Vincent	Kibet..... (Kenya).....	3:51.17	4.....	27 May 17
	Centrowitz	3:51.20	2.....	30 May 15
	Kiprop	3:51.25	3.....	30 May 15
30. Rashid	Ramzi	3:51.33	2.....	04 June 05
31. Nixon	Chepseba..... (Kenya).....	3:51.37	7.....	01 June 13
	Cheboi.....	3:51.44	6.....	02 June 12
	Cheboi.....	3:51.44	8.....	01 June 13

32. Russell	Brown..... (US/Oregon TC).....	3:51.45	9.....	04 June 11
33. Lopez	Lomong..... (US/Nike)	3:51.45	9.....	01 June 13
	Lagat	3:51.53	3.....	04 June 05
	Lagat	3:51.53	1.....	28 May 06
	Kiprop	3:51.54	1.....	28 May 16
	Kipchirchir	3:51.71	2.....	28 May 06
34. Andrew	Wheating..... (US/Oregon)	3:51.74	5.....	03 July 10
	Willis.....	3:51.77	7.....	02 June 12
	Iguder.....	3:51.78	8.....	02 June 12
	Centrowitz	3:51.79	10.....	01 June 13
35. Kevin	Sullivan..... (Canada)	3:51.82	2.....	27 May 01
	Chirchir	3:51.84	1.....	24 June 00
	Kiplagat.....	3:51.92	4.....	30 May 15
	Willis.....	3:51.95	10.....	04 June 11
	Iguder.....	3:51.96	2.....	28 May 16
36. Thiago	Andre..... (Brazil)	3:51.99	1*	27 May 17
37. Clayton	Murphy..... (US/Nike)	3:51.99	5.....	27 May 17
	<i>(75 performances)</i>			
38. David	Torrence..... (US/Nike)	3:52.01	9.....	02 June 12
39. Noah	Ngeny..... (Kenya).....	3:52.09	1.....	30 May 99
	Kipchirchir	3:52.10	3.....	10 June 07
	Laâlou	3:52.12	10.....	02 June 12
40. Taoufik	Makhloufi..... (Algeria)	3:52.16	11.....	31 May 14
41. David	Kibet..... (Kenya).....	3:52.28	1.....	26 May 96
	Magut	3:52.33	5.....	30 May 15
	Ngeny	3:52.38	2.....	31 May 98
	Ramzi	3:52.39	3.....	28 May 06
	Manangoi	3:52.39	3.....	28 May 16
42. Leo	Manzano..... (US/Hoka One One) .	3:52.41	1*	31 May 14
	Sullivan.....	3:52.54	2.....	24 June 00
	Kwemoi	3:52.57	6.....	30 May 15
	Lagat	3:52.63	3.....	26 May 02
43. Nate	Brannen..... (Canada)	3:52.63	3.....	07 June 09
	Cheboi.....	3:52.63	7.....	30 May 15
44. Charlie	Grice..... (Great Britain).....	3:52.64	1*	27 May 16
45. Laban	Rotich..... (Kenya).....	3:52.68	1.....	25 May 97
	Kibet.....	3:52.71	4.....	28 May 16
	Iguder.....	3:52.77	6.....	27 May 17
	S. Korir	3:52.78	4.....	10 June 07

	D.K. Komen.....	3:52.84	4.....	28 May 06
46. Nicholas	Kemboi..... (Kenya).....	3:52.84	6.....	03 July 10
47. Steve	Holman..... (US/Reebok Enclave) .	3:52.86	2.....	26 May 96
	Holman.....	3:52.89	1.....	04 June 95
	<i>(100 performances)</i>			
48. Jordan	McNamara (US/Oregon TC).....	3:52.89	2*	31 May 14
	Makhloufi	3:52.94	11.....	01 June 13
	Makhloufi	3:52.95	5.....	28 May 16
	Cronje.....	3:53.02	8.....	30 May 15
49. Martin	Keino (Kenya).....	3:53.03	3.....	26 May 96
	D.K. Komen.....	3:53.04	11.....	02 June 12
50. Ben	Blankenship (US/Oregon TC).....	3:53.04	7.....	27 May 17
51. Elkanah	Angwenyi (Kenya).....	3:53.05	4.....	04 June 05
52. Belal	Mansour (Bahrain)	3:53.05	4.....	07 June 09
	Manzano (US/Nike)	3:53.07	12.....	02 June 12
	Mansour	3:53.12	4.....	08 June 08
	Lagat	3:53.14	3.....	27 May 01
	Lomong	3:53.18	7.....	03 July 10
53. Ryan	Gregson (Australia)	3:53.19	1*	03 July 10
	Iguyer.....	3:53.21	9.....	30 May 15
	Gebremedhin	3:53.22	12.....	31 May 14
	Wote	3:53.23	6.....	28 May 16
54. Filip	Ingebrigtsen..... (Norway)	3:53.23	8.....	27 May 17
55. Tom	Byers (US/adidas).....	3:53.25	1.....	04 June 83
56. Richie	Boulet..... (US/New Balance)	3:53.26	3.....	31 May 98
57. Edgar	de Oliveira..... (Brazil)	3:53.30	4.....	26 May 96
58. Evan	Jager (US/Nike)	3:53.33	3*	31 May 14
	Sullivan.....	3:53.34	2.....	24 May 03
59. Chris	O'Hare (Great Britain).....	3:53.34	2*	27 May 17
60. Adil	Kaouch..... (Morocco)	3:53.40	4.....	27 May 01
	<i>(125 performances)</i>			
	Webb..... (US/Virginia HS)	3:53.43	5.....	27 May 01
	N. Kemboi	3:53.43	5.....	07 June 09
61. Henrik	Ingebrigtsen..... (Norway)	3:53.43	10.....	30 May 15
	Lomong.....	3:53.47	6.....	07 June 09
	Birgen.....	3:53.50	9.....	27 May 17
	Willis.....	3:53.51	2.....	19 June 04
	Manzano	3:53.55	11.....	30 May 15
	H. Ingebrigtsen	3:53.62	13.....	31 May 14

