

— New Balance HS Nationals —

New York City March 13-15

(200 banked)

(3/13—5000, DisMed; emerging elite; 3/14—4x8, 4xM, SpM, 4x55H, MileW, HJ, PV, LJ, SP, Pent; 400, 4x2h)

60: 1. **Ryan Clark (Banneker, College Park, Ga) 6.65 (HSL) (6.20=HSL [=9, x HS]);** 2. ***Noah Lyles (Williams, Alexandria, Va) 6.65 (=HSL) (6.20 HSL [=9, x HS]);** 3. Darryl Haraway (DeMatha, Hyattsville, Md) 6.70.

200: 1. **Lyles 20.83 (HSL) (2, 2 HS) (junior-class record);** 2. **Clark 20.85 (3, 3 HS);** 3. **Rai Benjamin' (Mt Vernon, NY) 21.09 (=8, x HS).**

400: 1. **Benjamin' 46.61 (x, 8 HS);** 2. Izaiah Brown (Amsterdam, NY) 47.32; 3. *Josephus Lyles (Williams) 47.35;

4. *Will Allen (Dunbar, Lexington, Ky) 47.37;... dq[1]—Taylor McLaughlin (Union Catholic, Scotch Plains, NJ) [46.50].

Heats: 1-1. **Benjamin' 46.59 (HSL) (=4, =6 HS).** IV-1. **McLaughlin 46.80 (6, 8 HS).**

800: 1. Brian Bell (Dunbar, Dayton, Oh) 1:51.08; 2. **Brandon McGorty (Chantilly, Va) 1:51.50;

3. Donovan Brazier (Kenowa Hills, Grand Rapids, Mi) 1:51.57; 4. Ignacio Fontes Garcia Balibrea' (Can) 1:51.59; 5. Connor Ross (McQueen, Reno) 1:51.67.

Mile: 1. **Grant Fisher (Grand Blanc, Mi) 4:03.54 (HSL) (4, 4 HS) (3:46.41 [HSL] [3, 3 HS]);** 2. James Burke (Port Jefferson, NY) 4:08.48 (3:51.93); 3. Sam Ritz (Germantown, Ft Washington, Pa) 4:08.67 (3:52.14); 4. Matthew Novak.

2M: 1. ***Andrew Hunter (Loudoun Valley, Purcellville, Va) 8:48.22 (HSL) (6, 10 HS) (8:16.44 HSL);**

2. **Levi Thomet (Kodiak, Ak) 8:48.32 (7, x HS) (8:16.46);** 3. **Alex Ostberg (Darien, Ct) 8:48.88 (8, x HS) (8:16.73);** 4. *Aidan Tooker (Saratoga Springs, NY) 8:56.16 (8:21.34);

5. Zack Snider (Brebeuf, Indianapolis) 8:58.40 (8:27.11); 6. Zach Dale (Conant, Hoffman Estates, Il) 8:59.76 (8:29.49).

5000: 1. **Elijah Armstrong (Pocatello) 14:41.72 (HSL);** 2. Mike Brannigan (Northport, NY) 14:42.33; 3. Casey Comber (Hatboro-Horsham, Horsham, Pa) 14:51.83.

MileW: 1. ****Cameron Haught (Yellow Springs, Oh) 6:36.30 (HSL);** 2. **Matias Serna (Pharr-San Juan-Alamo, Pharr, Tx) 7:10.55; 3. *Spencer Dunn (Little, Auburn, Me) 7:11.22.

60H: 1. ***Grant Holloway (Grassfield, Chesapeake, Va) 7.59 (HSL) (2, 2 HS) (junior-class record) (7.05 =HSR—=HSR Wayne Davis [Southeast, Raleigh, NC] '09);**

2. **Chad Zallow (Kennedy, Warren, Oh) 7.59 (=HSL) (=2, =2 HS) (7.06—3, =4 HS);** 3. Charles Graham (Phoebus, Hampton, Va) 7.75 (7.19).

