## Olympic Games Qualifying Standards

(compiled for Track & Field News by Bill Mallon, with help from Richard Hymans & Dave Johnson)

Event	Gender	1960	1964	1968	1972	1976	1980	1984
100 metres	М	10.4/9.5y	10.4/9.5y	10.3	10.3/9.4y	10.44/10.2h	10.44/10.2h	10.44/10.2h
200 metres	М	21.3/21.4y	21.0/21.1y	21.0	20.9/21.0y	21.04/20.8h	21.04/20.8h	20.94/20.7h
400 metres	М	47.3/47.6y	47.0/47.3y	46.8	46.4/46.7y	46.54/46.4h	46.54/46.4h	46.34/46.2h
800 metres	M	1:49.8/1:49.2y	1:48.8/1:49.4y	1:48.0	1:47.6/1:48.3y	1:47.4	1:47.4	1:47.00
1,500 metres	M	3:45.0/4:02.0y	3:43.5/4:01.5y	3:42.0	3:41.6/3:59.6y	3:40.6	3:40.0	3:39.00
5,000 metres	М	14:10.0/13:45.0y	14:02.0/13:34.0y	13:50.0	13:48.0/13:21.0y	13:40.0	13:35.0	13:35.00
10,000 metres	M	29:40.0/28:45.0y	29:25.0/28:30.0y	29:00.0	28:50.0/27:55.0y	28:40.0	28:30.0	28:25.00
Marathon	M							
110 metre hurdles	M	14.4	14.2/14.2y	14.1	14.0/14.0y	14.04/13.8h	14.04/13.8h	14.04/13.8h
400 metre hurdles	M	52.2/52.5y	51.8/52.1y	51.0	50.6/50.9y	50.64/50.5h	50.64/50.5h	50.54/50.4h
3,000 metre steeplechase	M	8:55.0	8:46.0	8:45.0	8:38.00	8:32.0	8:35.0	8:30.00
4x100 metre relay	M							
4x400 metre relay	M							
20 km walk	M							
50 km walk	M							
High Jump	M	2.05/6-83/4	2.06/6-91/4	2.09	2.15	2.18	2.18	2.22
Pole Vault	M	4.40/14-51/4	4.60/15-11/4	4.80	5.10	5.20	5.25	5.35
Long Jump	M	7.50/24-71/4	7.60/24-111/4	7.60	7.80	7.80	7.80	7.80
Triple Jump	M	15.60/51-2	15.80/51-101/4	16.00	16.20	16.40	16.45	16.45
Shot Put	M	17.00/55-91/4	17.80/58-5	18.40	19.00	19.40	19.40	19.40
Discus Throw	M	53.00/173-101/2	55.00/180-51/2	57.00	59.00	60.00	60.00	61.00
Hammer Throw	M	62.00/203-5	63.00/206-81/2	64.00	66.00	69.00	70.00	71.00
Javelin Throw	M	76.80/251-0	77.00/252-7¾	77.00	80.00	80.00	81.00	82.00
Decathlon	M	6,750	7,000	7,200	7,600	7,650	7,450	7,600/7,700h
100 metres	F	11.8/10.9y	11.7/10.8y	11.6	11.5	11.64/11.4h	11.54/11.3h	11.54/11.3h
200 metres	F	24.3/24.5y	24.2/24.4y	24.0	23.6/23.7y	23.74/23.5h	23.64/23.4h	23.64/23.4h
400 metres	F		55.5/55.9y	55.0	54.0/54.3y	53.64/53.5h	52.74/52.6h	52.74/52.6h
800 metres	F	2:12.0/2:13.0y	2:08.0/2:09.0y	2:06.0	2:05.0/2:05.8y	2:04.0	2:02.8	2:02.00
1,500 metres	F				4:02.0	4:15.0	4:10.0	4:09.00
3,000/5,000 metres	F							9:05.00
10,000 metres	F							
Marathon	F							
80/100 metre hurdles	F	11.2	11.0	10.8	13.5	13.64/13.4h	13.64/13.4h	13.64/13.4h
400 metre hurdles	F							58.64/58.5h
3,000 metre steeplechase	F							

4x100 metre relay	F							
4x400 metre relay	F							
20 km walk	F							
High Jump	F	1.67/5-53/4	1.70/5-7	1.71	1.76	1.82	1.86	1.86
Pole Vault	F							
Long Jump	F	5.90/19-41/4	6.00/19-81/4	6.25	6.30	6.35	6.40	6.45
Triple Jump	F							
Shot Put	F	14.60/47-101/4	15.00/49-21/2	16.00	16.20	16.60	16.60	16.80
Discus Throw	F	48.00/157-6	50.00/164-01/2	52.00	55.00	56.00	56.00	57.00
Hammer Throw	F							
Javelin Throw	F	49.00/160-91/2	51.00/167-4½	53.00	54.00	55.00	55.00	56.00
Pent/Heptathlon	F		4,500	4,600	4,200	4,300	4,260/4,300h	5,700/5,750h