	Grice.....	3:53.62	10.....	27 May 17
	Holman.....	3:53.63	4.....	31 May 98
62. Terrance	Herrington..... (US/adidas).....	3:53.64	2.....	04 June 95
	Sullivan.....	3:53.70	2.....	30 May 99
	Moustaoui	3:53.70	8.....	03 July 01
63. Pat	Casey (US/Oregon TC).....	3:53.71	4*	31 May 14
	Kipchirchir	3:53.73	3.....	24 May 03
	Kiplagat.....	3:53.73	13.....	02 June 12
64. Hudson	de Souza (Brazil)	3:53.74	3.....	24 June 00
65. Elijah	Maru (Kenya).....	3:53.75	2.....	25 May 97
66. A.J.	Acosta (US/Oregon)	3:53.76	2*	03 July 10
67. Gideon	Gathimba (Kenya).....	3:53.76	11.....	04 June 11
68. Garrett	Heath..... (US/Brooks).....	3:53.76	5*	31 May 14
	H. Ingebrigtsen	3:53.79	3*	27 May 17
69. Mark	Carroll (Ireland)	3:53.80	4.....	24 June 00
70. Marcus	O'Sullivan..... (Ireland)	3:53.81	5.....	26 May 96
	Blankenship (US/Oregon TC).....	3:53.83	7.....	28 May 16
	<i>(150 performances)</i>			
	Lomong.....	3:53.85	12.....	04 June 11
	Gregson	3:53.85	6*	31 May 14
	Gregson	3:53.86	1*	04 June 11
	Angwenyi	3:53.95	5.....	28 May 06
	Torrence.....	3:53.95	7*	31 May 14
	Lomong.....	3:53.97	5.....	08 June 08
71. Jakub	Holuša (Czech Republic).....	3:53.97	4*	27 May 17
	Torrence.....	3:54.01	2*	04 June 11
	Gebremedhin	3:54.04	12.....	01 June 13
72. Sydney	Maree (US/Reebok)	3:54.10	1.....	05 June 82
73. Martin	Johns..... (New Zealand)	3:54.10	6.....	26 May 96
	Blankenship (US/unattached).....	3:54.10	3*	04 June 11
74. Juan	Van Deventer (South Africa)	3:54.12	3*	03 July 10
	Magut.....	3:54.16	1*	01 June 12
75. Adam	Goucher (US/Fila).....	3:54.17	3.....	30 May 99
76. Ray	Flynn..... (Ireland)	3:54.21	2.....	05 June 82
77. Faoud	El Kaam..... (Morocco)	3:54.21	8*	31 May 14
	Jager (US/Bowerman TC) ..	3:54.21	8.....	28 May 16
78. David	Lelei..... (Kenya).....	3:54.26	4.....	24 May 03
	Lagat	3:54.28	14.....	02 June 12
	Lomong.....	3:54.28	9*	31 May 14

Jager (US/Wisconsin)..... 3:54.357.....07 June 09
 Lagat 3:54.369.....03 July 10
 de Souza 3:54.396.....27 May 01
 de Souza 3:54.395.....24 May 03

(175 performances)

