

2018 World Indoor Championships Statistics – Women's 400m - by K Ken Nakamura

Summary page:

All time performance list at the World Indoor Championships

Performance	Performer	Time	Name	Nat	Pos	Venue	Year
1	1	50.04	Olesya Krasnomovets	RUS	1	Moskva	2006
2	2	50.19	Natalya Nazarova	RUS	1	Budapest	2004
3	3	50.21	Vania Stambolova	BUL	2	Moskva	2006
4	4	50.23	Irina Privalova	RUS	1	Barcelona	1995
5	5	50.34	Christine Amertil	BAH	3	Moskva	2006

Slowest winning time: 51.66 by Sabine Busch (GDR) in 1987; slower winning time of 53.35 was recorded by Diane Dixon (USA) in 1985 World Indoor Games

Margin of Victory (in final)

	Difference	Time	Name	Nat	Venue	Year
Max	1.15	50.23	Irina Privalova	RUS	Barcelona	1995
Min	0.01	51.09	Olesya Zykina	RUS	Valencia	2008

Fastest time in each round

Round	Time	Name	Nat	Heat/Semi	Venue	Year
Final	50.04	Olesya Krasnomovets	RUS	Final	Moskva	2006
Semi-final	50.61	Olesya Krasnomovets	RUS	1sf2	Moskva	2006
First round	51.04	Vania Stambolova	BUL	1h1	Moskva	2006

Fastest non-qualifier for the final

Time	Position	Name	Nat	Venue	Year
51.53	4sf1	Ilona Usovich	BLR	Moskva	2006

Best Marks for Places in the World Championships

Pos	Time	Name	Nat	Venue	Year
1	50.04	Olesya Krasnomovets	RUS	Moskva	2006
2	50.21	Vania Stambolova	BUL	Moskva	2006
3	50.34	Christine Amertil	BAH	Moskva	2006

Multiple Gold Medalists:

Sandie Richards (JAM): 1993, 2001,
Natalya Nazarova (RUS): 2003, 2004

GBR Indoor All-Comer's List

Performance	Performer	Time	Name	Nat	Pos	Venue	DMY
1	1	50.02	Nicola Sanders	GBR	1	Birmingham	3 Mar 2007
2	2	50.53	Katherine Merry	GBR	1	Birmingham	18 Feb 2001
3		50.60	Nicola Sanders		1	Sheffield	11 Feb 2007
4		50.60	Nicola Sanders		1	Birmingham	17 Feb 2007

Fastest Performances in March (only indoor performances are listed)

Performance	Performer	Time	Name	Nat	Pos	Venue	DMY
1	1	49.59	Jarmila Kratchvilova	TCH	1	Milano	7 Mar 1982
2		49.69	Jarmila Kratchvilova		1	Budapest	6 Mar 1983
3	2	49.97	Tatana Kocembova	TCH	1	Goteborg	4 Mar 1984