Relay Events

4 x 200: 1. Western Branch, Chesapeake, Va 1:28.17; 2. St. John's, Washington, DC 1:28.58 (1:27.98h); 3. DeMatha 1:28.64.

4 x 400: 1. **Cheltenham, Wyncote, Pa 3:17.38 (HSL);** 2. Barton, Brooklyn 3:19.78; 3. Penn Wood, Lansdowne, Pa 3:20.68; 4. North, Pickerington, Oh 3:21.03.

4 x 800: 1. **Davis, Kaysville, Ut 7:42.19 (HSL) (6 HS) (*Logan MacKay 1:52.13);** 2. **Fordham, Bronx (10 HS) 7:43.61;** 3. Amherst-Pelham, Amherst, Ma 7:45.29; 4. Arlington, LaGrangeville, NY 7:45.95 (James Asselmayer 1:49.62); 5. Syosset, NY 7:46.34; 6. Ridgefield, Ct 7:48.90; 7. Old Bridge, Matawan, NJ 7:49.31.

4 x Mile: 1. **La Salle, Providence 17:11.07 (HSL) (3 HS);** 2. **Davis 17:11.44 (4 HS);** 3. St. Anthony's, South Huntington, NY 17:39.34; 4. Liverpool, NY 17:41.63

SpMed: 1. **Dunbar, Oh 3:24.16 HSR, old record 3:24.69 Muir [Pasadena, Ca] '97) (Terryon Willis, Juan Scott, Javonta Brown, Brian Bell 1:49.46);**

2. **Cheltenham 3:25.32 (3 HS) (John Lewis 1:51.45);** 3. FUMA, Fork Union, Va 3:27.27; 4. Oak Park, Mi 3:29.80.

DisMed: 1. **Saline, Mi 10:04.30 (HSL) (7 HS) (Logan Wetzel 4:08.56);** 2. Darien 10:05.47 (Alex Ostberg 4:06.80);

3. Concord-Carlisle, Concord, Ma 10:07.26 (*Thomas Ratcliffe 4:05.78); 4. Fordham, Bronx 10:07.27; 5. Christian Brothers, Lincroft, NJ 10:14.41; 6. Mansfield, Ma 10:14.43; 7. Liverpool 10:14.89.

4 x 55H: 1. **Andover, Ma 29.51 (HSL) (4 HS);** 2. **Western Branch 29.82 (8 HS);** 3. Phoebus 30.04; 4. Evers Prep 30.54.

Field Events

HJ: 1. Jaron Brooks (Clay, Lexington, Ky) 6-11½; 2. Holloway 6-11½; 3. Brandon Piwinski (De La Salle, Warren, Mi) 6-9½.

PV: 1. **Deakin Volz (South, Bloomington, In) 17-11¼ HSR (old HSR 17-11[A] Paulo Benavides [Franklin, El Paso] '15; old low-alt HSR 17-11 Volz '15) (in/out: 9, x HS) (16-2, 16-10, 17-1¼ [2], 17-8½, 17-11¼ [3], 18-1 HSR (xxx));**

2. Benavides 17-8½; 3. Brandon Bray (China Spring, Tx) 17-1¼; 4. Ryan Wilkes (Valley View, Archbald, Pa) 16-6.

LJ: 1. ***Ja'Mari Ward (Cahokia, Il) 25-7¼ HSL) (6, x HS);** 2. Greg Vann (Rio Mesa, Oxnard, Ca) 23-9; 3. *Harrison Schrage (Grant, Portland, Or) 23-6¼.

TJ: 1. **Ward 51-7¾ (HSL) (11, x HS);** 2. Jared Lovelace (Molloy, Briarwood, NY) 50-10¼; 3. DaJuan Seward (Brunswick, Lawrenceville, Va) 49-7¾.