El Kaam..... 3:54.395*27 May 17
 79. Jason Lunn (US/Nike) 3:54.436.....24 May 03
 80. Steve Scott..... (US/Sub-4 TC) 3:54.441.....21 July 84
 81. Chris Lukezic..... (US/Reebok) 3:54.466.....28 May 06
 Torrence 3:54.474*03 July 10
 Brown 3:54.482*01 June 12
 82. Dawit Wolde (Ethiopia) 3:54.5113.....01 June 13
 Angwenyi 3:54.523.....19 June 04
 83. Luke Mathews (Australia) 3:54.536*27 May 17
 84. Graham Hood..... (Canada) 3:54.627.....27 May 01
 85. Jon Rankin (US/Nike) 3:54.686.....08 June 08
 Wote 3:54.733*01 June 12
 86. William Tanui..... (Kenya)..... 3:54.764.....30 May 99
 87. Mike Boit..... (Kenya)..... 3:54.772.....04 June 83
 S. Korir 3:54.778.....07 June 09
 88. Henok Legesse..... (Ethiopia) 3:54.819.....07 June 09
 89. Karl Paranya (US/Asics)..... 3:54.835.....30 May 99
 90. Seneca Lassiter (US/Nike) 3:54.855.....24 June 00
 91. Rob Myers (US/Reebok) 3:54.875.....04 June 05
 Keino 3:54.936.....30 May 99
 92. Matt Holthaus..... (US/Reebok Enclave) . 3:54.967.....30 May 99
 93. Bryan Berryhill..... (US/Colorado St)..... 3:55.018.....27 May 01
 Hood..... 3:55.077.....26 May 96
 94. Youssef Baba (Morocco) 3:55.109.....27 May 01
 95. Raymond Yator..... (Kenya)..... 3:55.1210.....27 May 01

(200 performances)

Holman..... 3:55.138.....30 May 99
 96. Jason Pyrah (US/Mizuno)..... 3:55.148.....26 May 96
 Lomong 3:55.1415.....02 June 12
 97. Josphat Kithii (Kenya)..... 3:55.165*03 July 10
 98. Alfred Kirwa Yego..... (Kenya)..... 3:55.184*04 June 11
 Kibet..... 3:55.203.....04 June 95
 Tanui..... 3:55.223.....25 May 97
 Wheating (Nike) 3:55.237*27 May 17

99. Vénuste	Niyongabo..... (Burundi).....	3:55.245.....	31 May 98
	Magut	3:55.241*	31 May 13
100. Todd	Harbour..... (US/SMTC).....	3:55.263.....	05 June 82
	Lassiter	3:55.304.....	26 May 02
101. Kyle	Miller..... (US/Nike)	3:55.385*	04 June 11
102. Christian	Cushing-Murray.... (US/SMTC).....	3:55.424.....	04 June 95
	Pyrah	3:55.475.....	04 June 95
	Webb	3:55.477.....	08 June 08
	H. Ingebrigtsen	3:55.502*	31 May 13
103. Jeff	See..... (US/Saucony)	3:55.514*	01 June 12
104. Ibrahim	Aden..... (US/Nike)	3:55.535.....	26 May 02
105. Matt	Giusto..... (US/Foot Locker).....	3:55.589.....	26 May 96
106. Dorian	Ulrey..... (US/Oregon TC).....	3:55.625*	01 June 12
	de Souza	3:55.636.....	31 May 98
107. Benjamin	Kipkurui..... (Kenya).....	3:55.646.....	26 May 02
	V. Kibet	3:55.6512.....	30 May 15
	Lomong.....	3:55.678*	27 May 17
<i>(225 performances)</i>				
	Blankenship	3:55.721*	30 May 15
	Pyrah	3:55.746.....	24 June 00
108. Jonathan	Sawe..... (Kenya).....	3:55.762*	30 May 15
109. Greg	Whiteley..... (US/Asics).....	3:55.806.....	04 June 95
	Cheruiyot	3:55.803*	30 May 15
	Wolde	3:55.802*	27 May 16
	Giusto.....	3:55.837.....	04 June 95
110. Charles	Philibert-Thiboutot..(Canada)	3:55.839*	27 May 17
	O'Sullivan.....	3:55.864.....	25 May 97
	Rotich.....	3:55.937.....	24 May 03
	Iguyer.....	3:55.9314.....	01 June 13
	Keino	3:55.987.....	31 May 98
111. Peter	van der Westhuizen..(South Africa)	3:55.986*	03 July 10
	Webb	3:55.9910.....	07 June 09
	Maree	3:56.043.....	04 June 83
112. David	Strang..... (Great Britain).....	3:56.058.....	04 June 95
113. Stephen	Pifer..... (US/Oregon TC).....	3:56.127*	03 July 10
	Aden..... (Somalia).....	3:56.138.....	31 May 98
	D.K. Komen.....	3:56.133*	31 May 13
	Gathimba	3:56.176*	01 June 12
	Kemboi.....	3:56.196*	04 June 11