All time performance list at the World Indoor Championships

Performance	Performer	Time	Name	Nat	Pos	Venue	Year
1	1	50.04	Olesya Krasnomovets	RUS	1	Moskva	2006
2	2	50.19	Natalya Nazarova	RUS	1	Budapest	2004
3	3	50.21	Vania Stambolova	BUL	2	Moskva	2006
4	4	50.23	Irina Privalova	RUS	1	Barcelona	1995
5	5	50.34	Christine Amertil	BAH	3	Moskva	2006
6		50.60	Natalya Nazarova		4	Moskva	2006
7		50.61	Olesya Krasnomovets		1sf2	Moskva	2006
8	6	50.64	Diane Dixon	USA	1	Sevilla	1991
9		50.65	Olesya Krasnomovets		2	Budapest	2004
10		50.66	Vania Stambolova		1sf1	Moskva	2006
11		50.67	Natalya Nazarova		2sf1	Moskva	2006
12	7	50.79	Sanya Richards-Ross	USA	1	Istanbul	2012
13	8	50.80	Grit Breuer	GER	1	Maebashi	1999
14	9	50.83	Jearl Miles Clark	USA	1sf2	Maebashi	1999
14		50.83	Natalya Nazarova		1	Birmingham	2003
16	10	50.87	Tonique Williams	BAH	3	Budapest	2004
17		50.88	Grit Breuer		1sf1	Maebashi	1999
18		50.90	Natalya Nazarova		1sf1	Birmingham	2003
19		50.91	Natalya Nazarova		1sf2	Budapest	2004
20	11	50.93	Sandie Richards	JAM	1	Toronto	1993
20	11	50.93	Ana Guevara	MEX	2sf2	Maebashi	1999
22		50.96	Jearl Miles Clark		1	Paris	1997
23	13	50.99	Sandra Myers	ESP	2	Sevilla	1991
23		50.99	Sanya Richards-Ross		1sf3	Istanbul	2012
25	14	51.03	Tatyana Alekseyeva	RUS	2	Toronto	1993
26		51.04	Sandie Richards		1	Lisboa	2001
26		51.04	Vania Stambolova		1h1	Moskva	2006
26	15	51.04	Debbie Dunn	USA	1	Doha	2010
29	16	51.09	Olesya Zykina	RUS	1	Valencia	2008
29		51.09	Christine Amertil		2sf2	Moskva	2006
31		51.10	Natalya Nazarova		2	Valencia	2008
32		51.11	Christine Amertil		2sf1	Birmingham	2003
32		51.11	Christine Amertil		2	Birmingham	2003
34	17	51.12	Francena McCorory	USA	1	Sopot	2014
35		51.13	Grit Breuer		1h1	Maebashi	1999
35		51.13	Grit Breuer		3	Birmingham	2003
35	18	51.13	Tatyana Firova	RUS	2	Doha	2010
38		51.17	Sandie Richards		2	Paris	1997
39		51.18	Olesya Krasnomovets		1h3	Moskva	2006
40		51.24	Natalya Nazarova		1h3	Birmingham	2003
41	19	51.25	Falilat Ogunkoya	NGR	2	Maebashi	1999
41	20	51.25	Novlene Williams	JAM	3sf1	Moskva	2006
43	21	51.26	Charity Opara	NGR	1sf1	Paris	1997
44		51.35	Francena McCorory		1sf2	Sopot	2014
45		51.36	Tatyana Firova		1sf1	Doha	2010
46		51.37	Jearl Miles		3	Totonto	1993
47		51.38	Sandie Richards		2	Barcelona	1995
48	22	51.41	Anita Protti	SUI	3	Sevilla	1991
48	23	51.41	Shareese Woods	USA	3	Valencia	2008
50		51.44	Falilat Ogunkoya		2sf1	Maebashi	1999
51		51.45	Sandra Myers		4	Toronto	1993
51		51.45	Jearl Miles Clark		3	Maebashi	1999
51	24	51.45	Kemi Adekoya	BRN	1	Portland	2016
54	25	51.47	Deon Hemmings		3sf2	Maebashi	1999
54		51.47	Kemi Adekoya		1sf2	Portland	2016
56		51.50	Vania Stambolova		3	Doha	2010
57		51.51	Natalya Narazova		2h1	Maebashi	1999

Slowest winning time: 51.66 by Sabine Busch (GDR) in 1987; slower winning time of 53.35 was recorded by Diane Dixon (USA) in 1985 World Indoor Games

Margin of Victory (in final)

	Difference	Time	Name	Nat	Venue	Year
Max	1.15	50.23	Irina Privalova	RUS	Barcelona	1995
	0.97	50.79	Sanya Richards-Ross	USA	Istanbul	2012
	0.88	51.66	Sabine Busch	GDR	Indianapolis	1987
Min	0.01	51.09	Olesya Zykina	RUS	Valencia	2008
	0.10	50.93	Sandie Richards	JAM	Toronto	1993