SP: 1. Willie Morrison (Leavenworth, Ks) 66-5¼; 2. Eric Favors (North Rockland, Thiells, NY) 64-3; 3. Rashad Manning (Riverdale Baptist, Upper Marlboro, Md) 63-5½.

Wt: 1. Adam Kelly (Barrington, RI) 81-5¼; 2. *Bobby Colantonio (Barrington) 78-¼; 3. Owen Russell (Brown, Providence) 76-3½.

Pent: 1. ***George Patrick (Academy, Brentwood, Tn) 3961 (HSL);** 2. Nathaniel Mechler' (Can) 3706; 3. Starlin Ortiz (Londonderry, NH) 3586.

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— New Balance Girls —

(3/13—5000, DisMed, HJ; emerging elite)
(3/14—4x8, 4xM, SpMed, 4x55H, MileW, LJ, SP, Pent)

60: **1. Teahna Daniels (First Academy, Orlando) 7.33 (HSL) (6.82 HSL)**; 2. *Cassandra Hall (Northside, Warner Robins, Ga) 7.37 (6.85);

3. Kiara Parker (Westlake, Waldorf, Md) 7.43 (6.90); 4. **Lauren Rain Williams (Oaks Christian, Westlake Village, Ca) 7.46 (6.94); 5. *Zaria Francis (Rio Mesa, Oxnard, Ca) 7.46 (6.94);

6. Kate Hall (Lake Region, Naples, Me) 7.47 (6.95); 7. *Alfreda Steele (Pasco, Dade City, Fl) 7.48 (6.97);... dnc—Brenessa Thompson (Evers, Brooklyn).

200: 1. Williams 23.46; 2. *Symone Darius (New Rochelle, NY) 23.99; 3. Katlin Sherman (Parkland, Winston-Salem) 24.05; 4. Imani Solan (Suffern, NY) 24.08.

400: 1. **Kamryn McIntosh (Suffern) 54.57; 2. Layla White (Cary, NC) 54.60; 3. **Lauren Ghee (Grassfield, Chesapeake) 54.65; 4. Martha Sam (Blake, Silver Spring, Md) 54.74.

800: **1. **Sammy Watson (Rush-Henrietta-Sperry, Henrietta) 2:08.13 (HSL)**; 2. Ersula Farrow (Oak Park, Mi) 2:08.38;

3. Kaley Ciluffo (Pleasant Valley, Bettsford, Ia) 2:08.83; 4. *Sara Walker (German-town, Philadelphia) 2:08.97.

Mile: 1. **Nevada Mareno (Leesville Road, Raleigh) 4:43.23 (soph-class record) (4:25.35); 2. Ryen Frazier (Ravenscroft, Raleigh) 4:44.48 (4:25.45);

3. Danielle Jones (Desert Vista, Phoenix) 4:44.90 (4:26.15); 4. Rachel Dadamio (Seaholm, Birmingham, Mi) 4:49.66 (4:31.00); 5. *Stephane Jenks (Linn-Mar, Marion, Ia) 4:49.70 (4:29.16).

2M: **1. Frazier 10:02.86 (HSL) (5, 5 HS) (9:23.68 HSL [5, 5 HS])**; 2. **Kate Murphy (Lake Braddock, Burke, Va) 10:20.22 (9:43.93); 3. **Julia Heymach (Manvel, Tx) 10:23.27 (9:44.39);

4. Audrey Belf (Seaholm) 10:23.70 (9:44.26); 5. *Sarah Kettel (Brighton, Mi) 10:27.24 (9:45.05); 6. **Libby Davidson (Glass, Lynchburg, Va) 10:28.68.

5000: **1. Anna Rohrer (Mishawaka, In) 16:10.79 HSR (old HSR 16:11.85, Tessa Barrett [Abridge Heights, Clarks Summit, Pa] '14)**;

2. Frazier 16:12.81 (3, 3 HS); 3. Jenks 16:40.13; 4. **Aubrey Argyle (Davis, Kaysville, Ut) 16:50.35; 5. Kettel 16:57.97; 6. Bella Burda (Arlington, LaGrangeville) 16:58.37; 7. ***Weini Kelati' (Heritage, Leesburg, Va) 16:59.58 (frosh-class record).