114. Bob	Kennedy (US/Nike Indiana) 3:56.21 1.....04 June 94	
	Sullivan..... 3:56.21 5.....10 June 07	
	Jager (US/Oregon TC)..... 3:56.21 7*04 June 11	
	Keino 3:56.23 5.....25 May 97	
<i>(250 performances)</i>		
115. Youcef	Abdi (Australia) 3:56.23 8.....24 May 03	
116. Gordon	Johnson (US/Brooks RT) 3:56.24 9.....04 June 95	
117. William	Kemei (Kenya)..... 3:56.25 10.....04 June 95	
	van der Westhuizen 3:56.26 11.....07 June 09	
	Berryhill..... 3:56.30 7.....26 May 02	
	Johns..... 3:56.32 9.....31 May 98	
	Pyrah 3:56.33 6.....25 May 97	
	118. Joaquim	Cruz..... (Brazil) 3:56.36 1.....06 June 87
	119. Cornelius	Chirchir (Kenya)..... 3:56.36 7.....28 May 06
120. Will	Leer (US/Oregon TC Elite). 3:56.39 4*31 May 13	
	Holuša 3:56.39 4*30 May 15	
121. Richie	Harris (US/Athletics West).. 3:56.40 4.....05 June 82	
	Sullivan..... 3:56.41 6.....04 June 05	
122. David	Krummenacker (US/adidas)..... 3:56.45 8.....26 May 02	
123. Tesfaye	Cheru..... (Ethiopia) 3:56.50 7*01 June 12	
	Heath..... 3:56.53 5*30 May 15	
124. Balázs	Tölgyesi..... (Hungary)..... 3:56.57 7.....25 May 97	
125. Chuck	Aragon..... (US/Athletics West) ... 3:56.59 4.....04 June 83	
	Herrington..... 3:56.59 8.....25 May 97	
	Kiplagat..... 3:56.60 9.....28 May 16	
	Aragon..... 3:56.62 2.....06 June 87	
	Leer 3:56.63 12.....07 June 09	
	126. Cristian	Soratos..... (US) 3:56.68 10*27 May 17
	Kennedy 3:56.71 1.....05 June 93	
Leer (Nike) 3:56.72 14.....31 May 14		
<i>(275 performances)</i>		
	Goucher 3:56.76 9.....26 May 02	
	Paranya 3:56.77 10.....31 May 98	
	Wheating (Nike) 3:56.77 16.....02 June 12	
	Gregson 3:56.78 6*30 May 15	
127. Bill	Burke..... (US/New York AC) 3:56.83 2.....05 June 93	
	Strang..... 3:56.86 3.....05 June 93	
	Keino 3:56.87 11.....27 May 01	
	Magut 3:56.89 10.....28 May 16	

	Gregson	3:56.90	11.....	27 May 17
	Ri. Harris	3:56.92	2.....	21 July 84
128. Charlie	Gruber..... (US/Nike)	3:56.92	7.....	04 June 05
	Brown.....	3:56.92	8*	03 July 10
	Grice.....	3:56.94	10*	31 May 14
	Cruz.....	3:56.9	1.....	02 July 88
	Wheating..... (Nike)	3:57.02	5*	31 May 13
	Keitany	3:57.07	10.....	03 July 10
	Gregson	3:57.08	15.....	01 June 13
129. Dub	Myers..... (US/New York AC)	3:57.11	3.....	06 June 87
	Pyrah	3:57.12	11.....	31 May 98
130. Mohammed Aman	(Ethiopia)	3:57.14.....	8*	04 June 11
131. Gawain	Guy..... (US/H&R TC).....	3:57.18	4.....	06 June 87
132. Phil	Kane..... (US/Athletics West)..	3:57.19	5.....	05 June 82
133. Eliud	Kipchoge..... (Kenya).....	3:57.19	6.....	10 June 07
134. Scott	McGowan..... (US/New Balance)....	3:57.21	8.....	04 June 05
	Mansour	3:57.22	9*	03 July 10
	<i>(300 performances)</i>			
	Goucher	3:57.23	9.....	04 June 05
	Casey	3:57.28	7*	30 May 15
135. Jeff	Atkinson..... (US/Stanford TC).....	3:57.2	2.....	02 July 88
136. Alan	Klassen	3:57.31	4.....	05 June 93
137. David	Wittman..... (US/Nike Texas).....	3:57.31	11.....	04 June 95
	Wote	3:57.34	13.....	30 May 15
	de Oliveira.....	3:57.35	2.....	04 June 94
138. Maurice	Smith..... (US/Reebok).....	3:57.36	1.....	01 June 90
	Holman.....	3:57.37	9.....	25 May 97
139. Carlton	Jones..... (US/Club Northwest).	3:57.43	3.....	04 June 94
	Kipchirchir	3:57.43	8.....	08 June 08
	Torrence.....	3:57.43	6*	31 May 13
	Centrowitz	3:57.44	8*	01 June 12
140. Shannon	Lemora..... (US/Nike Oregon)....	3:57.47	4.....	04 June 94
	Wolde	3:57.48	9*	01 June 12
141. Matt	Lane..... (US/Nike)	3:57.57	10.....	26 May 02
	Kiplagat.....	3:57.59	12.....	27 May 17
142. Kevin	Ryan..... (US/Athletics West)..	3:57.60	5.....	04 June 83
	Aragon.....	3:57.71	6.....	05 June 82
	Hood.....	3:57.71	10.....	25 May 97
143. Galen	Rupp..... (US/Nike)	3:57.72	10*	03 July 10

