

2016 Olympic Games Statistics - Women's 400m

by K Ken Nakamura

The records to look for in Rio de Janeiro:

Shaunae Miller can become the first World Youth and World Junior champ to win the Olympics.

Summary Page:

All time Performance List at the Olympic Games

Performance	Performer	Time	Name	Nat	Pos	Venue	Year
1	1	48.25	Marie-Jose Perec	FRA	1	Atlanta	1996
2	2	48.63	Cathy Freeman	AUS	2	Atlanta	1996
3	3	48.65	Olga Bryzgina	URS	1	Seoul	1988
4	4	48.83	Valerie Brisco-Hooks	USA	1	Los Angeles	1984
4		48.83	Marie Jose-Perec		1	Barcelona	1992
6	5	48.88	Marita Koch	GDR	1	Moskva	1980

Slowest winning time since 1976: 49.62 by Christine Ohuruogu (GBR) in 2008

Margin of Victory

	Difference	Winning time	Name	Nat	Venue	Year
Max	1.23	49.28	Irena Szewinska	POL	Montreal	1976
Min	0.07	49.62	Christine Ohuruogu	GBR	Beijing	2008

Fastest time in each round (4 rounds in 1988, 1992, 1996, 2000)

Round	Time	Name	Nat	Venue	Year
Final	48.25	Marie-Jose Perec	FRA	Atlanta	1996
Semi-final	49.11	Olga Nazarova	URS	Seoul	1988
Quarter-final	50.26	Olga Nazarova	URS	Seoul	1988
First round	50.11 (3rounds)	Sanya Richards	USA	Athinai	2004
	51.00 (4rounds)	Pauline Davis	BAH	Atlanta	1996

Fastest non-qualifier for the final

Time	Position	Name	Nat	Venue	Year
49.91	5sf1	Jillian Richardson	CAN	Seoul	1988

Best Marks for Places in the Olympics

Pos	Time	Name	Nat	Venue	Year
1	48.25	Marie-Jose Perec	FRA	Atlanta	1996
2	48.63	Cathy Freeman	AUS	Atlanta	1996
3	49.10	Falilat Ogunkoya	NGR	Atlanta	1996
4	49.28	Pauline Davis	BAH	Atlanta	1996
5	49.55	Jearl Miles	USA	Atlanta	1996
6	49.77	Fatima Yusuf	NGR	Atlanta	1996

Multiple Gold Medalists:

