

WOMEN'S 4 x 400 RELAY

U.S. Speed, Experience

THE FORMCHART (marks made in 2011 or 2012)

1. United States	3:18.09 ('11) <small>(Richards-Ross 48.70, Felix 49.59, Trotter 49.64, McCorory 50.06, Baker 50.76)</small>
2. Russia	3:19.36 ('11) <small>(Krivoshapka 49.16, Gushchina 49.28, Kapachinskaya 49.35, Nazarova 49.65, Firova 49.72)</small>
3. Jamaica	3:18.71 ('11) <small>(Williams 49.32, Williams-Mills 49.63, Whyte 49.84, Lloyd 50.62, Day 50.85, Blake 51.72)</small>
4. Great Britain	3:23.05 ('11) <small>(Ohuruogu 49.61, Sanders 49.65, McConnell 50.82, Cox 50.84, Okoro 52.02)</small>
5. Ukraine	3:23.86 ('11) <small>(Lohvynenko 51.19, Pyhyda 51.27, Olishevskaya 51.68, Prystupa 51.70, Zemlyak 51.82)</small>
6. Belarus	3:24.28 ('11)
7. France	3:25.49 ('12)
8. Czech Republic	3:26.01 ('11)
9. Brazil	3:26.68 ('11)
10. Nigeria	3:25.59 ('11)

THE SCOOP

Russia and Jamaica always look like threats on paper, but when push comes to shove, all that NCAA experience comes to the fore for the U.S... Brits motivated enough for miracle medal?

THE STATS

WR: 3:15.17 Soviet Union '88

AR: 3:15.51 Olympic Team '88

OR: 3:15.17 Soviet Union '88

'08 OG Medals: USA–Russia–Jamaica

'09 WC Medals: USA–Jamaica–Russia

'11 WC Medals: USA–Jamaica–Russia

THE ALL-TIME TOP 10 NATIONS

1. 3:15.17	Soviet Union 10/01/88
2. 3:15.51	United States 10/01/88
3. 3:15.92	East Germany 6/03/84
4. 3:18.38	Russia 8/22/93
5. 3:18.71	Jamaica 9/03/11
6. 3:20.04	Great Britain 9/02/07
7. 3:20.32	Czechoslovakia 8/14/83
8. 3:21.04	Nigeria 8/03/96
9. 3:21.21	Canada 8/11/84
10. 3:21.85	Belarus 8/23/08

LONDON SCHEDULE

heats — 19:10 August 10

final — 20:25 August 11



SRR has made a career out of finishing off gold-medal 4x4s

WINNERS SINCE 1972

1972 —	East Germany 3:22.95
1976 —	East Germany 3:19.23
1980 —	Soviet Union 3:20.12
1984 —	United States 3:18.29
1988 —	Soviet Union 3:15.17
1992 —	Unified Team (Rus/Ukr) 3:20.20
1996 —	United States 3:20.91
2000 —	United States 3:22.62
2004 —	United States 3:19.01
2008 —	United States 3:18.54