144. Steve	Agar..... (Dominica)	3:57.77	11.....	25 May 97
145. Doug	Consiglio..... (Canada)	3:57.7	3.....	02 July 88
	Grice.....	3:57.80	8*	30 May 15
146. Leonard	Mucheru..... (Kenya).....	3:57.90	11.....	26 May 02
	<i>(325 performances)</i>			
	Scott.....	3:57.92	1.....	14 June 77
147. Daniel	Zegeye (Ethiopia)	3:57.92	12.....	27 May 01
148. Abdi Waiss	Mouhyadin (Djibouti)	3:57.97	9*	30 May 15
149. Ciarán	Ó'Lionáird (Ireland)	3:57.99	11*	31 May 14
150. Rick	Musgrave (US/Colorado TC)....	3:58.00	7.....	05 June 82
	Myers	3:58.01	7.....	10 June 07
151. Ronnie	Harris (US/Sallie Mae TC)...	3:58.03	5.....	05 June 93
152. Michael	Power (Australia)	3:58.03	12.....	04 June 95
	Wittman.....	3:58.05	5.....	04 June 94
153. Jakob	Ingebrigtsen..... (Norway)	3:58.07	11*	27 May 17
154. Marty	Liquori..... (US/Florida AA)	3:58.0	2.....	14 June 77
	Lemora	3:58.12	13.....	04 June 95
	N. Kemboi	3:58.12	8.....	10 June 07
	Boit.....	3:58.13	5.....	06 June 87
	de Souza	3:58.15	9.....	30 May 99
	Leer	3:58.16	9.....	08 June 08
155. Bob	Lesko..... (US/Sallie Mae TC)...	3:58.23	6.....	05 June 93
156. Dan	Aldridge..... (US/Athletics West) ..	3:58.24	8.....	05 June 82
	Kiprop	3:58.24	13.....	27 May 17
157. Benny	McIntosh (US/Asics).....	3:58.25	6.....	04 June 94
	McNamara	3:58.28	3*	27 May 16
	D. Myers..... (US/AIA).....	3:58.2	4.....	02 July 88
	Holuša	3:58.34	11.....	28 May 16
	Boulet.....	3:58.35	10.....	30 May 99
	Sullivan.....	3:58.35	4.....	19 June 04
	<i>(350 performances)</i>			
158. Mo	Farah (Great Britain).....	3:58.36	8.....	28 May 06
159. Joe	Fabris (US/Aggie RC)	3:58.3	9.....	05 June 82
160. Said	Ahmed..... (US/Nike)	3:58.46	9.....	10 June 07
161. Andy	Clifford (US/AIA)	3:58.4	10.....	05 June 82
162. Mike	Hillardt..... (Australia)	3:58.60	3.....	21 July 84
163. Paul	McMullen (US/Coast Guard)....	3:58.60	5.....	19 June 04
	Leer	3:58.65	10*	01 June 12
164. Julius	Achon..... (Uganda)	3:58.66	6.....	19 June 04

	Manzano	(US/Nike)	3:58.68	13.....	07 June 09
	Lemora		3:58.70	10.....	26 May 96
165. Peter	Spir	(Canada)	3:58.71	3.....	14 June 77
	Flynn.....		3:58.72	6.....	06 June 87
	Holman.....		3:58.73	7.....	04 June 94
	Keino		3:58.73	8.....	04 June 94
	Rankin	(US/Nike)	3:58.76	9.....	28 May 06
	Ngeny		3:58.79	9.....	24 May 03
166. Jim	Spivey.....	(US/Athletics West) ..	3:58.80	1.....	07 June 86
167. Brendan	Mathias	(Canada)	3:58.83	2.....	01 June 90
168. Dan	Maas.....	(US/Reebok)	3:58.83	7.....	05 June 93
	Webb		3:58.84	10.....	24 May 03
169. Drew	Hunter	(US/Virginia HS).....	3:58.86	12.....	28 May 16
170. Roger	Jones.....	(US/Puma)	3:58.93	6.....	04 June 83
	Boit.....		3:59.05	4.....	21 July 84
	Lomong		3:59.06	10*	30 May 15
171. Ernie	Freer	(US/Goldwin)	3:59.08	8.....	05 June 93
		<i>(375 performances)</i>			
	Boit.....		3:59.0	11.....	05 June 82
	Cushing-murray.....		3:59.14	9.....	05 June 93
172. Chris	Katon.....	(US/adidas).....	3:59.19	9.....	04 June 94
173. Bruce	Stirling.....	(US/Reebok)	3:59.1	5.....	02 July 88
174. John	Kosgei	(Kenya).....	3:59.29	7.....	24 June 00
175. Jon	Warren.....	(US/Nike Texas).....	3:59.30	10.....	04 June 94
	Aragon.....		3:59.38	2.....	07 June 86
176. Ed	Arriola	(US/Arizona)	3:59.3	4.....	14 June 77
	Webb		3:59.47	11*	01 June 12
	Aden		3:59.49	11.....	24 May 03
177. John	Quade.....	(US/Nike North).....	3:59.52	3.....	01 June 90
	Whiteley		3:59.57	11.....	04 June 94
178. Mark	Fountain	(Australia)	3:59.64	12.....	24 May 03
179. Mike	Stahr	(US/NY Pioneers).....	3:59.73.....	3.....	07 June 86
180. Jim	Howarth	(US/Nike)	3:59.75	12.....	04 June 94
181. Andy	Bayer	(US/Bowerman TC) ..	3:59.76	12*	31 May 14
182. Steve	Slattery.....	(US/Nike)	3:59.78	7.....	19 June 04
183. Michael	Slagowski.....	(Idaho HS).....	3:59.78	4*	27 May 16
	Aragon.....		3:59.7	6.....	02 July 88
	Consiglio		3:59.80	1.....	21 June 91
184. Matthew	Ramsden.....	(Australia)	3:59.80	12*	27 May 17