Marie Jose Perec (FRA): 1992, 1996

All time Performance List at the Olympic Games

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4		48.83	Marie Jose-Perec		1	Barcelona	1992
6	5	48.88	Marita Koch	GDR	1	Moskva	1980
7	6	49.05	Chandra Cheeseborough	USA	2	Los Angeles	1984
7		49.05	Olga Bryzgina	EUN	2	Barcelona	1992
9	7	49.10	Falilat Ogunkoya	NGR	3	Atlanta	1996
10	8	49.11	Olga Nazarova	URS	1sf1	Seoul	1988
10		49.11	Cathy Freeman		1	Sydney	2000
12		49.19	Marie Jose Perec		1sf2	Atlanta	1996
13	9	49.28	Irena Szewinska	POL	1	Montreal	1976
13	9	49.28	Pauline Davis	BAH	4	Atlanta	1996
15		49.33	Olga Bryzgina		1sf2	Seoul	1988
16	11	49.41	Tonique Williams-Darling	BAH	1	Athinai	2004
17	12	49.43	Kathy Cook Smallwood	GBR	3	Los Angeles	1984
18	13	49.45	Petra Müller	GDR	2	Seoul	1988
19	14	49.46	Jarmila Kratochvilova	TCH	2	Moskva	1980
20		49.48	Marie-Jose Perec		1sf1	Barcelona	1992
21		49.50	Petra Müller		2sf1	Seoul	1988
22	15	49.55	Jearl Miles	USA	5	Atlanta	1996
22	15	49.55	Sanya Richards-Ross	USA	1	London	2012
24	17	49.56	Ana Guevara	MEX	2	Athinai	2004
25		49.57	Falilat Ogunkoya		2sf2	Atlanta	1996
26	18	49.58	Lorraine Graham	JAM	2	Sydney	2000
27	19	49.62	Christine Ohuruogu	GBR	1	Beijing	2008
28	20	49.64	Ximena Restrepo	COL	3	Barcelona	1992
29	21	49.66	Christina Lathan Brehmer	GDR	3	Moskva	1980
30		49.69	Olga Nazarova		4	Barcelona	1992
30	22	49.69	Shericka Williams	JAM	2	Beijing	2008
32		49.70	Christine Ohuruogu		2	London	2012
33	23	49.72	Katharine Merry	GBR	3	Sydney	2000
33	23	49.72	Deedee Trotter	USA	3	London	2012
35	25	49.75	Amantle Montsho	BOT	4	London	2012
36		49.76	Ximena Restrepo		2sf1	Barcelona	1992
36		49.76	Olga Bryzgina		3sf1	Barcelona	1992
38	26	49.77	Fatima Yusuf	NGR	6	Atlanta	1996
39	27	49.79	Donna Fraser	GBR	4	Sydney	2000
40	28	49.81	Antonina Krivoschapka	RUS	1sf3	London	2012
41	29	49.84	Diane Dixon	USA	3sf1	Seoul	1988
42		49.85	Pauline Davis		3sf2	Atlanta	1996
43	30	49.87	Denean Howard		4sf1	Seoul	1988
43		49.87	Deedee Trotter		2sf3	London	2012
45	31	49.88	Monique Hennagan	USA	1sf3	Athinai	2004
46	32	49.89	Natalya Antyukh	RUS	3	Athinai	2004
47		49.90	Valerie Brisco		2sf2	Seoul	1988
47		49.90	Olga Nazarova		3	Seoul	1988
47		49.90	Sanya Richards		1sf2	Beijing	2008
50	33	49.91	Marita Payne	CAN	4	Los Angeles	1984
50	33	49.91	Jillian Richardson	CAN	5sf1	Seoul	1988
50	33	49.91	Novlene Williams-Mills	JAM	3sf3	London	2012
53		49.93	Jillian Richardson		5	Barcelona	1992
53		49.93	Sanya Richards		3	Beijing	2008

55		49.96	Ana Guevara	5	Sydney	2000
56		49.97	Monique Hennagan	4	Athinai	2004

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Margin of Victory

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Max	1.23	49.28	Irena Szewinska	POL	Montreal	1976
Min	0.07	49.62	Christine Ohuruogu	GBR	Beijing	2008

Difference between first and third

	Diff	Winning time	3 rd place time	Winner's Name	Nat	Venue	Year
Max	1.39	52.01	53.4	Betty Cuthbert	AUS	Tokyo	1964
Min	0.17	49.55	49.72	Sanya Richards-Ross	USA	London	2012
	0.22	52.03	52.25	Colette Besson	FRA	Mexico City	1968

Difference between third and fourth (medal versus no medal)

	Difference	3 rd place time	Name	Nat	Venue	Year
Max	1.0h	53.4h	Judy Amoore	AUS	Tokyo	1964
	0.48	49.43	Kathy Smallwood Cook	GBR	Los Angeles	1984
Min	0.01	50.55	Ellen Streidt	GDR	Montreal	1976

Fastest time in each round (4 rounds in 1988, 1992, 1996, 2000)

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Final	48.25	Marie-Jose Perec	FRA	Atlanta	1996
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Quarter-final	50.26	Olga Nazarova	URS	Seoul	1988
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	51.00 (4rounds)	Pauline Davis	BAH	Atlanta	1996

Fastest non-qualifier for the final

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Average of last eight Olympics