Difference between first and third

	Diff	Winning time	3 rd place time	Winner's Name	Nat	Venue	Year
Max	1.55	50.23	51.78	Irina Privalova	RUS	Barcelona	1995
	1.08	50.96	52.04	Jearl Miles Clark	USA	Paris	1997
Min	0.30	50.83	51.13	Natalya Nazarova	RUS	Birmingham	2003
		50.04	50.34	Olesya Krasnomovets	RUS	Moskva	2006
	0.31	51.45	51.72	Kemi Adekoya	BRN	Portland	2016
	0.32	51.09	51.41	Olga Zykina	RUS	Valencia	2008

Difference between third and fourth (medal versus no medal)

	Difference	3 rd place time	Name of bronze medalist	Nat	Venue	Year
Max	1.22**	54.08 **	Charmaine Crooks	CAN	Paris **	1985**
	1.03	51.50	Vania Stambolova	BUL	Doha	2010
	0.78	51.71	Olesya Zykina	RUS	Lisboa	2001
Min	0.02	52.04	Helena Fuchsova	CZE	Paris	1997
		52.68	Judit Forgacs	HUN	Indianapolis	1987
	0.08	51.37	Jearl Miles	USA	Toronto	1993

** World Indoor Games in 1985

Fastest time in each round

Round	Time	Name	Nat	Heat/Semi	Venue	Year
Final	50.04	Olesya Krasnomovets	RUS	Final	Moskva	2006
Semi-final	50.61	Olesya Krasnomovets	RUS	1sf2	Moskva	2006
	50.66	Vania Stambolova	BUL	1sf1	Moskva	2006
First round	51.04	Vania Stambolova	BUL	1h1	Moskva	2006

Fastest non-qualifier for the final

Time	Position	Name	Nat	Venue	Year
51.53	4sf1	Ilona Usovich	BLR	Moskva	2006
51.69	4sf2	Olga Kotlyarova	RUS	Maebashi	1999

Average from last nine (21st century) World Indoor Championships

	Average	2016	2014	2012	2010	2008	2006	2004	2003	2001
Winning Time	50.84	51.45	51.12	50.79	51.04	51.09	50.04	50.19	50.83	51.04
Winning Medal	51.40	51.76	52.06	51.82	51.50	51.41	50.34	50.87	51.13	51.71
Slowest to Make Final	52.60	53.13	53.20	52.78	52.34	52.83	52.17	52.35	52.18	52.43

400m – 800m double medalists: None

Best Marks for Places in the World Indoor Championships

Pos	Time	Name	Nat	Venue	Year
1	50.04	Olesya Krasnomovets	RUS	Moskva	2006
2	50.21	Vania Stambolova	BUL	Moskva	2006
	50.65	Olesya Krasnomovets	RUS	Budapest	2004
3	50.34	Christine Amertil	BAH	Moskva	2006
4	50.60	Natalya Nazarova	RUS	Moskva	2006

5	51.75	Sandie Richards	JAM	Maebashi	1999
6	52.04	Deon Hemmings	JAM	Maebashi	1999

Best Marks for Places - all competitions

Pos	Time	Name	Nat	Venue	DMY
1	49.59	Jarmila Kratochvilova	TCH	Milano	7 Mar 1982
2	50.01	Sabine Busch	GDR	Wien	2 Feb 1984
3	50.34	Christine Amertil	BAH	Moskva	12 Mar 2006
4	50.60	Natalya Nazarova	RUS	Moskva	12 Mar 2006

Multiple Gold Medalists:

Sandie Richards (JAM): 1993, 2001,
Natalya Nazarova (RUS): 2003, 2004

Multiple Medalists:

Vania Stambolova (BUL): 2006 Silver; 2010 Bronze
Olesya Krasnomovets (RUS): 2004 Silver; 2006 Gold
Christine Amertil (BAH): 2003 Silver, 2006 Bronze
Natalya Nazarova (RUS): 2003 Gold; 2004 Gold; 2008 Silver
Olesya Zykina (RUS): 2001 Bronze; 2008 Gold
Grit Breuer (GER): 1999 Gold; 2003 Bronze
Jearl Miles (USA): 1993 Bronze; 1997 Gold; 1999 Bronze
Sandie Richards (JAM): 1993 Gold; 1995 Silver, 1997 Silver; 2001 Gold
Diane Dixon (USA): 1989 Silver; 1991 Gold (1985 (Indoor Games) Gold)