185. Paul	Korir	(Kenya).....	3:59.86	10.....	04 June 05
186. Aaron	Lanzel.....	(US/unattached).....	3:59.88	8.....	19 June 04
187. Gabe	Jennings.....	(US/Stanford)	3:59.91	8.....	24 June 00

(399 performances total)

• • • • •

NOTES:

In '75 (the inaugural race), '79 & '89, a sub-4:00 was not achieved.

The winners of those races:

Lars-Martin	Kaupang.....	(Norway)	4:01.4	1.....	07 June 75
Phil	Kane	(US/Athletics West)..	4:03.1	1.....	02 June 79
Tim	Hacker.....	(US/Athletics West)..	4:02.12	1.....	03 June 89

In '76, '78, '80, '81, '85 & '92, the mile was not contested, but rather the 1500 meters.

The winners of those races:

Mark	Feig	(US/Oregon TC).....	3:38.1	1.....	05 June 76
Bob	Maplestone	(Great Britain).....	3:43.4	1.....	31 May 78
Rudy	Chapa.....	(US/Oregon TC).....	3:40.82	1.....	06 June 80
Tom	Byers	(US/Athletics West)..	3:36.35	1.....	06 June 81
Joaquim	Cruz.....	(Brazil)	3:35.70	1.....	01 June 85
Joe	Falcon	(US/Foot Locker).....	3:36.3	1.....	06 June 92

The latest in the year the Bowerman Mile has ever been held is July 21 ('84); the earliest is May 24 ('03).

PRE MILE TRIVIA FOLLOWS...

Most Under 4:00, 1 Race

- 16... 2012
- 15... 2013
- 14... 2014
- 13... 1995, 2009, 2015, 2017
- 12... 1994, 2001, 2003, 2011, 2014*, 2016,
2017*
- 11... 1982, 1997, 1998, 2002, 2012*

Most Wins

- 4..... Asbel Kiprop '09, '10, '12, '16
- 3..... Joaquim Cruz '85 (1500), '87, '88
- 2..... Steve Scott '77, '84
- Tom Byers '81 (1500), '83
- Bob Kennedy '93, '94
- Hicham El Guerrouj '01, '02
- Bernard Lagat '03, '06
- Ayanleh Souleiman '14, '15

Most Consecutive Wins

- 2..... Cruz, El Guerrouj, Kennedy, Kiprop,
Souleiman

Most Races Under 4:00

- 9..... Lopez Lomong
'08, '09, '10, '11, '12, '13, '14*, '15*, '17*
- Asbel Kiprop
'09, '10, '11, '12, '13, '14, '15, '16, '17
- 8..... Bernard Lagat
'01, '02, '03, '05, '06, '07, '10, '12
- 7..... Kevin Sullivan
'99, '00, '01, '03, '04, '05, '07
- Daniel K. Komen
'06, '07, '08, '10, '11, '12, '13*
- Silas Kiplagat
'11, '12, '13, '14, '15, '16, '17

- 6..... Steve Holman '94, '95, '96, '97, '98, '99
- Martin Keino '94, '96, '97, '98, '99, '01
- Alan Webb '01, '03, '04, '08, '09, '12*
- Ryan Gregson
'10*, '11*, '13, '14*, '15*, '17
- Abdelaati Iguider
'12, '13, '14, '15, '16, '17
- 5..... Chuck Aragon '82, '83, '86, '87, '88
- Jason Pyrah '95, '96, '97, '98, '00
- Hudson de Souza '98, '99, '00, '01, '03
- Alex Kipchirchir '03, '05, '06, '07, '08
- Will Leer '08, '09, '12*, '13*, '14
- Mekonnen Gebremedhin
'10, '11, '12, '13, '14
- David Torrence
'10*, '11*, '12, '13*, '14*
- James Magut 12*, '13*, '14, '15, '16
- Aman Wote 12, '13, '14, '15, '16