	Average	2012	2008	2004	2000	1996	1992	1988	1984
Winning Time	49.03	49.55	49.62	49.41	49.11	48.25	48.83	48.65	48.83
Winning Medal	49.67	49.72	49.93	49.89	49.72	49.10	49.64	49.90	49.43
Missing Medal (4 th)	49.82	49.75	50.01	49.97	49.79	49.28	49.69	50.16	49.91
8 th place	51.01	50.79	51.18	50.65	51.04	50.71	50.87	51.25	51.56
Slowest to make final	50.90	50.98	50.63	50.63	51.21	50.75	50.40	50.36	52.21

Best Marks for Places in the Olympics

Pos	Time	Name	Nat	Venue	Year
1	48.25	Marie-Jose Perec	FRA	Atlanta	1996
2	48.63	Cathy Freeman	AUS	Atlanta	1996
3	49.10	Falilat Ogunkoya	NGR	Atlanta	1996
4	49.28	Pauline Davis	BAH	Atlanta	1996
5	49.55	Jearl Miles	USA	Atlanta	1996

6	49.77	Fatima Yusuf	NGR	Atlanta	1996
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Best Marks for Places – All Competitions

Pos	Time	Name	Nat	Venue	DayMonthYear
1	47.60	Marita Koch	GDR	Canberra	6 Oct 1985
2	48.27	Olga Bryzgina	URS	Canberra	6 Oct 1985
	48.59	Tatana Kocembova	TCH	Helsinki	10 Aug 1983
3	49.10	Falilat Ogunkya	NGR	Atlanta	29 July 1996
	49.19	Mariya Pinigina	URS	Helsinki	10 Aug 1983
4	49.28	Pauline Davis	BAH	Atlanta	29 July 1996
	49.69	Olga Nazarova	RUS	Barcelona	5 Aug 1992
5	49.55	Jearl Miles-Clark	USA	Atlanta	29 July 1996
	49.93	Jillian Richardson	CAN	Barcelona	5 Aug 1992
6	49.77	Fatima Yusuf	NGR	Atlanta	29 July 1996
	50.05	Heidi Seyerling	RSA	Sydney	25 Sept 2000
7	50.12	Falilat Ogunkoya	NGR	Sydney	25 Sept 2000

Multiple Gold Medalists:

Marie Jose Perec (FRA): 1992, 1996

Multiple Medalists:

Sanya Richards-Ross (USA): 2008 Bronze, 2012 Gold

Christine Ohuruogu (GBR): 2008 Gold, 2012 Silver

Marie Jose Perec (FRA): 1992 Gold, 1996 Gold

Cathy Freeman (AUS): 1996 Silver, 2000 Gold

Olga Bryzgina (URS): 1988 Gold, 1992 Silver

Christina Brehmer (GDR): 1976 Silver, 1980 Bronze

Multiple Medals by athletes from a single nation

Nation	Year	Gold	Silver	Bronze
USA	2012	Sanya Richards-Ross		Deedee Trotter
URS	1988	Olga Bryzgina		Olga Nazarova
USA	1984	Valerie Brisco-Hooks	Chandra Cheeseborough	
GDR	1980	Marita Koch		Christina Brehmer
GDR	1976		Christina Brehmer	Ellen Streidt
AUS	1964	Betty Cuthbert		Judy Amoore

Man & Woman from the same team winning the corresponding event:

Nation	Men	Women	Venue	Year
USA	Alonzo Babers	Valerie Brisco-Hooks	Los Angeles	1984

Individual Medals by Countries:

Nation	Gold	Silver	Bronze
FRA	3		
GDR	2	2	2
AUS	2	1	1
GBR	1	3	2
USA	2	1	3

URS	1		2
BAH	1		
POL	1		
JAM		2	
FRG		1	
TCH		1	
EUN		1	
MEX		1	
COL			1
NGR			1
RUS			1

World Champion with Olympic Gold medal

Name	Nat	World Championships	Olympics
Sanya Richards-Ross	USA	2009	2012
Christine Ohuruogu	GBR	2007	2008
Tonique Williams- Darling	BAH	2005	2004
Cathy Freeman	AUS	1997, 1999	2000
Marie Jose Perec	FRA	1991, 1995	1992, 1996
Olga Bryzgina	URS	1987	1988