Event	Gender	1988	1992	1996 - A/B	2000 - A/B	2004 - A/B	2008 - A/B	2012 - A/B
100 metres	М	10.44/10.2h	10.30/10.1h	10.34/10.1h-10.54/10.3h	10.27/10.40	10.21/10.28	10.21/10.28	10.18/10.24
200 metres	M	2084/20.6h	20.80/20.6h	20.84/20.6h-21.04/20.8h	20.70/20.90	20.59/20.75	20.59/20.75	20.55/20.65
400 metres	M	46.14/46.0h	45.90/45.8h	45.84/45.7h-46.44/46.3h	45.80/46.20	45.55/45.95	45.55/45.95	45.30/45.90
800 metres	M	1:47.8	1:46.20	1:46.50/1:47.50	1:46.30/1:47.20	1:46.00/1:47.00	1:46.00/1:47.00	1:45.60/1:46.30
1,500 metres	M	3:38.5	3:37.00	3:38.00/3:40.50	3:36.80/3:39.50	3:36.20/3:38.00	3:36.60/3:39.00	3:35.50/3:38.00
5,000 metres	M	13:33.0	13:27.30	13:29.00/13:38.00	13:29.00/13:34.00	13:21.50/13:25.40	13:21.50/13:28.00	13:20.00/13:27.00
10,000 metres	M	28:20.0	28:07.00	28:10.00/28:30.00	28:10.00/28:28.00	27:49.00/28:06.00	27:50.00/28:10.00	27:45.00/28:05.00
Marathon	M		2-14:00	2-16:00/2-25:00	2-14:00/2-20:00	2-15:00/2-18:00	2-15:00/2-18:00	2-15:00/2-18:00
110 metre hurdles	M	13.94/13.7h	13.80/13.6h	13.84/13.6h-14.14/13.9h	13.70/13.85	13.55/13.72	13.55/13.72	13.52/13.60
400 metre hurdles	M	50.24/50.1h	50.00/49.9h	50.04/49.9h-50.54/50.4h	49.90/50.20	49.20/49.50	49.2/49.5	49.50/49.80
3,000 metre steeplechase	M	8:28.0	8:29.00	8:30.00/8:35.00	8:27.00/8:30.70	8:24.60/8:32.00	8:24.60/8:32.00	8:23.10/8:32.00
4x100 metre relay	M		40.30			top 16 teams	top 16 teams	top 16 teams
4x400 metre relay	M		3:10.00			top 16 teams	top 16 teams	top 16 teams
20 km walk	M		1-24.00	1-23:30/1-26:00			1-23:00/1-24:30	1-22:30/1-24:30
50 km walk	M		4-05:00	4-00:00/4-10:00			4-00:00/4-07:00	3-59:00/4-09:00
High Jump	M	2.25	2.28	2.27/2.23	2.28/2.25	2.30/2.27	2.30/2.27	2.31/2.28
Pole Vault	M	5.45	5.50	5/60/5.40	5.60/5.45	5.65/5.55	5.70/5.55	5.72/5.60
Long Jump	M	7.85	8.00	8.00/7.90	8.05/7.95	8.19/8.05	8.20/8.05	8.20/8.10
Triple Jump	M	16.60	16.85	16.85/16.50	16.85/16.65	16.95/16.55	17.10/16.80	17.20/16.85
Shot Put	M	19.50	19.85	19.50/19.00	19.70/19.30	20.30/20.00	20.30/19.80	20.50/20.00
Discus Throw	M	61.50	63.20	62.00/60.00	63.50/62.00	64.00/62.55	64.50/62.50	65.00/63.00
Hammer Throw	M	72.00	74.50	74.00/70.00	75.50/72.20	78.65/74.35	78.50/74.00	78.00/74.00
Javelin Throw	M	76.00	80.00	80.00/75.00	82.00/77.50	81.80/77.80	81.80/77.80	82.00/79.50
Decathlon	M	7,600/7,700h	7,850	7,950/7,700	8,050/7,800	8,000/7,700	8,000/7,700	8,200/7,950
100 metres	F	11.54/11.3h	11.40/11.2h	11.44/11.2h-11/64/11.4h	11.40/11.60	11.30/11.40	11.32/11.42	11.29/11.38