Most Races Under 3:55

- 8..... Asbel Kiprop
- Bernard Lagat
- 6..... Daniel K. Komen
- Lopez Lomong
- 5..... Mekonnen Gebremedhin
- Abdelaati Iguider
- Silas Kiplagat
- 4..... Bethwel Birgen
- Collins Cheboi
- Alex Kipchirchir
- Ayanleh Souleiman
- Kevin Sullivan
- David Torrence
- Nick Willis
- Aman Wote

— continued —

Most Races Under 3:54

- 8..... Asbel Kiprop
- 6..... Daniel K. Komen
 - Bernard Lagat
- 5..... Abdelaati Iguider
 - Silas Kiplagat
 - Lopez Lomong
- 4..... Bethwel Birgen
 - Collins Cheboi
 - Mekonnen Gebremedhin
 - Alex Kipchirchir
 - Kevin Sullivan
 - Ayanleh Souleiman
 - Nick Willis

Most Races Under 3:53

- 8..... Asbel Kiprop
- 5..... Daniel K. Komen
 - Bernard Lagat
- 4..... Collins Cheboi
 - Abdelaati Iguider
 - Alex Kipchirchir
 - Silas Kiplagat
 - Ayanleh Souleiman

Most Races Under 3:52

- 8..... Asbel Kiprop
- 4..... Bernard Lagat
 - Silas Kiplagat
 - Daniel K. Komen
 - Ayanleh Souleiman

Most Races Under 3:51

- 6..... Asbel Kiprop
- 4..... Daniel K. Komen

Most Races Under 3:50

- 5..... Asbel Kiprop
- 3..... Silas Kiplagat
- 2..... Haron Keitany
 - Aman Wote

Most Races Under 3:49

- 1..... Haron Keitany
 - Silas Kiplagat
 - Asbel Kiprop
 - Daniel K. Komen
 - Ayanleh Souleiman
 - Aman Wote

Most Races Under 3:48

- 1..... Silas Kiplagat
 - Ayanleh Souleiman

Distribution Of Athletes By Nation

(Bernard Lagat is in the counts for both the U.S. & Kenya, Ibrahim Aden for both the U.S. & Somalia)

- 87... USA
- 40... Kenya
- 8..... Canada
 - Ethiopia
- 7..... Australia
 - Morocco
- 4..... Brazil
 - Great Britain
 - Ireland
- 3..... Norway
 - South Africa
- 2..... Bahrain
 - Djibouti
 - New Zealand
- 1..... Algeria
 - Burundi
 - Czech Republic
 - Dominica
 - Hungary
 - Jamaica
 - Somalia
 - Uganda

— continued —

Best-Ever Mark-For-Place In The Bowerman Mile

1. Ayanleh	Souleiman	(Djibouti)	3:47.32	31 May 14
2. Silas	Kiplagat.....	(Kenya).....	3:47.88	31 May 14
3. Aman	Wote	(Ethiopia)	3:48.60	31 May 14
4. Abdelaati	Iguyer	(Morocco)	3:49.09	31 May 14
5. James	Magut	(Kenya).....	3:49.43	31 May 14
6. Collins	Cheboi.....	(Kenya).....	3:49.56	31 May 14
7. Asbel	Kiprop	(Kenya).....	3:50.26	31 May 14
8. Matthew	Centrowitz	(US/Nike)	3:50.53	31 May 14
9. Johan	Cronje.....	(South Africa)	3:50.70	31 May 14
10. Bethwel	Birgen.....	(Kenya).....	3:51.12	31 May 14
11. Taoufik	Makhloufi	(Algeria)	3:52.16	31 May 14
12. Leo	Manzano	(US/Nike)	3:53.07	02 June 12
13. Henrik	Ingebrigtsen.....	(Norway)	3:53.62	31 May 14
14. Bernard	Lagat	(US/Nike)	3:54.28	02 June 12
15. Lopez	Lomong	(US/Nike)	3:55.14	02 June 12
16. Andrew	Wheating.....	(US/Nike)	3:56.77	02 June 12

Best-Ever Mark-For-Place In The International Mile

1. Thiago	Andre	(Brazil)	3:51.99	27 May 17
2. Jordan	McNamara	(US/Oregon TC).....	3:52.89	31 May 14
3. Evan	Jager	(US/Nike)	3:53.33	31 May 14
4. Pat	Casey	(Oregon TC).....	3:53.71	31 May 14
5. Garrett	Heath.....	(US/Brooks).....	3:53.76	31 May 14
6. Ryan	Gregson	(Australia)	3:53.85	31 May 14
7. David	Torrence	(US/Nike)	3:53.95	31 May 14
8. Fouad	El Kaam.....	(Morocco)	3:54.21	31 May 14
9. Lopez	Lomong	(US/Nike)	3:54.28	31 May 14
10. Cristian	Soratos.....	(US)	3:56.68	27 May 17
11. Ciarán	Ó'Lionáird	(Ireland)	3:57.99	31 May 14
12. Andy	Bayer	(US/Bowerman TC) ..	3:59.76	31 May 14