Multiple Medals by athletes from a single nation

Nation	Year	Gold	Silver	Bronze
USA	2012	Sanya Richards-Ross		Natasha Hastings
RUS	2008	Olesya Zykina	Natalya Nazarova	
RUS	2004	Natalya Nazarova	Olesya Krasnomovets	
RUS	2001		Olga Kotlyarova	Olesya Zykina

Man & Woman from the same team winning the corresponding event: Never happened

Medals by Countries:

Nation	Gold	Silver	Bronze
RUS	5	6	1
USA	5+1**	3	5
JAM	2	3	
GER	1		1
GDR	1		
FRG	1		
BRN	1		
BAH		1	3
BUL		1	2
NGR		1	
ESP		1	
BEL		1**	
HUN			1
CAN			1+1**
SUI			1
CZE			1

** World Indoor Games medal

Fastest known splits in the World Indoor Championships

	Time	Final Pos	Name	Nat	Venue	Year
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First 200m	23.57	1 st	Natalya Nazarova	RUS	Birmingham	2003
Last 200m	26.34	1 st	Irina Privalova	RUS	Barcelona	1995

World Indoor Champion with World Championships Gold medal

Name	Nat	World Indoor Championships	World Championships
Sanya Richards-Ross	USA	2012	2009
Jearl Miles Clark	USA	1997	1993

World Indoor Championships medalist with Olympic medal

Name	Nat	World Indoor Championships	Year	Olympics	Year
Sanya Richards-Ross	USA	Gold	2012	Gold	2012
Tonique Williams-Darling	BAH	Bronze	2004	Gold	2004
Falilat Ogunkova	NGR	Silver	1999	Bronze	1996

World Indoor Champion who previously won World Junior gold medal

Name	Nat	World Indoor Championships	World Junior Championships
Natalya Nazarova	RUS	2003, 2004	1998
Grit Breuer	GDR	1999	1988

World Indoor Championships medalists who previously won World Youth medal: None

World Indoor Champion with European Championships gold medal

Name	Nat	World Indoor Championships	European Championships
Olesya Zykina	RUS	2008	2002
Grit Breuer	GDR	1999	1990, 1998

World Indoor Championships medalist with Asian Games or Asian Championships medal:

Name	Nat	World Indoor	Year	Asian Games	Year	Asian Champ	Year
Kemi Adekoya	BRN	Gold	2016	Gold	2014		

World Indoor Championships medalist with All African Games/African Championships gold

Name	Nat	World Indoor Champ	Year	All Africa Games	African Championships
Falilat Ogunkova	NGR	Silver	1999	1999	1989, 1998

Ogunkova is the only African medalist at the World Indoor Championships

World Indoor Championships medalist with Pan American Games' medal

Name	Nat	World Indoor Championships	Year	Pan American Games	Year
Christine Amertil	BAH	Silver	2003	Silver	2007
Jearl Miles	USA	Bronze	1993,1999	Bronze	1991
Jillian Richardson	CAN	Bronze	1989	Silver	1987

World Indoor Champion with Commonwealth Games Gold medal

Name	Nat	World Indoor Championships	Commonwealth Games
Sandie Richards	JAM	1993, 2001	1998

Last nine World Indoor Championships:

Year	Gold	Nat	Time	Silver	Nat	Time	Bronze	Nat	Time
2016	Kemi Adekoya	BRN	51.45	Ashley Spencer	USA	51.72	Quanera Hayes	USA	51.76
2014	Francena McCorory	USA	51.12	Kaliese Spencer	JAM	51.54	Shaunae Miller	BAH	52.06
2012	Sanya Richards-Ross	USA	50.79	Aleksandra Fedoriva	RUS	51.76	Natasha Hastings	USA	51.82
2010	Debbie Dunn	USA	51.04	Tatyana Firova	RUS	51.13	Vania Stambolova	BUL	51.50
2008	Olesya Zykina	RUS	51.09	Natalya Nazarova	RUS	51.10	Shareese Woods	USA	51.41
2006	Olesya Krasnomovetts	RUS	50.04	Vania Stambolova	BUL	50.21	Christine Amertil	BAH	50.34
2004	Natalya Nazarova	RUS	50.19	Olesya Krasnomovets	RUS	50.65	Tonique Williams	BAH	50.87
2003	Natalya Nazarova	RUS	50.83	Christine Amertil	BAH	51.11	Grit Breuer	GER	51.13
2001	Sandie Richards	JAM	51.04	Olga Kotlyarova	RUS	51.56	Olesya Zykina	RUS	51.71