60H: **1. **Sydney McLaughlin (Union Catholic, Scotch Plains, NJ) 8.17 (HSL) (3, 4 HS) (soph-class record) (7.60 HSL [5, 9 HS]—frosh-class record)**;

2. *Anna Cockrell (Providence, Char-

lotte) 8.21 (5, x HS) (7.64 [6, x HS]); 3. *Alexis Duncan (DeSoto, Tx) 8.36 (7.74); 4. Ciara Leonard (Cheltenham, Wyncote, Pa) 8.40 (7.81).

MileW: **1. Ashleigh Resch (Beavercreek, Oh) 7:00.33 HSR (old HSR 7:00.90 Lisa Kutzing [Port Jefferson, NY] '98)**;

2. Katharine Newhoff (East Islip, Islip Terrace, NY) 7:08.02; 3. Meaghan Podlaski (Colonie Central, Albany, NY) 7:08.92.

Relay Events

4 x 200: Parkland 1:38.19 (Ebony Williams 23.87); 2. Evers, Brooklyn 1:38.72; 3. Cheltenham 1:38.94; 4. Poly, Long Beach 1:39.66; 5. Western Branch 1:39.68.

Heats: III—1. **Parkland 1:37.75 (HSL) (Williams 23.88)**.

4 x 400: **1. Oak Park 3:42.72 (HSL) (8 HS) (*Anna Jefferson 54.30); 2. Cardozo, Oakland Gardens, NY 3:42.82 (9 HS) (*D'Jai Baker 53.92)**; 3. Western Branch 3:45.45; 4. Robeson, Brooklyn 3:46.85.

4 x 800: **1. Western Branch 9:02.27 (HSL) (*Faith Ross 2:10.43, *Amanda Thomas 2:08.20)**; 2. Leesville Road 9:03.63 (Mareno 2:07.60);

3. Lincoln-Sudbury, Sudbury, Ma 9:07.09 (*Ariel Keklak 2:09.4); 4. Mamaroneck 9:07.63 (*Shari Rauls 2:10.59); 5. Oak Park 9:09.18; 6. Glass 9:09.74.

4 x Mile: **1. La Salle, Providence 20:26.13 (HSL)**; 2. Corning 20:40.23; 3. Blacksburg, Va 20:48.24; 4. Elmira 20:50.85.

SpMed: **1. Rush-Henrietta-Sperry 3:52.68 HSR (old HSR 3:53.17 Poly [Long Beach] '01) (**Lanae-Tava Thomas, *Tori Thompson, Ceara Watson, **Sammy Watson 2:06.78)**;

2. Suffern 3:54.48 (4 HS) (Kamryn McIntosh 2:07.83); 3. Oak Park 3:56.80 (10 HS)**;

4. Germantown Friends 4:02.99 [*Sarah Walker 2:09.85; 5. Hunterdon Central, Flemington, NJ 4:04.49; 6. Kellenberg, Uniondale 4:04.73.

DisMed: **1. Suffern 11:53.57 (HSL)**; 2. Padua, Wilmington, De 11:55.12; 3. North Rockland, Thiells 11:55.21; 4. Bronxville 12:03.05;

5. Patriot, Nokesville, Va 12:03.17; 6. Friends Central, Wynnewood, Pa 12:04.32; 7. Shenendehowa, Clifton Park 12:05.85; 8. Cornwall Central, New Windsor 12:06.29.