World Indoor Championships medalist with Olympic medal

Name	Nat	World Indoor Championships	Year	Olympics	Year
Sanya Richards	USA	Gold	2012	Gold	2012
Tonique Williams-Darling	BAH	Bronze	2004	Gold	2004
Falilat Ogunkova	NGR	Silver	1999	Bronze	1996

Olympic Champion who previously won World Junior Gold medal

Name	Nat	Olympic Games	Year	World Junior Championships	Year
Sanya Richards	USA	Gold	2012	Silver	2002

Olympic medalists who previously won World Youth medal: None

Olympic Champion with European Championships gold medal

Name	Nat	Olympics	European Championships
Marie-Jose Perec	FRA	1992, 1996	1994
Marita Koch	GDR	1980	1978, 1982, 1986

Olympic medalist with Asian Games medal: None

Asian never won an Olympic medal

Olympic champion with All Africa Games gold medal:

Name	Nat	Olympics	Year	All Africa Games	Year	African Championships	Year
Falilat Ogunkoya	NGR	Bronze	1996	Gold	1999	Gold	1998

Olympic champion with Pan American Games medal:

Name	Nat	Olympics	Year	Pan American Games	Year
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Ana Guevara	MEX	Silver	2004	Gold	1999, 2003, 2007
Ximena Restrepo	COL	Bronze	1992	Silver	1991

Olympic Champion with Commonwealth Games Gold medal

Name	Nat	Olympics	Commonwealth Games
Christine Ohuruogu	GBR	2008	2006
Cathy Freeman	AUS	2000	1994

Last eight Olympics:

Year	Gold	Nat	Time	Silver	Nat	Time	Bronze	Nat	Time
2012	Sanya Richards-Ross	USA	49.55	Christine Ohuruogu	GBR	49.70	Deedee Trotter	USA	49.72
2008	Christine Ohuruogu	GBR	49.62	Shericka Williams	JAM	49.69	Sanya Richards	USA	49.93
2004	Tonique Williams-Darling	BAH	49.41	Ana Guevara	MEX	49.56	Natalya Antyukh	RUS	49.89
2000	Cathy Freeman	AUS	49.11	Lorraine Graham	JAM	49.58	Katherine Merry	GBR	49.72
1996	Marie Jose Perc	FRA	48.25	Cathy Freeman	AUS	48.63	Falilat Ogunkoya	NGR	49.10
1992	Marie Jose Perc	FRA	48.83	Olga Bryzgina	EUN	49.05	Ximena Restrepo	COL	49.64
1988	Olga Bryzgina	URS	48.65	Petra Müller	GDR	49.45	Olga Nazarova	URS	49.90
1984	Valerie Brisco-Hooks	USA	48.83	Chandra Cheeseborough	USA	49.05	Kathy Cook	GBR	49.43

Last eight World Championships:

Year	Gold	Nat	Time	Silver	Nat	Time	Bronze	Nat	Time
2015	Allyson Felix	USA	49.26	Shaunae Miller	BAH	49.67	Shericka Jackson	JAM	49.99
2013	Christine Ohuruogu	GB	49.41	Amantle Montsho	BOT	49.41	Antonina Krivoschapka	RUS	49.78
2011	Amantle Montsho	BOT	49.56	Allyson Felix	USA	49.59	Anastasiya Kapachinskaya	RUS	50.24
2009	Sanya Richards	USA	49.00	Shericka Williams	JAM	49.32	Antonina Krivoschapka	RUS	49.71
2007	Christine Ohuruogu	GBR	49.61	Nicola Sanders	GBR	49.65	Novlene Williams	JAM	49.66
2005	Tonique Williams Darling	BAH	49.55	Sanya Richards	USA	49.74	Ana Guevara	MEX	49.81
2003	Ana Guevara	MEX	48.89	Lorraine Fenton	JAM	49.43	Amy Mbacke Thiam	SEN	49.95
2001	Amy Mbacke Thiam	SEN	49.86	Lorraine Fenton	JAM	49.88	Ana Guevara	MEX	49.97