200 metres	F	23.64/23.4h	23.20/23.0h	23.24/23.0h-23.54/23.3h	23.20/23.50	22.97/23.13	23.00/23.20	23.10/23.30
400 metres	F	52.74/52.6h	52.00/51.9h	52.34/52.2h-53.34/53.2h	52.20/53.20	51.50/52.30	51.55/52.35	51.55/52.35
800 metres	F	2:01.5	2:01.30	2:01.00/2:03.00	2:00.50/2:02.50	2:00.00/2:01.30	2:00.00/2:01.30	1:59.90/2:01.30
1,500 metres	F	4:09.0	4:10.20	4:10.00/4:14.00	4:08.00/4:12.00	4:05.80/4:07.15	4:07.00/4:08.00	4:06.00/4:08.90
3,000/5,000 metres	F	9:03.0	8:56.00	15:45.00/16:05.00	15:35.00/15:55.00	15:08.70/15;20.45	15:09.00/15:24.00	15:20.00/15:30.00
10,000 metres	F	33:00.0	32:50.00	32:30.00/33:20.00	32:30.0/33:20.00	31:45.00/32:17.00	31:45.00/32:20.00	31:45.00/32:10.00
Marathon	F		2-35:00	2-35:00/2-50:00	2-33:00/2-45:00	2-37:00/2-42:00	2-37:00/2-42.00	2-37:00/2-43:00
80/100 metre hurdles	F	13.44/13.2h	13.30/13.1h	13.14/12.9h-13.54/13.3h	13.10/13.40	12.96/13.11	12.96/13.11	12.96/13.15
400 metre hurdles	F	58.04/57.9h	56.50/56.4h	56.14/56.0h-57.14/57.0h	56.14/57.14	55.60/56.25	55.60/56.50	55.50/56.65
3,000 metre steeplechase	F						9:46.00/9:55.00	9:43.00/9:48.00
4x100 metre relay	F		45.40			top 16 teams	top 16 teams	top 16 teams
4x400 metre relay	F		3:38.00			top 16 teams	top 16 teams	top 16 teams
20 km walk	F		48:00	45:30/48:00			1-33:30/1-38:00	1-33:30/1-38:00
High Jump	F	1.88	1.92	1.92/1.87	1.93/1.88	1.95/1.91	1.95/1.91	1.95/1.92
Pole Vault	F				4.30/4.20	4.40/4.25	4.45/4.30	4.50/4.40
Long Jump	F	6.50	6.55	6.55/6.40	6.65/6.50	6.70/6.55	6.72/6.60	6.75/6.65
Triple Jump	F			13.75/13.50	14.15/13.95	14.20/14.00	14.20/14.00	14.30/14.10
Shot Put	F	16.90	17.40	18.00/17.10	18.30/17.95	18.55/17.15	18.35/17.20	18.30/17.20
Discus Throw	F	57.50	59.00	60.00/57.00	61.00/58.00	61.00/57.70	61.00/59.00	62.00/59.50
Hammer Throw	F				65.00/63.50	67.50/64.00	69.50/67.00	71.50/69.00
Javelin Throw	F	56.50	61.40	60.00/57.00	60.00/57.00	60.50/56.00	60.50/56.00	61.00/59.00
Pent/Heptathlon	F	5,700/5,750h	5,950	6,000/5,700	6,000/5,750	6,050/5,900	6,000/5,800	6,150/5,950

Year	Notes
1960	1 athlete from each nation allowed in each event, 2nd or 3rd qualifier must meet qualifying standard
1964	1 athlete from each nation allowed in each event, 2nd or 3rd qualifier must meet qualifying standard
1968	1 athlete from each nation allowed in each event, 2nd or 3rd qualifier must meet qualifying standard
1972	1 athlete from each nation allowed in each event, 2nd or 3rd qualifier must meet qualifying standard
1976	1 athlete from each nation allowed in each event, 2nd or 3rd qualifier must meet qualifying standard
1980	1 athlete from each nation allowed in each event, 2nd or 3rd qualifier must meet qualifying standard
1984	1 athlete from each nation allowed in each event, 2nd or 3rd qualifier must meet qualifying standard
1988	1 athlete from each nation allowed in each event, 2nd or 3rd qualifier must meet qualifying standard
1992	1 athlete from each nation allowed in each event, 2nd or 3rd qualifier must meet qualifying standard
1996	1 athlete from each nation in each event, if making B standard. Up to 3 athletes allowed per nation in each event, if making A standard.
2000	1 athlete from each nation in each event, if making B standard. Up to 3 athletes allowed per nation in each event, if making A standard.
2004	1 athlete from each nation in each event, if making B standard. Up to 3 athletes allowed per nation in each event, if making A standard.
2008	1 athlete from each nation in each event, if making B standard. Up to 3 athletes allowed per nation in each event, if making A standard.
2012	1 athlete from each nation in each event, if making B standard. Up to 3 athletes allowed per nation in each event, if making A standard.