4 x 55H: **1. Western Branch 31.22 HSR (old HSR 31.35 Hoover [Al] '14) (Milan Parks, Funlayo Oluwole, Jewel Smith, *Faith Ross)**;

2. Union Catholic, Scotch Plains, NJ 32.34 (9 HS); 3. Winslow Township, Atco, NJ 33.73.

Field Events

HJ: **1. Nicole Greene (Ponte Vedra, Ponte Vedra Beach, Fl) 6-½ (HSL) (=5, =5 HS)**; 2. **Mikella Lefebvre-Oatis' (Can)

5-8½; 3. Britten Duerden (Morgan, Ut) 5-6½. Emerging-elite HJ: 1. ***Kenya Livingston (Rocky River, Mint Hill, NC) 5-7¼.

PV: **1. Kristen Denk (North Royalton, Oh) 13-8½ (10, x HS)**; 2. Meagan Gray (Hays, Buda, Tx) 13-4½; 3. Brooke Catherine (Community, Normal, Il) 13-¾.

LJ: **1. K. Hall 20-11¼ (HSL) (4, 7 HS)**; **2. *Courtney Corrin (Harvard-Westlake, Studio City, Ca) 20-7 (10, x HS)**; 3. *Chinne Okoronkwo (Mountlake Terrace, Wa) 19-2.

TJ: **1. Asa Garcia (Texas City, Tx) 43-2¼ (HSL) (5, x HS)**; 2. Sydnei Murphy (Apex, NC) 42-¾; 3. Okoronkwo 41-10; 4. Marie-Josée Ebwea-Bile' (Cardozo) 40-6¼.

SP: 1. *Sophia Rivera (Brentwood, St Louis) 49-1; 2. *Alexis Daniels (Binghamton) 48-8¼;

3. *Nickolette Dunbar (Whippany Park, Whippany, NJ) 48-8; 4. **Kathleen Young (Warrensburg-Latham, Warrensburg, Il) 48-2½.

Wt: **1. Sabrina Gaitán' (Sprayberry, Marietta, Ga) 60-10 (HSL) (9, x HS)**; 259-9; 3. Jordan McClendon (Burroughs, St Louis) 59-9; 3. Kaylee Antill (Tri-Valley, Dresden, Oh) 55-9¾.

Pent: 1. Dallyssa Huggins' (Can) 3656; **2. *Alexus Pyles (Clarksburg, Md) 3619 (HSL)**; 3. Maya Neal (Neuqua Valley, Naperville, Il) 3598.

— State Meets —

VIRGINIA BOYS

Hampton, March 9-10 (200 unbanked)—
55: 1. *Noah Lyles (Williams, Alexandria) 6.27; 2. *Josephus Lyles (Williams) 6.28; 3. *Grant Holloway (Grassfield, Chesapeake) 6.35.

300: 1. N. Lyles 33.93; 2. Holloway 34.41.
500: 1. J. Lyles 1:03.57

55H: 1. Holloway 7.19.
4A 55H (@ Lynchburg): 1. Charles Graham (Phoebus, Hampton) 7.25.

HJ: 1. Bradley Jones (Smith, Chesapeake) 6-10; 2. Holloway 6-10; 3. N. Lyles 6-6.

LJ: 1. Holloway 23-6¼.

VIRGINIA GIRLS

55: 1. Milan Parks (Western Branch, Chesapeake) 7.03.

500: 1. *Faith Ross (Western Branch) 1:13.99.

55H: 1. Parks 7.96; 2. Funlayo Oluwole (Western Branch) 7.97.

LJ: 1. Parks 19-6½.
4A LJ: 1. Kara Lyles (Nansemond River, Suffolk) 19-11¼.

TJ: 1. ***Titiana Marsh (Dale, Chester) 41-2 (frosh-class record); 2. Oluwole 40-3½.

— NCAA Div. II Champs —

Birmingham, Alabama, March 13-14 (200 banked)—

(3/13—5K, DM, HJ, LJ, Wt, heats)

Teams: 1. Adams State 45; 2. tie, Findlay & Grand Valley State 40; 4. Ashland 36; 5. St. Augustine's 32.