Last nine World Indoor Championships:

Year	Gold	Nat	Time	Silver	Nat	Time	Bronze	Nat	Time
2016	Kemi Adekoya	BRN	51.45	Ashley Spencer	USA	51.72	Quanera Hayes	USA	51.76
2014	Francena McCorory	USA	51.12	Kaliese Spencer	JAM	51.54	Shaunae Miller	BAH	52.06
2012	Sanya Richards-Ross	USA	50.79	Aleksandra Fedoriva	RUS	51.76	Natasha Nastings	USA	51.82
2010	Debbie Dunn	USA	51.04	Tatyana Firova	RUS	51.13	Vania Stambolova	BUL	51.50
2008	Olesya Zykina	RUS	51.09	Natalya Nazarova	RUS	51.10	Shareese Woods	USA	51.41
2006	Olesya Krasnomovetts	RUS	50.04	Vania Stambolova	BUL	50.21	Christine Amertil	BAH	50.34
2004	Natalya Nazarova	RUS	50.19	Olesya Krasnomovets	RUS	50.65	Tonique Williams	BAH	50.87
2003	Natalya Nazarova	RUS	50.83	Christine Amertil	BAH	51.11	Grit Breuer	GER	51.13
2001	Sandie Richards	JAM	51.04	Olga Kotlyarova	RUS	51.56	Olesya Zykina	RUS	51.71

Last ten World Junior Championships:

Year	Gold	Nat	Time	Silver	Nat	Time	Bronze	Nat	Time
2016	Tiffany James	JAM	51.32	Lynna Irby	USA	51.39	Junelle Bromfield	JAM	52.05
2014	Kendall Baisden	USA	51.85	Gilda Casanova	CUB	52.59	Olivia Baker	USA	53.00
2012	Ashley Spencer	USA	50.50	Kadecia Baird	GUY	51.04	Erika Rucker	USA	51.10
2010	Shaunae Miller	BAH	52.52	Margaret Etim	NGR	53.05	Bianca Razor	ROU	53.17
2008	Sade Abugan	NGR	51.84	Jessica Beard	USA	52.09	Susana Clement	CUB	52.36
2006	Danijela Grigic	CRO	50.78	Sonita Sutherland	JAM	51.42	Nawal Al-Jak	SUD	51.67
2004	Natasha Hastings	USA	52.04	Sonita Sutherland	JAM	52.41	Ashlee Kidd	USA	52.45
2002	Monique Henderson	USA	51.10	Sanya Richards	USA	51.49	Sheryl Morgan	JAM	52.61

2000	Jana Pittman	AUS	52.45	Aneta Lemiersz	POL	52.78	Norma Gonzalez	COL	53.30
1998	Natalya Nazarova	RUS	52.02	Nakiya Johnson	USA	52.09	Yudalis Diaz	CUB	52.39

Last nine World Youth Championships

Year	Gold	Nat	Time	Silver	Nat	Time	Bronze	Nat	Time
2015	Salwa Eid Naser	BRN	51.50	Lynna Irby	USA	51.79	Catherine Reid	GBR	52.25
2013	Sabrina Bakare	GBR	52.77	Olivia Baker	USA	53.38	Tiffany James	JAM	52.77
2011	Shaunae Miller	BAH	51.84	Christian Brennan	CAN	52.12	Olivia James	JAM	52.14
2009	Ebony Eutsey	USA	52.88	Michelle Brown	USA	53.44	Sandra Wagner	SWE	53.52
2007	Yuliya Baraley	UKR	53.57	Latoya McDermott	JAM	54.12	Alexandra Stukova	SVK	54.46
2005	Nawal Al-Jak	SUD	51.19	Danijeta Grgic	CRO	51.30	Aymee Martinez	CUB	52.04
2003	Natasha Hastings	USA	53.41	Antonina Krivoshapka	RUS	53.54	Jaimee-Lee Hoebergen	AUS	53.78
2001	Stephanie Smith	USA	52.19	Jerricka Chapple	USA	52.80	Anneisha McLaughlin	JAM	53.35
1999	Monique Henderson	USA	52.28	Helen Okpanachi	NGR	52.38	Norma Gonzalez	COL	52.39