Last nine World Championships:

Year	Gold	Nat	Time	Silver	Nat	Time	Bronze	Nat	Time
2017	Phyllis Francis	USA	49.92	Salwa Eid Naser	BRN	50.06	Allyson Felix	USA	50.08
2015	Allyson Felix	USA	49.26	Shaunae Miller	BAH	49.67	Shericka Jackson	JAM	49.99
2013	Christine Ohuruogu	GB	49.41	Amantle Montsho	BOT	49.41	Antonina Krivoshapka	RUS	49.78
2011	Amantle Montsho	BOT	49.56	Allyson Felix	USA	49.59	Anastasiya Kapachinskaya	RUS	50.24
2009	Sanya Richards	USA	49.00	Shericka Williams	JAM	49.32	Antonina Krivoshapka	RUS	49.71
2007	Christine Ohuruogu	GBR	49.61	Nicola Sanders	GBR	49.65	Novlene Williams	JAM	49.66
2005	Tonique Williams Darling	BAH	49.55	Sanya Richards	USA	49.74	Ana Guevara	MEX	49.81
2003	Ana Guevara	MEX	48.89	Lorraine Fenton	JAM	49.43	Amy Mbacke Thiam	SEN	49.95
2001	Amy Mbacke Thiam	SEN	49.86	Lorraine Fenton	JAM	49.88	Ana Guevara	MEX	49.97

Last seven Olympics:

Year	Gold	Nat	Time	Silver	Nat	Time	Bronze	Nat	Time
2016	Shaunae Miller	BAH	49.44	Allyson Felix	USA	49.51	Shericka Jackson	JAM	49.85
2012	Sanya Richards-Ross	USA	49.56	Christine Ohuruogu	GBR	49.70	Deedee Trotter	USA	49.72
2008	Christine Ohuruogu	GBR	49.62	Shericka Williams	JAM	49.69	Sanya Richards	USA	49.93
2004	Tonique Williams-Darling	BAH	49.41	Ana Guevara	MEX	49.56	Natalya Antyukh	RUS	49.89
2000	Cathy Freeman	AUS	49.11	Lorraine Graham	JAM	49.58	Katherine Merry	GBR	49.72
1996	Marie Jose Perc	FRA	48.25	Cathy Freeman	AUS	48.63	Falilat Ogunkoya	NGR	49.10
1992	Marie Jose Perc	FRA	48.83	Olga Bryzgina	EUN	49.05	Ximena Restrepo	COL	49.64

Last ten World Junior Championships:

Year	Gold	Nat	Time	Silver	Nat	Time	Bronze	Nat	Time
2016	Tiffany James	JAM	51.32	Lynna Irby	USA	51.39	Junelle Bromfield	JAM	52.05
2014	Kendall Baisden	USA	51.85	Gilda Casanova	CUB	52.59	Olivia Baker	USA	53.00
2012	Ashley Spencer	USA	50.50	Kedecia Baird	GUY	51.04	Erika Rucker	USA	51.10
2010	Shaunae Miller	BAH	52.52	Margaret Etim	NGR	53.05	Bianca Razor	ROU	53.17
2008	Sade Abugan	NGR	51.84	Jessica Beard	USA	52.09	Susana Clement	CUB	52.36
2006	Danijela Grigic	CRO	50.78	Sonita Sutherland	JAM	51.42	Nawal Al-Jak	SUD	51.67
2004	Natasha Hastings	USA	52.04	Sonita Sutherland	JAM	52.41	Ashlee Kidd	USA	52.45
2002	Monique Henderson	USA	51.10	Sanya Richards	USA	51.49	Sheryl Morgan	JAM	52.61
2000	Jana Pittman	AUS	52.45	Aneta Lemiersz	POL	52.78	Norma Gonzalez	COL	53.30
1998	Natalya Nazarova	RUS	52.02	Nakiya Johnson	USA	52.09	Yudalis Diaz	CUB	52.39