60: 1. **Lamar Hargrove (Tif) 6.72; 2. Alex Donigian (WnWa) 6.72; 3. Jeff Fraley (MoSn) 6.73; 4. Emmanuel Matadi (Mank) 6.73.

Heats: I-1. Matadi 6.68. II-1. Hargrove 6.63; 2. Fraley 6.68.

200: I-1. Jordan Edwards (AArt) 21.18. II-1. Hargrove 20.95; 2. *Waynee Hyman' (JCS) 21.14.

400: I-1. Hyman' 47.62. II-1. Edwards 46.71; 2. *Omar Johnson' (StA) 47.15.

800: 1. Drew Windle (Ash) 1:49.24; 2. *Robin Butler (WnCo) 1:50.19; 3. *Ethan Barnes (GVal) 1:50.40.

Mile: 1. **Oliver Aitchison' (Adams) 4:09.39; 2. Matt Daniels (Adams) 4:09.96; 3. **Chase Rathke (Tarl) 4:10.34.

3000: 1. Kevin Batt' (Adams) 8:01.42; 2. **Derrick Williams (CSP) 8:03.14; 3. *Marty Andrie (CoM) 8:03.31.

5000: 1. *Tyler Pence (SnIn) 14:13.33; 2. *Johnnie Guy (SnIn) 14:16.33; 3. Andrew Mclain (Lewis) 14:19.12.

60H: 1. *Sean Wells (GVal) 7.78; 2. Elijha Owens (Ash) 7.84; 3. **Lorenzo Johnson (WTx) 7.86.

4 x 400: 1. Academy Of Art 3:12.76. III-1. St. Augustine's 3:12.13 (Herbert, Ellis, Hutchinson, Johnson); 2. Findlay 3:14.07.

DisMed: 1. Adams State 9:41.79 (Oliver Aitchison, Derek Brown, Austin Anaya, Kevin Batt); 2. Colorado State—Pueblo 9:41.82; 3. Stonehill 9:50.82.

Field Events

HJ: 1. *Isaac Jean-Paul (Lewis) 7-3 (2.21); 2. **Robert Valdez (LSup) 7-3; 3. *Jeron Robinson (AMK) 7-1 $\frac{3}{4}$ (2.18).

PV: 1. *Jagger Gran (SiouxF) 16-10 $\frac{3}{4}$ (5.15); 2. ***Jared Schipper (Hills) 16-6 $\frac{3}{4}$ (5.05); 3. Luke Arnold (WnCo) 16-6 $\frac{3}{4}$.

LJ: 1. **Lutalo Boyce (AMK) 25-7 $\frac{1}{4}$ (7.80); 2. ***Damarcus Simpson (Chad) 25-4 $\frac{1}{2}$ (7.73); 3. Shujaa Benson' (Azusa) 24-2 $\frac{1}{2}$ (7.38).

TJ: 1. Joseph Postwaite (LErie) 50-11 (15.52); 2. ***Devontae Steele (AMC) 50-9 $\frac{1}{4}$ (15.47); 3. Darion Boure (MoSn) 50-7 $\frac{1}{2}$ (15.43).

SP: 1. **Justin Dieck (LSup) 57-11 $\frac{3}{4}$ (17.67); 2. Taylor Miller (Find) 57-3 (17.45); 3. ***Elijah Talk (Ash) 56-10 $\frac{3}{4}$ (17.34).

Wt: 1. Justin Welch (Find) 72-5 (22.07); 2. *Darien Thornton (GVal) 70-1 $\frac{3}{4}$ (21.38); 3. Zac Ball (Ash) 69-3 $\frac{1}{2}$ (21.12); 4. *Adam Barr (Lewis) 67-8 (20.62); 5. *Tim Lovejoy (Indy) 66-1 $\frac{1}{2}$ (20.15).

Hept: 1. Justin Balczak (Azusa) 5606; 2. *Cody Thomas' (AkA) 5488; 3. **Matt Rich (AMC) 5453; 4. Dillon Schrodt (NbK) 5443.