Last seven European Championships:

Year	Gold	Nat	Time	Silver	Nat	Time	Bronze	Nat	Time
2016	Libania Grenot	ITA	50.73	Floria Guei	FRA	51.21	Anyika Onuora	GBR	51.47
2014	Libania Grenot	ITA	51.10	Olga Zemlyak	UKR	51.36	Indira Terrero	ESP	51.38
2012	Moa Hjelmer	SWE	51.13	Kseniya Zadorina	RUS	51.26	Ilona Usovich	BLR	51.94
2010	Tatyana Firova	RUS	49.89	Kseniya Ustalova	RUS	49.92	Antonina Krivoshapka	RUS	50.10
2006	Vanya Stambolova	BUL	49.85	Tatyana Veshkurova	RUS	50.15	Olga Zaytseva	RUS	50.28
2002	Olesya Zykina	RUS	50.45	Grit Breuer	GER	50.70	Lee McConnell	GBR	51.02
1998	Grit Breuer	GER	49.93	Helena Fuchsova	CZE	50.21	Olga Kotlyarova	RUS	50.38

Last five Asian Games:

Year	Gold	Nat	Time	Silver	Nat	Time	Bronze	Nat	Time
2014	Kemi Adekoya	BRN	51.59	Quach Thi Lan	VIE	52.06	Machettira Raju	IND	52.36
2010	Olga Tereshkova	KAZ	51.97	Asami Chiba	JPN	52.68	Marina Maslenko	KAZ	52.70
2006	Olga Tereshkova	KAZ	51.86	Manjet Kaur	IND	52.17	Asami Tanno	JPN	53.04
2002	Damayanthi Dharsha	SRI	51.13	K Mathew Beenamol	IND	52.04	Svetlana Bodritskaya	KAZ	52.10
1998	Damayanthi Dharsha	SRI	51.57	Chen Yuxiang	CHN	52.50	Svetlana Bodritskaya	KAZ	53.00

Last nine Asian Championships:

Year	Gold	Nat	Time	Silver	Nat	Time	Bronze	Nat	Time
2015	Yang Huizhen	CHN	52.37	Machettira Poovamma	IND	53.07	Anastasiya Kudinova	KAZ	53.41
2013	Zho Yanmin	CHN	52.49	Raju Poovamma	IND	53.37	Greta Taslakian	LIB	53.43
2011	Olga Tereshkova	KAZ	52.37	Gulustan Ieso	IRQ	52.80	Chen Jingwen	CHN	52.89
2009	Asami Tanno	JPN	53.32	Chen Lin	CHN	53.55	Manjeet Kaur	IND	53.66
2007	Chitra Soman	IND	53.03	Asami Tanno	JPN	53.20	Menike Wickramasinghe	SRI	54.11
2005	Manjeet Kaur	IND	51.50	Satti Geetha	IND	51.75	Asami Tanno	JPN	52.91
2003	Yin Yin Khine	MYA	52.96	Bu Fanfang	CHN	52.97	Svetlana Bodritskaya	KAZ	53.19
2002	Tatyana Roslanova	KAZ	52.61	Zamira Amirova	UZB	53.87	Nguyen Thi Tinh	VIE	54.57
2000	Damayanthi Dharsha	SRI	51.05	K Mathews Beenamol	IND	51.41	Chen Yuxiang	CHN	52.81