Additional Sub-4:00s At Hayward Field

Outside of Pre Classic racing, there have been 95 sub-4:00 miles run at Hayward Field, including 6 by Steve Prefontaine

— continued —

Winners Of The Bowerman Mile

(the Bowerman name not formally adopted until the race of 2000)

1500s were run instead in '76, '78, '80, '81, '85 & '92

1975.....	Lars Kaupang (Norway).....	4:01.4	MR
1977.....	Steve Scott (US)	3:57.9	MR
1979.....	Phil Kane (US).....	4:03.1	
1982.....	Sydney Maree (US)	3:54.10	MR
1983.....	Tom Byers (US)	3:53.25	MR
1984.....	— Scott	3:54.44	
1986.....	Jim Spivey (US).....	3:58.80	
1987.....	Joaquim Cruz (Brazil).....	3:56.36	
1988.....	— Cruz	3:56.9	
1989.....	Tim Hacker (US).....	4:02.12	
1990.....	Maurice Smith (US).....	3:57.36	
1991.....	Doug Consiglio (Canada)	3:59.80	
1993.....	Bob Kennedy (US)	3:56.71	
1994.....	— Kennedy.....	3:56.21	
1995.....	Steve Holman (US).....	3:52.89	MR
1996.....	David Kibet (Kenya).....	3:52.28	MR
1997.....	Laban Rotich (Kenya)	3:52.68	
1998.....	Daniel Komen (Kenya)	3:50.95	MR
1999.....	Noah Ngeny (Kenya).....	3:52.09	
2000.....	William Chirchir (Kenya).....	3:51.84	
2001.....	Hicham El Guerrouj (Morocco)	3:49.92	MR
2002.....	— El Guerrouj	3:50.89	
2003.....	Bernard Lagat (Kenya)	3:50.21	
2004.....	Alan Webb (US).....	3:50.85	
2005.....	Alex Kipchirchir (Kenya).....	3:50.91	
2006.....	— Lagat (US).....	3:51.53	
2007.....	Daniel K. Komen (Kenya)	3:48.28	MR
2008.....	Shadrack Korir (Kenya)	3:50.49	
2009.....	Asbel Kiprop (Kenya).....	3:48.50	
2010.....	— Kiprop.....	3:49.75	
2011.....	Haron Keitany (Kenya).....	3:49.09	
2012.....	— Kiprop.....	3:49.40	
2013.....	Silas Kiplagat (Kenya)	3:49.48	
2014.....	Ayanleh Souleiman (Djibouti)	3:47.32	MR
2015.....	— Souleiman.....	3:51.10	
2016.....	— Kiprop.....	3:51.54	
2017.....	Ronald Kwemoi (Kenya)	3:49.04	

10 Fastest Americans In The Bowerman Mile

1. Matthew	Centrowitz	(Nike)	3:50.53	8.....	31 May 14
2. Bernard	Lagat	(Nike)	3:50.56	2.....	10 June 07
3. Alan	Webb	(Nike)	3:50.85	1.....	19 June 04
4. Russell	Brown.....	(Oregon TC).....	3:51.45	9.....	04 June 11
Lopez	Lomong.....	(Nike)	3:51.45	9.....	01 June 13
6. Andrew	Wheating.....	(Oregon).....	3:51.74	5.....	03 July 10
7. Clayton	Murphy	(Nike)	3:51.99	5.....	27 May 17
8. David	Torrence.....	(Nike)	3:52.01	9.....	02 June 12
9. Steve	Holman.....	(Reebok Enclave)	3:52.86	2.....	26 May 96
10. Ben	Blankenship	(US/Oregon TC).....	3:53.04	7.....	27 May 17

Women Who Have Broken 4:00 In The Pre Classic 1500

1. Faith	Kipyegon.....	(Kenya).....	3:56.41	1.....	28 May 16
2. Hellen	Obiri.....	(Kenya).....	3:57.05	1.....	31 May 14
3. Abeba	Aregawi.....	(Sweden).....	3:57.57	2.....	31 May 14
	Kipyegon.....		3:58.01	3.....	31 May 14
4. Dawit	Seyaum	(Ethiopia)	3:58.10	2.....	28 May 16
5. Jenny	Simpson	(US/New Balance)....	3:58.28	4.....	31 May 14
	Obiri.....		3:58.58	1.....	01 June 13
6. Sifan	Hassan	(Netherlands).....	3:59.38	5.....	31 May 14
	Kipyegon.....		3:59.67	1.....	27 May 17
7. Gelete	Burka.....	(Ethiopia)	3:59.89	1.....	07 June 09
	Simpson		3:59.90	2.....	07 June 09

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