Last ten World Youth Championships

Year	Gold	Nat	Time	Silver	Nat	Time	Bronze	Nat	Time
2017	Barbora Malikova	CZE	52.74	Mary Moraa	KEN	53.31	Giovana Rosalia Dos	BRA	53.57
2015	Salwa Eid Naser	BRN	51.50	Lynna Irby	USA	51.79	Catherine Reid	GBR	52.25
2013	Sabrina Bakare	GBR	52.77	Olivia Baker	USA	53.38	Tiffany James	JAM	52.77
2011	Shaunae Miller	BAH	51.84	Christian Brennan	CAN	52.12	Olivia James	JAM	52.14
2009	Ebony Eutsey	USA	52.88	Michelle Brown	USA	53.44	Sandra Wagner	SWE	53.52
2007	Yuliya Baraley	UKR	53.57	Latoya McDermott	JAM	54.12	Alexandra Stukova	SVK	54.46
2005	Nawal Al-Jak	SUD	51.19	Danijeta Grgic	CRO	51.30	Aymee Martinez	CUB	52.04
2003	Natasha Hastings	USA	53.41	Antonina Krivoshapka	RUS	53.54	Jaimee-Lee Hoebergen	AUS	53.78
2001	Stephanie Smith	USA	52.19	Jerrika Chapple	USA	52.80	Anneisha McLaughlin	JAM	53.35
1999	Monique Henderson	USA	52.28	Helen Okpanachi	NGR	52.38	Norma Gonzalez	COL	52.39

Last seven European Championships:

Year	Gold	Nat	Time	Silver	Nat	Time	Bronze	Nat	Time
2016	Libania Grenot	ITA	50.73	Floria Guei	FRA	51.21	Anyika Onuora	GBR	51.47
2014	Libania Grenot	ITA	51.10	Olga Zemlyak	UKR	51.36	Indira Terrero	ESP	51.38
2012	Moa Hjelder	SWE	51.13	Kseniya Zadorina	RUS	51.26	Ilona Usovich	BLR	51.94
2010	Tatyana Firova	RUS	49.89	Kseniya Ustalova	RUS	49.92	Antonina Krivoshapka	RUS	50.10

2006	Vanya Stambolova	BUL	49.85	Tatyana Veshkurova	RUS	50.15	Olga Zaytseva	RUS	50.28
2002	Olesya Zykina	RUS	50.45	Grit Breuer	GER	50.70	Lee McConnell	GBR	51.02
1998	Grit Breuer	GER	49.93	Helena Fuchsova	CZE	50.21	Olga Kotlyarova	RUS	50.38

Last five Asian Games:

Year	Gold	Nat	Time	Silver	Nat	Time	Bronze	Nat	Time
2014	Kemi Adekoya	BRN	51.59	Quach Thi Lan	VIE	52.06	Machettira Raju Poovamma	IND	52.36
2010	Olga Tereshkova	KAZ	51.97	Asami Chiba	JPN	52.68	Marina Maslenko	KAZ	52.70
2006	Olga Tereshkova	KAZ	51.86	Manjet Kaur	IND	52.17	Asami Tanno	JPN	53.04
2002	Damayanthi Dharsha	SRI	51.13	K Mathew Beenamol	IND	52.04	Svetlana Bodritskaya	KAZ	52.10
1998	Damayanthi Dharsha	SRI	51.57	Chen Yuxiang	CH	52.50	Svetlana Bodritskaya	KAZ	53.00

Last ten Asian Championships:

Year	Gold	Nat	Time	Silver	Nat	Time	Bronze	Nat	Time
2017	Nirmla	IND	52.01	Quach Thi	VIE	52.78	Jisna Mathew	IND	53.32
2015	Yang Huizhen	CH	52.37	Machettira Poovamma	IND	53.07	Anastasiya Kudinova	KAZ	53.41
2013	Zho Yanmin	CH	52.49	Raju Poovamma	IND	53.37	Greta Taslakian	LIB	53.43
2011	Olga Tereshkova	KAZ	52.37	Gulustan Ieso	IRQ	52.80	Chen Jingwen	CHN	52.89
2009	Asami Tanno	JPN	53.32	Chen Lin	CHN	53.55	Manjeet Kaur	IND	53.66
2007	Chitra Soman	IND	53.03	Asami Tanno	JPN	53.20	Menike Wickramasinghe	SIR	54.11
2005	Manjeet Kaur	IND	51.50	Satti Geetha	IND	51.75	Asami Tanno	JPN	52.91
2003	Yin Yin Khine	MY	52.96	Bu Fanfang	CHN	52.97	Svetlana Bodritskaya	KAZ	53.19
2002	Tatyana Roslanova	KAZ	52.61	Zamira Amirova	UZB	53.87	Nguyen Thi Tinh	VIE	54.57
2000	Damayanthi Dharsha	SRI	51.05	K Mathews Beenamol	IND	51.41	Chen Yuxiang	CHN	52.81

Last five All Africa Games:

Year	Gold	Nat	Time	Silver	Nat	Time	Bronze	Nat	Time
2015	Kabange Mupopo	ZAM	50.22	Patience George	NGR	50.71	Tjipekapor Herunga	NAM	51.55
2011	Amantle Montsho	BOT	50.87	Amy Mbacke Thiam	SEN	51.77	Tjipekapor Herunga	NAM	51.84
2007	Amantle Montsho	BOT	51.13	Joy Eze	NGR	51.20	Sade Abugan	NGR	51.44
2003	Fatou Bintou Fall	SEN	51.38	Doris Jacob	NGR	51.41	Mirelle Nguimgo	CMR	51.59
1999	Falilat Ogunkoya	NGR	50.02	Olabisi Afolabi	NGR	50.34	Amy Mbacke Thiam	SEN	50.95

Last nine African Championships:

Year	Gold	Nat	Time	Silver	Nat	Time	Bronze	Nat	Time
2016	Mupopo Kabange	ZAM	51.56	M Wambui	KEN	52.24	P George	NGR	52.33
2014	Sade Abugan	NGR	51.21	Kabange Mpopo	ZAM	51.21	Patience George	NGR	51.68
2012	Amantle Montsho	BOT	49.54	Regina George	NGR	51.11	Amy Mbacke Thiam	SEN	51.68
2010	Amantle Montsho	BOT	50.03	Amy Mbacke Thiam	SEN	51.32	Sade Abugan	NGR	51.63
2008	Amantle Montsho	BOT	49.83	Sade Abugan	NGR	50.89	Racheal Nachula	ZAM	51.39
2006	Amy Mbacke Thiam	SEN	52.22	Amantle Montsho	BOT	52.68	Louise Ayetoche	CIV	52.92
2004	Fatou Bintou Fall	SEN	50.62	Nadjina Kaltouma	CHA	50.80	Hortense Bewouda	CMR	51.15
2002	Nadjina Kaltouma	CHA	51.09	Mireille Nguimgo	CMR	51.61	Awatef Ben Hassine	TUN	52.22
2000	Claudine Komgang	CMR	51.35	Mireille Nguimgo	CMR	51.81	Nadjina Kaltouma	CHA	52.27

Last five Pan American Games:

Year	Gold	Nat	Time	Silver	Nat	Time	Bronze	Nat	Time
2015	Kendall Baisden	USA	51.27	Shakima Wimbley	USA	51.36	Kineke Alexander	VIN	51.50
2011	Yennifer Padilla	COL	51.53	Daysurami Bonne	CUB	51.69	Geisa Coutinho	BRA	51.87
2007	Ana Guevara	MEX	50.34	Christine Amertil	BAH	50.99	Indira Terrero	CUB	51.09
2003	Ana Guevara	MEX	50.36	Hazel-Ann Regis	GRN	51.56	Aliann Pompey	GUY	52.06
1999	Ana Guevara	MEX	50.91	Michelle Collins	USA	51.21	Claudine Williams	JAM	51.58

Last five Commonwealth Games:

Year	Gold	Nat	Time	Silver	Nat	Time	Bronze	Nat	Time
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2014	Stephenie	JAM	50.67	Novlene Williams-Mills	JAM	50.86	Christine Day	JAM	51.09
2010	Amantle Montsho	BOT	50.10	Aliann Pompey	GUY	51.65	Christine Amertil	BAH	51.96
2006	Christine Ohuruogu	ENG	50.28	Tonique Williams-Darling	BAH	50.76	Novlene Williams	JAM	51.12
2002	Aliann Pompey	GUY	51.63	Lee McConnell	SCO	51.68	Sandie Richards	JAM	51.79
1998	Sandie Richards	JAM	50.17	Allison Curbishley	SCO	50.71	Donna Franser	EN	51.01

GBR Indoor All-Comer's List

Performance	Performer	Time	Name	Nat	Pos	Venue	DMY
1	1	50.02	Nicola Sanders	GBR	1	Birmingham	3 Mar 2007
2	2	50.53	Katherine Merry	GBR	1	Birmingham	18 Feb 2001
3		50.60	Nicola Sanders		1	Sheffield	11 Feb 2007
4		50.60	Nicola Sanders		1	Birmingham	17 Feb 2007

Fastest Performances in March (only indoor performances are listed)

Performance	Performer	Time	Name	Nat	Pos	Venue	DMY
1	1	49.59	Jarmila Kratchvilova	TCH	1	Milano	7 Mar 1982
2		49.69	Jarmila Kratchvilova		1	Budapest	6 Mar 1983
3	2	49.97	Tatana Kocembova	TCH	1	Goteborg	4 Mar 1984

Combined 2017 & 2018 World Indoor List

Performance	Performer	Time	Name	Nat	Pos	Venue	DMY
1	1	50.52	Sydney McLaughlin	USA	1	College Station	25 Feb 2018
2	2	50.62	Lynna Irby	USA	2	College Station	25 Feb 2018
3		50.97	Sydney McLaughlin		1h3	College Station	24 Feb 2018
4	3	51.07	Shakima Wimbley	USA	1	College Station	24 Feb 2018
5	4	51.07	Kendall Ellis	USA	2	College Station	24 Feb 2018
6	5	51.16	Courtney Okolo	USA	1	Albuquerque-NC	18 Feb 2018
7		51.17	Shakima Wimbley	USA	2	Albuquerque-NC	18 Feb 2018
8	6	51.19	Phyllis Francis	USA	1rB	Albuquerque-NC	18 Feb 2018
9	7	51.28	Lea Sprunger	SUI	1	Torun	15 Feb 2018

Courtney Okolo (USA) DOB: 15 Mar 1994
Indoor Personal Best: 50.69 (2016); Season Best: 51.16

Last three indoor performances

	Time	Race	Place	Date
1	51.16	Albuquerque – NC	1	18 Feb 2018
2	51.75	Albuquerque – NC	1h4	17 Feb 2018
3	51.89	New York	1	27 Jan 2018

Phyllis Francis (USA) DOB: 4 May 1992
Indoor Personal Best: 50.46 (2014); Season Best: 51.19
Championships Highlights: 2017 World Champion

Last four indoor performances

	Time	Race	Place	Date
1	52.00	Glasgow	1	25 Feb 2018
2	51.19	Albuquerque – NC	1rB	18 Feb 2018
3	52.24	Albuquerque – NC	2h4	17 Feb 2018
4	52.38	Boston	2	10 Feb 2018

Please send corrections to KKenNakamura@gmail.com
The new records set in WC will be reported through my twitter account @KKenNakamura