Last five All Africa Games:

Year	Gold	Nat	Time	Silver	Nat	Time	Bronze	Nat	Time
2015	Kabange Mupopo	ZAM	50.22	Patience George	NGR	50.71	Tjipekapor Herunga	NAM	51.55
2011	Amantle Montsho	BOT	50.87	Amy Mbacke Thiam	SEN	51.77	Tjipekapor Herunga	NAM	51.84
2007	Amantle Montsho	BOT	51.13	Joy Eze	NGR	51.20	Sade Abugan	NGR	51.44
2003	Fatou Bintou Fall	SEN	51.38	Doris Jacob	NGR	51.41	Mirelle Nguimgo	CMR	51.59
1999	Falilat Ogunkoya	NGR	50.02	Olabisi Afolabi	NGR	50.34	Amy Mbacke Thiam	SEN	50.95

Last nine African Championships:

Year	Gold	Nat	Time	Silver	Nat	Time	Bronze	Nat	Time
2016	Mupopo Kabange	ZAM	51.56	M Wambui	KEN	52.24	P George	NGR	52.33
2014	Sade Abugan	NGR	51.21	Kabange Mpopo	ZAM	51.21	Patience George	NGR	51.68
2012	Amantle Montsho	BOT	49.54	Regina George	NGR	51.11	Amy Mbacke Thiam	SEN	51.68
2010	Amantle Montsho	BOT	50.03	Amy Mbacke Thiam	SEN	51.32	Sade Abugan	NGR	51.63
2008	Amantle Montsho	BOT	49.83	Sade Abugan	NGR	50.89	Racheal Nachula	ZAM	51.39
2006	Amy Mbacke Thiam	SEN	52.22	Amantle Montsho	BOT	52.68	Louise Ayetoche	CIV	52.92
2004	Fatou Bintou Fall	SEN	50.62	Nadjina Kaltouma	CHA	50.80	Hortense Bewouda	CMR	51.15
2002	Nadjina Kaltouma	CHA	51.09	Mireille Nguimgo	CMR	51.61	Awatef Ben Hassine	TUN	52.22
2000	Claudine Komgang	CMR	51.35	Mireille Nguimgo	CMR	51.81	Nadjina Kaltouma	CHA	52.27

Last five Pan American Games:

Year	Gold	Nat	Time	Silver	Nat	Time	Bronze	Nat	Time
2015	Kendall Baisden	USA	51.27	Shakima Wimbley	USA	51.36	Kineke Alexander	VIN	51.50
2011	Yennifer Padilla	COL	51.53	Daysurami Bonne	CUB	51.69	Geisa Coutinho	BRA	51.87
2007	Ana Guevara	MEX	50.34	Christine Amertil	BAH	50.99	Indira Terrero	CUB	51.09
2003	Ana Guevara	MEX	50.36	Hazel-Ann Regis	GRN	51.56	Aliann Pompey	GUY	52.06
1999	Ana Guevara	MEX	50.91	Michelle Collins	USA	51.21	Claudine Williams	JAM	51.58

Last five Commonwealth Games:

Year	Gold	Nat	Time	Silver	Nat	Time	Bronze	Nat	Time
2014	Stephenie McPherson	JAM	50.67	Novlene Williams-Mills	JAM	50.86	Christine Day	JAM	51.09
2010	Amantle Montsho	BOT	50.10	Aliann Pompey	GUY	51.65	Christine Amertil	BAH	51.96
2006	Christine Ohuruogu	ENG	50.28	Tonique Williams-Darling	BAH	50.76	Novlene Williams	JAM	51.12
2002	Aliann Pompey	GUY	51.63	Lee McConnell	SCO	51.68	Sandie Richards	JAM	51.79
1998	Sandie Richards	JAM	50.17	Allison Curbishley	SCO	50.71	Donna Franser	EN	51.01