NCAA II WOMEN

(3/13—5K, DM, PV, LJ, Wt, heats)

Teams: 1. Central Missouri 47; 2. Hillsdale 40; 3. tie, Ashland & New Mexico Highlands 37; 5. Lincoln (Mo.) 35.

60: 1. *C'evon Jones (VaU) 7.35; 2. *Raven Covington (WSalem) 7.42; 3. *Katelyn Barber (AIH) 7.42.

200: I-1. Whitney Rowe' (CoMesa) 24.14. II-1. *Yanique Ellington' (Linc) 23.93; 2. Ada Udaya' (NHav) 23.99.

400: I-1. *Tovea Jenkins' (JCS) 53.80.

II-1. *Ayana Walker (Shorter) 53.29; 2. **Carly Muscaro (Merrim) 53.51.

800: 1. Lindsey Butterworth' (Can) 2:08.44; 2. **Taylor Stepanski (SagV) 2:09.49; 3. ***Fellan Ferguson' (JCS) 2:09.99.

Mile: 1. Staci Foster (Azusa) 4:47.18; 2. **Emily Harris (MoSn) 4:51.11; 3. ***Alicja Konieczek' (WnCo) 4:51.79.

3000: 1. *Emily Oren (Hills) 9:16.81; 2. *Kristina Galat (Hills) 9:20.46; 3. Jennifer Johnson (Can) 9:26.82.

5000: 1. *Amy Cymerman (GVal) 16:34.13; 2. Galat 16:37.37; 3. Jessica Macy (PittSt) 16:43.14.

60H: 1. *Ladonna Richards' (Linc) 8.36; 2. *Salcia Slack' (NMH) 8.37; 3. Sharon Kwarula' (WTxAM) 8.47.

4 x 400: III-1. Bellarmine 3:45.89. IV-1. Southern Connecticut 3:44.91 (Hill, Nixon, Hill, Wattely); 2. Lincoln 3:45.95.

DisMed: 1. Hillsdale 11:25.61 (Kathryn Royer, Corinne Zehner, Amy Kerst, Emily Oren); 2. Simon Fraser (Can) 11:28.28; 3. Saginaw Valley 11:31.53.

Field Events

HJ: 1. ***Erika Kinsey' (CMo) 6-2 $\frac{3}{4}$ (1.90) (5-8, 5-9 $\frac{1}{4}$, 5-10 $\frac{1}{2}$, 6- $\frac{3}{4}$, 6-2 $\frac{3}{4}$ [3], 6-3 $\frac{1}{2}$ [xxx]) (1.73, 1.76, 1.79, 1.85, 1.90 [3], 1.92 [xxx]); 2. *Lydia Guagenti (Find) 5-9 $\frac{1}{4}$ (1.76); 3. Jennifer Foster (Ash) 5-9 $\frac{1}{4}$.

PV: 1. Rebecca Preisler (Lewis) 13-5 $\frac{1}{4}$ (4.10); 2. Michelle Grecni (SnCt) 13-1 $\frac{1}{2}$ (4.00); 3. *Jamie Roberts (GVal) 13-1 $\frac{1}{2}$.

LJ: 1. **Shanice McPherson' (NMH) 20-11 $\frac{1}{4}$ (6.38); 2. **Shakinah Brooks (StA) 19-11 $\frac{1}{4}$ (6.09); 3. Euphemia Edem' (Tarl) 19-10 $\frac{1}{4}$ (6.05); 4. Kinsey' 19-10 $\frac{1}{4}$ (6.05).

TJ: 1. Kinsey' 42-5 $\frac{1}{4}$ (12.93); 2. Kearah Danville (Ang) 42-0 (12.80); 3. *Salcia Slack' (NMH) 41-10 (12.75).