Fastest 400m in Rio de Janeiro

Performance	Performer	Time	Name	Nat	Pos	DMY
1	1	50.34	Ana Guevara	MEX	1	25 July 2007
2	2	50.69	Falilat Ogunkoya	NGR	1	5 May 1996
3	3	50.86	Pauline Davis-Thompson	BAH	2	5 May 1996

Fastest 400m in August

Performance	Performer	Time	Name	Nat	Pos	Venue	DMY
1	1	47.99	Jarmila Kratochilova	TCH	1	Helsinki	10 Aug 1983
2	2	48.16	Marita Koch	GDR	1	Praha	17 Aug 1984
3		48.22	Marita Koch		1	Stuttgart	28 Aug 1986
4	3	48.59	Tatana Kocembova	TCH	2	Helsinki	10 Aug 1983

Combined 2015 & 2016 World List

Performance	Performer	Time	Name	Nat	Pos	Venue	DMY
1	1	49.26	Allyson Felix	USA	1	Beijing	27 Aug 2015
2	2	49.55	Shaunae Miller	BAH	1	London	22 July 2016
3		49.67	Shaunae Miller		2	Beijing	27 Aug 2015
4		49.68	Allyson Felix		1	Eugene	3 July 2016
5		49.69	Shaunae Miller		1	Nassau	16 Apr 2016
6	3	49.71	Courtney Okolo	USA	1	Baton Rouge	23 Apr 2016
7	4	49.83	Francena McCorory	USA	1	Monaco	17 July 2015
8		49.85	Francena McCorory		1sf2	Eugene	26 June 2015
9		49.86	Francena McCorory		1	New York	13 June 2015

10		49.89	Allyson Felix		1sf3	Beijing	25 Aug 2015
11	5	49.91	Quanera Hayes	USA	2	Nassau	16 Apr 2016
12		49.92	Shaunae Miller		1	Lausanne	9 July 2015
13	6	49.94	Phyllis Francis	USA	2	Eugene	3 July 2016
14	7	49.95	Sanya Richards-Ross	USA	1	Kingston	9 May 2015
15	8	49.99	Shericka Jackson	JAM	3	Beijing	27 Aug 2015

Gold Medal Contenders:

Shaunae Miller (BAH) DOB: 15 Apr 1994

Personal Best: 49.55 (2016); Season Best: 49.55

Championships Highlights: 2010 World Junior, 2011 World Youth Champion;

2nd in 2015 World Championships; 3rd in 2014 World Indoor Champ

Average of top performances in 2015 and 2016

	Time	Venue	Place	Date
1	49.55	London	1	22 July 2016
2	49.67	Beijing	2	27 Aug 2015
3	49.67	Nassau	1	16 Apr 2016
4	49.92	Lausanne	1	9 July 2015
5	50.12	Beijing	1sf1	25 Aug 2015
Top 5 Average	49.79			

Allyson Felix (USA) DOB: 18 Nov 1985

Personal Best: 49.26 (2015); Season Best: 49.68

Championships Highlights: 2015 World Champion; 2nd in 2011 World Championships

Average of top performances in 2015 and 2016

	Time	Venue	Place	Date
1	49.26	Beijing	1	27 Aug 2015
2	49.68	Eugene	1	3 July 2016
3	49.89	Beijing	1sf3	25 Aug 2015
4	50.05	Eugene	1	30 May 2015
5	50.19	Eugene	1	26 June 2015
Top 5 Average	49.81			

Last three 400m:

Allyson Felix (USA)

	Time	Race	Place	Date
1	49.68	Eugene	1	3 July 2016
2	50.31	Eugene	2sf1	2 July 2016
3	51.23	San Diego	1	11 June 2016
Average	50.41			

Shanaue Miller (BAH)

	Time	Race	Place	Date
1	49.55	London	1	22 July 2016
2	52.17	Nassau	1	25 June 2016
3	50.15	Eugene	1	28 May 2016
Average	50.62			

Please send any correction to KKenNakamura@gmail.com