SP: 1. Sara Wells (WayneStNb) 54-2 $\frac{3}{4}$ (16.53); 2. *Jamie Sindelar (Ash) 51-3 $\frac{3}{4}$ (15.64); 3. **Megan Tomei (Ash) 50-1 $\frac{3}{4}$ (15.28).

Wt: 1. ***Kaitlyn Long (Winona) 68-8 $\frac{3}{4}$ (20.95); 2. *Heavin Warner (CMo) 68-6 (20.88); 3. Shatora Lewis (Ash) 66-7 $\frac{1}{4}$ (20.30).

Pent: 1. Slack' 4181; 2. Jordan Gray (Ang) 3902; 3. Madison Smith (CMo) 3888.

— NCAA Div. III Champs —

Winston-Salem, March 13–14 (200 unbanked)—

Teams: 1. Wisconsin—Eau Claire 62; 2. Wisconsin—La Crosse 60; 3. Mount Union 40; 4. St. Olaf 33; 5. North Central 31.

60: 1. **Winston Lee (Coble) 6.73.

200: 1. **Kevonte Shaw (UTT) 21.75.

400: 1. **Ross Denman (WILC) 48.66.

800: 1. *Mitchell Black (Tufts) 1:51.94.

Mile: 1. *Paul Escher (StO) 4:10.19.

3000: 1. *Jake Campbell (StO) 8:10.55.

5000: 1. *Travis Morrison (NCen) 14:23.94.

60H: 1. *Luke Campbell (Salisb) 7.93.

4 x 400: 1. Augustana 3:15.97.

DisMed: 1. Wisconsin—Eau Claire 9:54.82.

Field Events

HJ: 1. Dominique Neloms (WiLC) 6-11 (2.11).

PV: 1. ***Luke Winder (NCen) 17-4 $\frac{1}{2}$ (5.30); 2. **Tim Moses (Mess) 17-2 $\frac{3}{4}$ (5.25).

LJ: 1. Neloms 24-2 $\frac{1}{4}$ (7.37).

TJ: 1. Jamie Ruginski (SnMe) 49- $\frac{1}{4}$ (14.94).

SP: 1. Roger Steen (WiEC) 61-8 $\frac{1}{2}$ (18.81).

Wt: 1. Sean Donnelly (MtU) 71-4 $\frac{1}{4}$ (21.75).

Hept: 1. Brandon Zarnoth (WiEC) 5425.

NCAA III WOMEN

Teams: 1. Wisconsin—La Crosse 55; 2. Wisconsin—Oshkosh 49; 3. Illinois Wesleyan 39; 4. tie, MIT & Wisconsin—Eau Claire 34.

60: 1. Carly Fehler (WiEC) 7.58.

200: 1. Fehler 24.64.

400: 1. **Allie Bernasconi (Lehm) 55.74.

800: 1. Cynthia Adams (LebV) 2:08.81.

Mile: 1. Alison Maxwell (Middle) 4:56.17.

3000: 1. **Maryann Gong (MIT) 9:47.62.

60H: 1. **Ariana Wright (Lehm) 8.45.

4 x 400: 1. Wisconsin—La Crosse 3:49.89.

DisMed: 1. St. Thomas 11:45.26.

Field Events

HJ: 1. *Gladys Njoku (Stevens) 5-7 $\frac{3}{4}$ (1.72).

PV: 1. *Cimran Virdi (MIT) 13-1 $\frac{1}{2}$ (4.00).

LJ: 1. Lexie Sondgeroth (WiWh) 18-10 (5.74).

TJ: 1. *Bria Halama (WiLC) 40-9 $\frac{1}{2}$ (12.43).

SP: 1. Cherae Reeves (ConcM) 48-3 $\frac{1}{4}$ (14.71).

Wt: 1. Melanie Brickner (WiO) 64-1 $\frac{3}{4}$ (19.55).

Pent: 1. Allie Boudreau (IIWes) 3631.

in the next eTN:
time to move outdoors!